SAN BERNARDINO COUNTY

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THE 31ST ANNUAL

CHILDREN'S NETWORK CONFERENCE

SEPTEMBER 20 & 21, 2017
ONTARIO CONVENTION CENTER

FIRST 5 SAN BERNARDINO

SAN MANUEL BAND OF MISSION INDIANS

SAN BERNARDINO COUNTY | Children and Family Services

WELCOME

Welcome to the 31st Annual Children's Network Conference at the Ontario Convention Center. My greatest joy since becoming the Network Officer was welcoming youth and young adults to the conference last year for the very first time. Their insight into their needs, their exuberance to learn and participate, and their delight in being recognized as integral members of our County made an already remarkable event more valuable than ever. As a result of the generous funding from a number of our sponsors, we are able to offer scholarships to twice as many young people this year.

Our keynote speakers this year are guaranteed to get you up (literally) and motivated. They both come with years of experience in education. They are both published authors, renowned speakers/trainers and have dedicated their careers to the specific needs of high-risk children.

The Children's Network Conference continues to be one of California's premier training events with numerous workshops covering a wide variety of topics related to work with children, youth, young adults and families. The entire Children's Network staff and I hope that you enjoy the conference and walk away with valuable information to assist you in your work and interaction with the families in our communities.

Kathy Turnbull,
Children's Network Officer

ABOUT THE

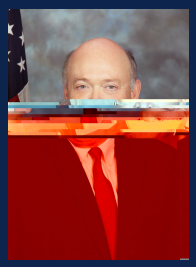
CHILDREN'S NETWORK

Children's Network of San Bernardino County concerns itself with at-risk children who are defined as minors who, because of behavior, abuse, neglect, medical needs, educational assessment, and/or detrimental daily living situations, are eligible for services from one or more of the member agencies of the Children's Network Policy Council.

Children's Network was created to identify gaps and overlaps in services, and provide a forum for clarifying perceptions and expectations among and between agencies and the community. Children's Network also sets priorities for inter-agency projects and implements collaborative programs, public and private, to ensure better, more comprehensive services to children and youth.

The overall goal of Children's Network is to help at-risk children by improving communications, planning, coordination, and cooperation among youth-serving agencies.

Children's Network would like to thank the County of San Bernardino Board of Supervisors for their continued support of the Children's Network Conference



First District
Chairman
Robert Lovingood

Second District
Janice Rutherford

Third District
James Ramos

Fourth District
Vice Chariman
Curt Hagman

Fifth District
Josie Gonzales

Registration Deadlines

Early Bird Registration: $250

Registrations prior to August 31, 2017

Advanced Registration: $300

August 31 through September 19, 2017

Cancellation Policy

Cancellations received on or prior to **September 1, 2017** will receive a 50% refund of conference registration funds. Cancellations received after that date are not eligible for refunds or credit.

Substitution Policy

If you are unable to attend, you may substitute a colleague for your entire registration. **There is NO sharing of registrations.** A written/e-mail must be submitted by the original registrant or authorized representative by **September 1, 2017** (there is a **$20 fee** for each substitution).

Continuing Education Credits

PENDING

Payment Methods

Registration must be paid in full by check, cash, or credit card before admittance to conference. If mailing, e-mailing or faxing, your payment must accompany your registration form. Make checks payable to **COUNTY OF SAN BERNARDINO**. A non-sufficient funds fee of $30 will be charged for all checks returned to Children's Network. An e-mail address is required for each registrant to receive registration confirmation.

If you would like to pay with a purchase order, please request an invoice and one will be e-mailed to you. Purchase orders must be paid by the designated date to qualify for applicable rate. ***Purchase orders must be paid in full before admittance to the conference.***

Photograph & Video Policy

Registration and attendance at, or participation in, The 31st Annual Children's Network Conference constitutes an agreement by the registrant to the Children's Network's use and distributions (both now or in the future) of the registrant or attendee's image or voice in photographs and videos of such events and activities.

Workshop Attendance

Allow approximately ten (10) minutes to get to workshops so you can arrive in plenty of time to be seated. Workshop moderators must close a workshop when all chairs are occupied to conform with fire code regulations.

Badges

Badges must be worn at all times. Entrance to workshops and the Exhibit Hall will not be permitted without the proper badge.

Food

A continental breakfast will be served in the Ballroom Foyer each morning. Lunch will be served in the Ballroom at 12:00pm each day of the conference.

Assistance

For assistance or information concerning special services to accommodate a physical, perceptual, or learning disability, please call Children's Network at (909) 383-9677. It is the Children's Network's policy to provide reasonable accommodations to persons with disabilities.

Certificate of Attendance

Each conference attendee will receive a Certificate of Attendance at the end of the conference.

Exhibit Hall

Come visit the Exhibit Hall during your breaks and lunch period!

The Exhibit Hall will be open 8:00 a.m. - 3:00 p.m. both conference days.

Electronic Devices

Please have all electronic devices turned off or in silent mode during all presentations and workshops.

Dress Code

There is no dress code, but temperatures vary greatly from room to room. Please dress in layers and wear comfortable shoes for walking.

Conference Evaluations

Your opinion matters! You will be provided with an Overall Conference evaluation in your conference bag and there will be individual workshop evaluations available in each workshop.

Please return workshop evaluations to workshop moderators. Overall Conference evaluations need to be returned to the Information Desk. Attendees that return a completed evaluation will receive a drawing ticket for the Closing Prize Drawing on September 21.

Online Registration

Conference registration will be ONLINE ONLY! Please visit the Children's Network website to register and to select your workshops:

hs.sbcounty.gov/CN

Exhibitor and sponsorship information will also be available on the Children's Network website.

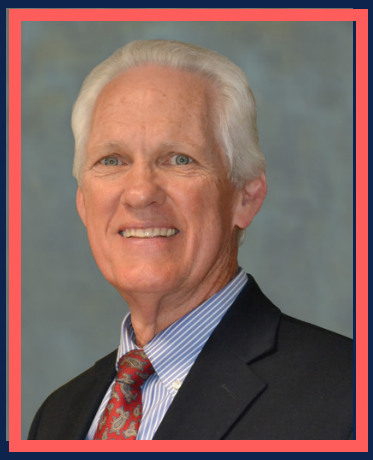
Contact Us

E-Mail:
CNConference @hss.sbcounty.gov

KEYNOTE SPEAKERS

SEPTEMBER 20

DR. RONALD J. POWELL



Ronald J. Powell, Ph.D., is the President and CEO of RJPowell Consultants and the former Chief Executive Officer of the California Association of Health and Education Linked Professions. Dr. Powell has over 40 years of experience in public education as a special education teacher, consultant, administrator, and adjunct faculty at the University of California, Riverside. As a published author, accomplished public speaker, and a recognized expert in the administration of school-based mental health services, Dr. Powell has been Instrumental in the development of a wide variety of exemplary programs for at-risk youth and has made numerous conference presentations on the subject. Dr. Powell currently serves as a consultant to school districts, county agencies and nonprofit organizations to facilitate the adoption of trauma-informed practices that address the emotional and behavioral health needs of at-risk youth.

Dr. Powell serves on the Executive Board of the Children's Fund of the Inland Empire and is a Trustee for the Apple Valley Unified School District. He has been honored by the Association of California School Administrators as the Special Education Administrator of the Year for Region 12 and is the recipient of the Lifetime Advocate Award by the Child Abuse Prevention Council for San Bernardino County and the Lifetime Achievement Award by the California Mental Health Advocates for Children and Youth.

SEPTEMBER 21

TIM BURNS

Tim Burns is an educator and author whose background includes forty years of experience as a high school teacher, counselor, First Offender Program facilitator, adolescent and family drug-treatment program director, university instructor,and presenter. He taught for four years as a member of the Alcohol and Drug Abuse Studies Institute faculty at the University of New Mexico,while serving as program director at St. Vincent Hospital Family Recovery Center in Santa Fe, New Mexico. Since 1986, he has taught graduate and undergraduate courses for the Division of Extended Studies, Adams State College, Alamosa, Colorado.

Over the years, Tim has provided professional development workshops and given presentations to schools, agencies, and organizations throughout the United States, as well as in over thirty countries, world-wide. Tim is the author of three books and several popular resource manuals and curricula. His fourth book, co-authored by James Brown, PhD., and entitled *The Anatomy of Possibility: A Mindful Approach to Integrated Brain, Body and Heart Intelligence*, is scheduled for publication in 2017. As an award-winning artist, Tim provided the illustrations for the book, WorldWords, by Victor La Cerva, M.D. He holds a black-belt in Aikido, a modern Japanese martial art devoted to neutralizing aggression and redirecting conflict. He is the father of three talented, creative daughters, and the proud grandfather of two. He and his wife, Linda, make their home in beautiful Santa Fe, New Mexico USA.

AGENDA

WEDNESDAY, SEPTEMBER 20

8:00 - 9:00 a.m.
Registration and Breakfast

9:00 - 9:15 a.m.
Welcome and Introductions

9:15 - 10:15 a.m.
Keynote: Dr. Ron Powell

10:15 - 10:45 a.m.
Visit Exhibit Hall

10:45 - 12:00 p.m.
Workshop Session A

12:00 - 1:15 p.m.
Lunch and Visit Exhibit Hall

1:15 - 2:30 p.m.
Workshop Session B

2:30 - 2:45 p.m.
Visit Exhibit Hall

2:45 - 4:00 p.m.
Workshop Session C

4:00 p.m.
Adjourn for the Day

AGENDA

THURSDAY, SEPTEMBER 21

8:00 - 8:45 a.m.
Registration and Breakfast

8:45 - 9:15 a.m.
Welcome & CHORDS Performance

9:15 - 10:15 a.m.
Keynote: Tim Burns

10:15 - 10:45 a.m.
Visit Exhibit Hall

10:45 - 12:00 p.m.
Workshop Session D

12:00 - 1:15 p.m.
Lunch and Visit Exhibit Hall

1:15 - 2:30 p.m.
Workshop Session E

2:30 - 2:45 p.m.
Visit Exhibit Hall

2:45 - 4:00 p.m.
Workshop Session F

4:00 p.m.
Adjourn for the Day

WORKSHOPS

SESSION A

WEDNESDAY / 10:45 a.m. - 12:00 p.m.

WORKSHOP TRACKS:

- Zero to Five
- Child & Family Welfare
- Culturally Sensitive Issues
- Issues Affecting Teens
- Education/Self-Help

A-1 The Brain in Motion: How Movement Facilitates Early Childhood Brain Integration and Learning

Tim Burns, MA, *Founder and Director of EDUCARE*

It comes as no surprise that children today exercise, move, and play outdoors less often than any previous generation, while at the same time engaging in ever more screen-time and "virtual reality." The troubling result of this "evolutionary experiment" can be seen in the rise of problems related to attentional focus, concentration, impulse control, and in-depth learning. Movement, rhythm, and creative play are the primary mechanisms by which the dynamic attentional systems of the brain self-organize during childhood and come to fruition during the teen years. This presentation provides participants with a hands-on understanding of how movement (including play and rhythmic activity) improves organization in the so-called "higher" or learning brain. Join us for a fast-paced, informative and active presentation!

A-2 Legislation

Aja Stoll, *Program Specialist I, Program Development Division - County of San Bernardino*

Legislation can be obscure and complex to understand but it is important to know as it sets the standards and controls that govern the actions of people and groups in both the public and private spheres. This workshop defines legislation and describes the legislative process as well as provides various ways legislation may be influenced.

A-3 An Introduction to the Protective Factors (Strengthening Families Framework)

John Lowther, *Training and Consulting Specialist, Strategies 2.0*
Anne Hepworth, *Training and Consulting Specialist, Strategies 2.0*

A high level overview of the Family Strengthening Framework including its history, development, and findings. Participants will receive information on the 5 Protective Factors and how they can strengthen their programs efforts in regards to reducing the risk of child abuse and neglect. Attend this presentation to learn family-strengthening strategies that can be incorporated into your day-to-day work with families and identify how the presence of the Protective Factors are directly linked to the reduction of child abuse and neglect.

A-4 Understanding the Trajectories of Vulnerable Children Through Cross-Sector Data: An Overview of Recent Research from California

Regan Foust, PhD, *Director of Strategic Partnerships and Research Scientist, Children's Data Network, USC*
Andrea Lane Eastman, MA, *Doctoral Research Assistant, Children's Data Network, USC*

The Children's Data Network (CDN) helps California make better, smarter use of administrative data. The CDN is a data and research collaborative focused on the linkage and analysis of administrative data concerning children and their families. We configure records that currently exist in different agency "silos" longitudinally, at a child-level, for entire cohorts of children who were born in California. The resulting population-based, cross-sector, data to which we have access can be leveraged to better characterize the public service trajectories, experiences, and outcomes of California's children over time, develop applied and actionable research, support cost-effective program evaluations, and attend to policy-relevant questions. Our goal is to generate knowledge about and advance evidence-rich policies that will improve the health, safety, and well-being of our children.

For registration and workshop selection, please visit

hs.sbcounty.gov/CN

WORKSHOPS

SESSION A

WEDNESDAY / 10:45 a.m. - 12:00 p.m.

WORKSHOP TRACKS:

- Zero to Five
- Child & Family Welfare
- Culturally Sensitive Issues
- Issues Affecting Teens
- Education/Self-Help

A-5 How Child Welfare Core Practices Enhance Foster Youth Outcomes and Understanding Educational Rights.

Lori-Anne Elinsky, SSSP, *Children and Family Services - County of San Bernardino*
Maria Gomez, *Educational Liaison, Children and Family Services - County of San Bernardino*

The challenges and obstacles that foster youth face as a subgroup in the academic population have resulted in poor high school graduation rate, and far worse higher educational success. Attendees will learn how to identify barriers, how to overcome them by leveraging existing education laws and Child Welfare Core Practice Model efforts, and especially understand the importance of the Educational Rights Holders role to the children in foster care. Youth who experience trauma will have setbacks that make them the lowest performing subgroup in the educational population. At San Bernardino County Children and Family Services we are working to turn those statistics around, and identify and implement the maximum supports available.

A-6 More Than Race...The Endless Journey Toward Cultural Competency and Humility!

Jamie Fenton, PhD, *Director of Staff Development, Crittenton Services for Children and Families*
CaMesha Reece, SPHR, *Director of Human Resources, Crittenton Services for Children and Families*

The social and political climate today is in dire need of HONEST conversations about diversity, inclusion, and belonging. These conversations can be very difficult, and even risky when having them in the workplace. So, how can various organizational leaders and educators begin the conversations that will continue to advance staff, students, and the overall organization, in their cultural competency? To model the core concepts of cultural competency, the workshop facilitators will enter with humility and draw upon the shared and individual knowledge among the workshop attendees. Activities and discussions will aid in the personal growth of the attendees as they begin to examine their own biases and confront the reinforced messages of power/privilege and oppression in society and the media. In addition, the workshop will support the attendee's ability to create/enhance trainings/workshops for their own staff/students at their various organizations in order to begin/continue these conversations.

A-7 Homeless Youth Taskforce - Collaborating for Change

James Ramos, *Third District Supervisor, Homeless Youth Taskforce*
Brenda Dowdy, *Homeless Education Project Manager, Homeless Youth Taskforce*
Andre Bossieux, *Program Manager II, Homeless Youth Taskforce*

The Homeless Youth Taskforce consists of elected leaders, education officials, youth consumers, and community partners who seek to address the needs of the homeless youth in San Bernardino County. By effectively collaborating with public and private partners, the taskforce has made great strides in bringing awareness to the issue of youth homelessness. This presentation will share lessons learned, success stories, and next steps of the taskforce.

A-8 Family Partnerships: Effective Culturally - Sensitive Communication Strategies for Working with Families

Heather L. Hammond-Williams, MA, *Assoc. Professor/Parent Educator, Infant-Toddler Success Parenting Project, CSUSB*
Alycia Granado, MA, *ITS Program Coordinator/Parent Educator, Infant-Toddler Success Parenting Project, CSUSB*

This presentation will focus on providing attendees with strategies for effectively communicating with families by addressing diverse cultural perspectives and common miscommunications among educators/professionals and families. The presentation will address attendees "Toolbox" of current communication styles and provide strategies in managing cultural conflicts in order to create a partnership with families; the common mishaps that educators make during these issues by participating in a mock parent-teacher conference/interaction. The goal is to provide attendees additional skills in working with families while incorporating culturally-sensitive communication strategies and perspectives. This will strengthen their relationships with families/students/clients/children and improve overall development for children.

WORKSHOPS

SESSION B

WEDNESDAY / 1:15 p.m. - 2:30 p.m.

WORKSHOP TRACKS:

- Zero to Five
- Child & Family Welfare
- Culturally Sensitive Issues
- Issues Affecting Teens
- Education/Self-Help

B-1 Early Childhood Brain Development and the Screen-Time Dilemma

Tim Burns, MA, *Founder and Director of EDUCARE*

Balanced, harmonious, integrated childhood brain development is under increasing assault by the indiscriminate encroachment of screen technologies. While still hotly debated, evidence continues to accumulate suggesting maladaptive changes taking place in the young brain when exposed to these overpowering (for children) technologies. The childhood need for slow-time in enriching natural and social environments has not changed. What has changed are the cultural forces that contrive to hurry childhood and substitute passive, virtual "experiences" for the real thing. This presentation makes a compelling case in favor of the latter and makes clear the mounting concerns of the former.

B-2 CCR and RFA - Making it Work for Kinship Families

Elise N. Weinberg, *Policy Attorney, Alliance for Children's Rights*
Karen Dixon, MS, *FKCE Coordinator, San Bernardino Valley College*
Jerome Poland, *Social Service Practitioner, Children and Family Services - County of San Bernardino*

The Continuum of Care Reform envisions every child being raised in a family and significantly reducing reliance on congregate care. To be successful, counties must implement best practices early to ensure that they can recruit, support and retain enough high quality caregivers, and particularly relatives, to achieve this goal. For the Children's Network Conference, we propose discussing best practices to help ensure (1) expedient approval and interim funding, (2) recruitment and retention of resource families, particularly relatives, (3) successful transitions from congregate care (i.e. Short Term Therapeutic Programs or STRTPs) to family settings, and (4) better stability for children and youth in foster care so that they are not moving placements to get support.

B-3 Intersection of Drug Endangered Children and Sexual Exploitation of Children

Kiti Freier Randall, PhD, *Pediatric Neurodevelopmental Psychologist*

Sexual exploitation and sex trafficking of minors is often overlooked and misunderstood. Drug traffic is increasing with heroin, methamphetamine, and prescription drug abuse reaching into all sizes of communities. Children in drug impacted environments are at a high risk not only for child victimization, but also when there is an intersection between commercial sexual exploitation of children and drug use.

Further, understanding and intervening with children at highest risk for exploitation is critical. Need for prevention, particularly for high-risk children is paramount. Drug endangered children are at high risk for sexual exploitation. All elements of drug endangerment (manufacture, dealing, use/abuse of substances) put children in these environments at significant risk. Children growing up in a Drug Endangered environment are subject to adverse child experiences which significantly impact all areas of development and psychological well-being. This puts the child at greatest risk for exploitation. Further, drug endangered children are traded for sex in exchange for drugs or to repay debts. Discussion will include how we can respond to rescue, defined, shelter, and support these children.

B-4 Trauma Informed Early Intervention

Jenae Holtz, *CEO, California Association of Health and Education Linked Professions*
Dr. Ron Powell, PhD, *Consultant*

Childhood traumatic experiences have lifelong neurobiological consequences that affect the ways in which children perceive themselves and the world around them. Teachers are not knowledgeable of the impact of trauma on the child's stress-response system and are not trained in the skills that are necessary to assist a child in regulating their own behaviors. By failing to recognize the underlying causes for disruptive behavior, teachers unwittingly escalate the behaviors and in doing so, destroy the bonds of connection that are necessary for the child to self-regulate and heal. By viewing behavior through a "trauma lens," teachers can play an important role in building connections that foster security and lead to emotional, regulatory and behavioral balance. The TIEI program fills this gap through a combination of training for educators and parents and through embedded mental health supports. Teachers receive training in the causes of social emotional and behavioral health issues in children; the evidence of early childhood mental health disorders; the neuroscience behind the impact of adverse experiences in a young child's life; and the barriers that teachers face in trying to deliver services to children who have experience adverse events in their lives. This workshop will provide the essential components for a trauma informed early learning environment.

WORKSHOPS

SESSION B

WEDNESDAY / 1:15 p.m. - 2:30 p.m.

WORKSHOP TRACKS:

- Zero to Five
- Child & Family Welfare
- Culturally Sensitive Issues
- Issues Affecting Teens
- Education/Self-Help

B-5 Infant Toddler Success - Leveling the Playing Field: Giving All Children the Home Team Advantage

Alycia Granado, MA, *ITS Program Coordinator/Parent Educator, Infant-Toddler Success Parenting Project, CSUSB*
Elaine Krzeminski, *Parent Educator, Infant-Toddler Success Parenting Project, CSUSB*

There is overwhelming neuroscience and early childhood research that demonstrates a child's later success—in school and adulthood—is largely determined in the first 3 years of life, when the brain is 80 to 85% developed. Since the brain is wired to develop during certain periods of maturation, catching-up thereafter often is impossible, and those with deficits face a high uneven playing field. This presentation will focus on highlighting the interrelated factors that are essential for normal brain development, which lays the foundation for child's overall developmental growth, school readiness, mental health, and later life outcomes/success. The presenters will engage the attendees in a story telling scenario that will light on why adverse parenting strategies continue to be common practice. There will also be discussion of the importance of educating parents, caregivers, educators, as well as anyone who interacts and is involved in the lives of children. More specifically, the presenters will emphasize the value of understanding brain and child development, the significance of developing a secure attachment and building positive relations, and the implication of equipping parents/adults with effective tools and positive guidance strategies and their impact on promoting a child's optimal development and reaching his/her full potential, thus providing all children with a level playing field.

B-6 Babies, Birth Coaches, and Breast Milk: Implications for the Provision of Maternal Welfare Services in a Correctional Setting

Karen N. Vertti, LCSW, *Supervising Psychiatric Social Worker, California Institution for Women*
Tatevik Ekezian, LCSW, *Family Services Coordinator, California Institution for Women*

This workshop will focus on the myriad of maternal and child welfare services that a mother can receive will in prison from the Family Services Program (FSP), encompassing her journey from the prison reception center, transfer to CIW and then release to the community. The primary services include: newborn placement, pre and post-delivery assessments, labor and delivery birth coach, Lactation Program, child custody telephonic hearings, Enhanced Visiting Program (EVP), and Community Prisoner Mother Program (CPMP) participation.

B-7 LGBTQ Awareness

Ami Davis, *Manager of Youth Wellness and Policy, Reach Out*

In this workshop, participants will be introduced to LGBTQ specific language including concepts such as gender identity, expressions, and sexual orientation. Participants will be guided through an activity of self-discovery about exploring identity, receive statistical information regarding LGBTQ populations, conversation tools, and recommendations for applying this new information, relative to the audience.

B-8 Fetal Alcohol Spectrum Disorders

Carolyn Shaputnic, *Clinical Coordinator, UCSD*
Rachelle Feller, *Education Specialist, UCSD*

Prenatal alcohol exposure has been identified as a common cause of life-long disabilities. Fetal Alcohol Spectrum Disorder (FASD) is an umbrella term describing the range of effects that can occur in a child exposed to alcohol before birth. These effects range from severe to mild and may include physical, mental, behavioral, and learning disabilities that last their entire life. The prevalence of FASDs occur as often as 9-10 per 1,000 births making alcohol exposed births one of the most pressing public health problems of our time, and it is 100% preventable. Children with FASD are significantly over represented in foster care system as well as in the juvenile justice system with approximately 60% having been in legal trouble and 35% having been incarcerated at some point in their lives. This presentation will provide the framework to understanding the public health and clinical significance of FASDs in children and adolescents. It will include information on the patterns of alcohol use among women and strategies for prevention; how alcohol affects the fetus and the criteria for diagnosis of fetal alcohol syndrome and related conditions. Early recognition of fetal alcohol effects is very important for interventions that can best help the child and family and help prevent secondary disabilities. The presentation will describe the primary developmental and functional concerns and strategies for intervention.

WORKSHOPS

SESSION C

WEDNESDAY / 2:45 p.m. - 4:00 p.m.

WORKSHOP TRACKS:

- Zero to Five
- Child & Family Welfare
- Culturally Sensitive Issues
- Issues Affecting Teens
- Education/Self-Help

C-1 Healing the Healer Within

Victor La Cerva, MD,

Teachers and other front line providers often forget to take care of themselves, and may bring their stress into both their living rooms, and their classrooms. They may struggle with poor communication, and using maladaptive measures to reduce stress. This series of explorations examines the nature of stress, time and energy management, and developing a personal sanctuary. Too often such presentations become bogged down with theoretical constructs. This workshop offers a variety of practical tools one can use immediately to increase one's sense of wellness and well-being. The techniques taught are useful in the personal, family, and professional realms. We will learn a variety of 'in the moment' stress dancers, helpful skills for time and energy awareness and the basics of creating a personal sanctuary to recharge and reinvigorate.

C-2 Engagement with Commercial Sexual Exploitation of Children

Kristin Rose White, *Outreach Coordinator, Open Door, Family Assistance Program*
Emily Dickson, *Human Trafficking Empowerment Advocate, Open Door, Family Assistance Program*

During this presentation we will be providing engagement techniques using a power point presentation that will include videos, information we have gained using care studies, techniques we have found to be helpful when engaging within CSEC population. Topics will include: overview of CSEC, identification, the needs of victims, language and sensitivity issues, tools for service providers, potential triggers for this population, what happens when a victim becomes a recruiter, and utilizing survivor advocates.

C-3 Resource Family Specialist: Former Foster and Relative Caregivers Supporting CFS Resource Families

Sheila Muir, *SSSP, Children and Family Services - County of San Bernardino*
Ericka Ross, *Resource Family Specialist, Children and Family Services - County of San Bernardino*
Zemika Walker, *Resource Family Specialist, Children and Family Services - County of San Bernardino*
Donna Scott-Hagger, *Resource Family Specialist, Children and Family Services - County of San Bernardino*
Andrea Quiroz, *Resource Family Specialist, Children and Family Services - County of San Bernardino*

The purpose of this workshop is to give a brief overview of Resource Family Approval and to bring awareness to resource families, social workers and community partners, about the role of the Resource Family Specialist (RFS). Resource Family Specialists are former foster and relative caregivers employed by CFS to support resource families as they seek to meet the needs of foster children and navigate a complicated system.

C-4 Developmentally Appropriate Guidance Techniques for Infants and Toddlers: A Video Guided Workshop

Heather L. Hammond-Williams, MA, Assoc. Professor/Parent Educator, Infant-Toddler Success Parenting Project, CSUSB
Caitlin Younger, *Coordinator of the Child Enrichment Groups, Infant-Toddler Success Parenting Project, CSUSB*

You might be surprised about what you've overlooked or never considered in caring for infants and toddlers. Amid the pervasive myths about infant and toddler needs, caregivers must navigate between appropriate and inappropriate. This workshop will demonstrate the use of high quality and nurturing caregiving strategies for infants and toddlers and discuss the benefits of employing these strategies in a developmentally appropriate manner. Basic knowledge of early childhood development is critical to developing an understanding of positive child guidance techniques. Therefore, a brief overview of infant and toddler development will be shared before diving into several examples of how to provide the highest level of care. Video clips will be used to reinforce and demonstrate each technique. This workshop is designed to inspire and benefit professionals working with young children as well as parents and caregivers.

WORKSHOPS

SESSION C

WEDNESDAY / 2:45 p.m. - 4:00 p.m.

WORKSHOP TRACKS:

- Zero to Five
- Child & Family Welfare
- Culturally Sensitive Issues
- Issues Affecting Teens
- Education/Self-Help

C-5 Current Technology and Its Influence on Adolescent Development

Andre Ike, *Program Specialist, Loma Linda University Health*

The current presentation will review concepts of adolescent development and how it is affected by current technology. Adolescent of this generation have grown up in a world connected by technology. Over the past hundred years, psychologists have studied individual development through the prism of adolescent from isolated areas. With the invention of the internet adolescents are now being influenced by cultures and people from around the globe. Using the cognitive theories of Piaget and social development theories of Elkind, Alberts, and Ginsberg, this presentation will examine the impact social media has on adolescent development. In addition, this presentation will review ways to help support adolescent development by using the positive aspects of social media and adult interventions.

C-6 Mental Health Interventions for Latinx Youth: A Culturally Centered Approach

Emilia Ortega Jara, LCSW, *Founder of Corazon Counseling Service*

Depression/anxiety among Latinx youth in California continues to raise at alarming rates. Studies have shown that Latino youth have the highest rates of depressive and suicidal symptoms of any ethnic group in the United sates. Recently, the racial and ethnic antagonism, bullying, hostile discourse, and incidents or threats of violence have produced intense fear and distress among Latinx youth. In addition, the worry and uncertainty that many Latinx youth are experiencing today due to the possibility of a parent or loved ones being deported simply exacerbates their symptoms. Now more than ever we need a culturally centered approach in assessing and treating Latinx youth's mental health. This presentation will highlight the strengths of culture, ritual, and ceremony as a therapeutic intervention for depression and anxiety among Latinx youth.

C-7 Understanding Foster Children from a Developmentally Approach to Foster a Secure Relationship between Caregiver and Child

David I. Davamony, PsyD, *Clinical Psychologist, Christian Counseling Service*

There are significant differences in the quality of the relationships enjoyed by caregivers who understand their children's behaviors from a developmental perspective and those who don't. Clinicians can play an important role in helping parents understand their children's cognitive, social, and moral stage of development and how that relates to their behaviors. Some parents tend to classify age appropriate behavior as "bad" behavior which leads to frustration for the child as well as the caregivers.

C-8 Father Involvement = Healthier Children

Pete Melendez, *Program Facilitator, Family Intervention Services*
Dyame Melendez, *Program Co-Facilitator, Family Intervention Services*

In this workshop, the Family Intervention Services group will address some of the biases and discrimination directed at fathers such as, "dead beat dads," Disneyland Dads, and "nowhere dad", just to name a few. The workshop is presented by a father and son team, who has been active in Male Involvement Programs (MIP) services for "men of color" of varied ethnic communities. The team will focus on the myths and facts behind the limited involvement fathers have with their children. The team will highlight the benefits that several studies have found behind the involvement of dads with their children. The topic of the workshop is, Father Involvement=Healthy Children and is presented to benefit those professionals working with men who want to play an important role in their children's lives. The curriculum behind this workshop is court approved and has been presented at the university level and internationally in Spanish speaking countries.

For registration and workshop selection, please visit

hs.sbcounty.gov/CN

WORKSHOPS

SESSION D

THURSDAY / 10:45 a.m. - 12:00 p.m.

WORKSHOP TRACKS:

- Zero to Five
- Child & Family Welfare
- Culturally Sensitive Issues
- Issues Affecting Teens
- Education/Self-Help

D-1 Faith in Motion: How County Child Welfare and Faith Based Partners Improve Outcomes for Children and Families

Nancy Pimental, *Faith in Motion Coordinator, Children and Family Services - County of San Bernardino*
Ben Slagter, *Regional Manager, County of Riverside Department of Public Social Services, Children's Services*
Kristina Mason, *Regional Manager, CarePortal, Riverside County*

Across the nation and in counties across California, there is an increasing movement of faith groups partnering with the child welfare system to improve outcomes for children, youth, young adults and families impacted by neglect, abuse, or other life crisis. Faith groups or congregation members also prevent child abuse and neglect cases when they step up and come involved. Attendees will get latest updates of best practices from Faith in Motion Southern Counties Collaborative involving San Bernardino, Riverside, Orange, and Ventura Counties and hear wonderful examples of how faith groups are caring for foster kids, transitional age young adults, foster parents, and families.

D-2 Childhood Sexual Abuse Prevention, Detections, and Interventions

Martha Nix Wade, MA, *Founder and Executive Director, A Quarter Blue*
Elizabeth Rivas, LMFT, *A Quarter Blue*

It is believed that 95% of sexual abuse is preventable through education. How may you be better prepared to equip the community? This workshop will give you tips and free resources to help educate parents so that their children are less likely to fall prey to the ploys of pedophiles. It will also explain signs of one who has experienced sexual abuse, what to do if abuse is suspected, and how to effectively walk alongside of families through the judicial process.

D-3 Peeling Back the Layers of Special Needs Families - Strengthening the Interpersonal Connections of Healthcare and/or Education Providers and Special Needs Families

Sandra Romo, PhD, *Program Director, Assistant Professor of Communication, California Baptist University*

This workshop will provide participants with knowledge in specialized communication tactics to use with special needs families, in an effort to improve communication processes and strengthen interpersonal connections between special needs families and healthcare and/or education providers. This session will explore the concepts of social penetration theory, social abstraction, as well as ritualistic communication to create more constructive meaningful communicative relationships between healthcare providers, teachers, and paraprofessionals working with special needs parents (caretakers) and children to avoid social abstraction while special needs families reframe their familial identities.

D-4 Data-Driven Practice - You're Already Doing It!

Scott McGrath, *Supervisor of Evaluation and Community Engagement, First 5 San Bernardino*
Karini Pereira, MA, *Director of Youth and Family Wellness, Reach Out*

The term 'data drive' often can be overwhelming to service providers in terms of definition and implication to their work. This workshop will demonstrate how strategic collection and analysis of data can lead to program improvement and greater outcomes for clients we serve. It will also demonstrate that service providers engage in some level of data drive practice every day in their work already, possibly without even realizing it.

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WORKSHOPS

SESSION D

THURSDAY / 10:45 a.m. - 12:00 p.m.

WORKSHOP TRACKS:

- Zero to Five
- Child & Family Welfare
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- Issues Affecting Teens
- Education/Self-Help

D-5 Differentiating Autism and Trauma: Symptom Commonality with Dissimilar Intervention Needs

Tracy Heindselman,PhD, *Child Psychologist, Victor Community Support Services*
Vidhya Krishnamurthy, PhD, *Pediatric Psychologist, Loma Linda University Health System*

This workshop will serve to highlight the neurodevelopmental complexities of diagnosing young children who have experienced trauma, with particular focus on differential diagnosis with autism spectrum disorder. In San Bernardino County, agencies such as the Inland Regional Center, Inland Empire Autism Assessment Center, and the San Bernardino SART centers all work to provide comprehensive evaluations of high risk infants, toddlers, and preschoolers in order to identify effective intervention and ameliorate outcomes. Children who present with various combinations of risk factors, including prenatal drug exposure, drug endangered environments, trauma/neglect histories, attachment difficulties, and developmental delays/disorders, can have neurodevelopmental presentations that are at times difficult to distinguish from Autism Spectrum Disorder. Clinical experiences from individual and shared clients (SART and AAC) will be utilized to highlight how presenting with concerns can approximate criteria for Autism Spectrum Disorder; however, when other neurodevelopmental considerations were factored in, alternative diagnoses were identified to best focus treatment and referral needs for the child.

D-6 Effective Black Parenting

Mishay Butler, *Mental Health Specialist II, Valley Star Community Services*
Wandalyn Lane, *Program Manager, Valley Start Community Services*

Effective Black Parenting is an award winning parenting program developed by the Center for Improvement of Child Caring. This program is the first parenting skill-building program designed to respect and honor the unique history and traditions of people of African descent. Families will learn new helpful ways to look at themselves as parents and caregivers, improve how they relate to their children, learn new ways to instill pride in their children and help their children to improve behavior at home and in the community.

D-7 Homeless and Runaway Youth Services - Our House Shelter

Amy Cousineau, *Director of Youth Services, Family Assistance Program*
Jeany Glasgow, *Child Welfare Services Manager, Children and Family Services - County of San Bernardino*

Participants will learn about the challenges homeless youth face in San Bernardino County and how to access the only shelter for this population in the County. The presentation will include the type of services offered to the youth and families, as well as how Children and Family Services social workers can utilize this resource for their clients.

D-8 The Hip Hop Shop

Edwin Johnson, *Director and President, CHORDS*

The hip-hop shop is a creative and engaging workshop where educators and mentors will understand the importance of the role “hip-hop” plays on today’s youth. This workshop provides an educational understanding of how hip-hop and the arts can be an impactful tool in the classroom that can empower and build up today’s youth.

For registration and workshop selection, please visit

hs.sbcounty.gov/CN

WORKSHOPS

SESSION E

THURSDAY / 1:15 p.m. - 2:30 p.m.

E-1 Manage Time - Manage Me

Traci Martin, *Behavior Specialist, Preschool Services Department - County of San Bernardino*
Janice Browning, *Special Education Specialist, Preschool Services Department - County of San Bernardino*

Time is a valuable commodity for everyone. Most people would agree that they simply do not have enough time to meet daily demands to their full potential. People who are able to manage their time well are better equipped in effectively managing their outcomes. By applying techniques on how to prioritize the demands of life one can become an effective time manager. Better time management application will help one with making self-care a part of everyday life. There are many strategies designed to provide the self-knowledge and awareness you need to start making self-care an integral part of your life, instead of something that lives at the bottom of your priorities list.

E-2 The Ripple Effect of Sexual Abuse

Martha Nix Wade, MA, *Founder and Executive Director, A Quarter Blue*
Elizabeth Rivas, LMFT, *A Quarter Blue*

Discovering a child has been molested, wreaks havoc on family systems. Each person reacts differently to this secret being exposed, and develops coping strategies. As professionals, we can help minister to their individual needs if we have a heightened understanding of their tendencies, and how to more effectively walk them through their individual challenges. The Ripple Effect of Sexual Abuse will equipt participants with tools to be more effective professionals with each family member.

E-3 Special Health Care Needs in Child Welfare

Marjorie Yanez, *Supervising Social Services Practitioner, Children and Family Services - County of San Bernardino*
Karen Quinn, *Senior Social Services Practitioner, Children and Family Services - County of San Bernardino*

The purpose of this workshop is to provide participants with a more defined understanding of the Special Health Care Needs program by utilizing the Welfare and Institutions Code and Title 22. In doing so, participants will learn how to identify conditions that meet/do not meet Special Health Care Needs, identify what conditions determine a child to be medically fragile and identify the placement steps and placement options. With the increased understanding it is expected that the number of children placed unnecessarily in a Special Health Care Need home will be lowered, that the cost associated with utilizing this specialized placement will decrease the availability of homes for children that meet Special Health Care Need criteria will increase.

E-4 Enhancing Maternal Mental Health Care in a Primary Care Setting

Kendra Flores-Carter, MSW, DSW, *Maternal Child and Pediatric Social Worker, Arrowhead Regional Medical Center*
LaTanya Mathews, MSW, *Clinical Social Worker, Arrowhead Regional Medical Center*
Ricardo Cruz, BA, *Master of Social Work Intern, Arrowhead Regional Medical Center*

This workshop will address ways to improve maternal mental health care in primary (hospital) and secondary (clinic) settings. In addition, presenters will also discuss maternal mental health concerns among Black and Latina women. There will also be a brief overview of maternal mental health implication for mothers who have had perinatal loss and those who have babies in the neonatal ICU. The workshop will discuss the significant barriers to seeking mental health services faced by minority women. Furthermore, presenters will provide a synthesis of interventions that are most beneficial when providing maternal mental health care to Black and Latina women.

For registration and workshop selection, please visit

hs.sbcounty.gov/CN

WORKSHOPS

SESSION E

THURSDAY / 1:15 p.m. - 2:30 p.m.

WORKSHOP TRACKS:

- Zero to Five
- Child & Family Welfare
- Culturally Sensitive Issues
- Issues Affecting Teens
- Education/Self-Help

E-5 Serving Diverse Populations: Culturally Competent Care to Improve Health

Asya Anderson, PhD, *Senior Health Educator, Molina Healthcare of California*

Studies have shown that your life expectancy is determined more by your ZIP code than by your genetic code. This workshop explores health disparities and presents ways to work towards health equity. We will examine the social determinants of health and the importance of cultural competency when working with diverse communities. Finally, we will examine the impact of economic disparity and practice building empathy with the communities we serve.

E-6 Parent and Student Rights in Public and Charter Schools

Sherman R. Garnett, *Adjunct Professor and CEO Sherman Garnett and Associates, Cal State San Bernardino*

Attention: Parents and Students—Do you really know your rights and responsibilities at public and charter school in the State of California? This interactive workshop will explain your rights and responsibilities as well as methodologies/best practices utilized to work with these types of schools. The workshop will be highlighted by distribution of Garnett's Top Ten Parent and Student Responsibilities in the State of California.

E-7 Why Do We Bang? What's in the Heart of a Gang Member?

Terrance Stone, *CEO, Young Visionaries Youth Leadership Academy*

Why Do We Bang is a presentation dealing with the heart and mind of youth in gangs or at-risk of joining. This workshop will look at piece by piece the concept of prevention, intervention, and suppression and take you one step further. The presentation will look at "The Stone Theory on Gang Relationships, Memberships and Exit Strategies" dealing with it in five steps: fascination, infatuation, dedication, separation, and last but certainly not least the Exit Strategy. With this presentation you will understand your role as a youth worker and destructive lifestyle deterrence for the youth and community you serve.

E-8 Understanding Self-Injurious Behaviors

Molly Roha-Fuentes, LMFT, *Behavioral Health Counselor Supervisor, Desert/Mountain Children's Center*
Jessica Martinez, *Behavioral Health Counselor Supervisor, Desert/Mountain Children's Center*
Michelle Fehlman, *Behavioral Health Counselor Supervisor, Desert/Mountain Children's Center*
Clarisa Agard, *Behavioral Health Counselor Supervisor, Desert/Mountain Children's Center*

This workshop provides information about self-injurious behaviors and some of the myths and facts surrounding them. It also provides information about the signs and symptoms of self-injurious behaviors and some of the coping skills that can be taught to decrease behaviors. It also provides additional resources for information regarding self-injurious behaviors.

For registration and workshop selection, please visit

hs.sbcounty.gov/CN

WORKSHOPS

SESSION F

THURSDAY / 2:45 p.m. - 4:00 p.m.

F-1 Mentoring Models that Work

Jennifer O'Farrell, *Executive Director, Big Brothers Big Sisters of the Inland Empire*

Be an active participant towards the solution to break cycles of poverty, the chains of slavery from gang and exploitation and offer a child a chance for a bright future. The child mentoring movement has its roots in the late 19th century and remains one of the most relevant responses to bringing hope and increasing the quality of life for the most vulnerable in our community—children. This session will discuss how mentoring can be a vehicle for prevention and intervention for children facing adversity. Be an active participant towards the solution to break cycles of poverty, the chains of slavery from gang and exploitation and offer a child a chance for a bright future.

F-2 Demystifying the IEP Process: How to Successfully Identify and Refer Students for Special Education Services

Sarah M. Gross, *Special Education Attorney, Surisa Rivers Law Office*

The Individuals with Disabilities Education Act (IDEA) defines and governs the services to which students with disabilities attending public schools are entitled. Every aspect of the IEP process, from identifying and referring students for an IEP, the provisions of services, and handling disagreements between parents and districts is defined in the law. Yet, many clinicians who work with students with disabilities and their parents remain confused, and often intimidated, by the IEP process and navigating the legal requirements involved. This workshop aims to bridge this gap in knowledge and demystify the often daunting task of approaching school districts to request assessments for a student with a disability, and completing the process of conducting assessments through attending an initial IEP meeting. Attendees will be walked through the process and legal requirements of identifying students who are in need of an IEP, referring students for special education assessments, and handling an initial IEP meeting, including advocating for the student and understanding the district's offer of FAPE. Last but not least, information regarding how parents can handle and attempt to resolve disagreements with their school district will be presented. At the end of this workshop, clinicians and parents alike will have increased knowledge of student and parent rights under special education laws in order to better advocate for students with disabilities and achieve better outcomes in their education programs.

F-3 Stop Saying "No" 20 Times a Day: Positive Child Guidance to Set Limits, Gain Cooperation, and Promote Development of Child Age 0-8

Daniela Perez, MA, *Parent Educator, Quality Assessor, Infant Toddler Success Parenting Project, CSUSB*
Illeana Escobedo, MA, *Parent Educator/Specialized Child Develop. Trainer, Infant Toddler Success Parenting Project, CSUSB*

Almost all adults have frequent interactions with children. One of the natural struggles is how to effectively set limits and gain children's cooperation. This presentation will focus on providing attendees with an understanding of developmentally-appropriate positive child guidance for children aged 0-8 years by discussing how it differs from traditional punishment strategies (i.e., spanking, time-outs, and grounding/restricting) as well as how positive child guidance promotes children's development, school readiness, and brain development. The presentation will also include interactive examples of positive child guidance strategies (i.e., "I" messages, active listening, "when-then" statements) that attendees will be able to apply with children of different ages and in diverse settings. The goal is to provide attendees with additional knowledge and skills on how to effectively set limits, help a child who has a problem/need, as well as promote children's development and well-being.

F-4 Promotores de Salud/Community Health Workers - Engaging the Latino Community

Augusto Huerta-Minakata, LMFT, *Community Services Supervisor, Victor Community Support Services*

The Community Health Workers model which is being used as a model for the Promotores program, is a prevention program designed to address the needs of the culturally diverse Latino Communities. The program uses volunteer community members who have received behavioral health services, family members of a person who has received services and interested community members to educate their communities on substance abuse mental illness prevention, wellness topics and community resources. They do this engaging their community and conducting educational presentations addressing Prevention and Early Intervention (PEI) to groups and individuals.

WORKSHOPS

SESSION F

THURSDAY / 2:45 p.m. - 4:00 p.m.

F-5 Rape Trauma: Child Sexual Exploitation and Sex Trafficking - The Aftermath

Cassandra Black, *Client Service Advocate, San Bernardino Sexual Assault Services*

This is an introductory presentation offering an understanding of the aftermath of child rape victimization to better assist children suffering from rape trauma. We will look at various rape experiences: child sexual abuse, sexual exploitation, and sex trafficking. Content includes identifying rape trauma phases, behavioral indicators of child rape victimization and ways to break down barriers of distrust. We want to enhance awareness and sensitivity of compounding trauma, acknowledge challenges and propose some effective counseling techniques and support to assist victims to regain trust, attain a sense of balance and self-worth; possibly attributing to the survivor feeling stronger and more resilient. This is a power point presentation including input and real stories from children traumatized by rape. It is ideal for counselors, advocates, social workers, caregivers, students in related fields and anyone who come in contact with child victims and survivors of rape.

F-6 Latest Trends Among the Young

Clark Morrow, *San Bernardino County Sheriff's Department, Public Affairs Division*

This is the one presentation adults need to see most. There are thousands of ways young people today can get into trouble, and they seem to be taking advantage of all of them. Plus, those methods of self-endangerment seem to change daily. In this 70-minute-long PowerPoint slideshow, you will gain a bird's eye view of the world of juvenile mischief and mayhem in the 21st century: everything from social media misdoings, to the latest fads in self-intoxication, to how adolescents are taking the world's oldest profession onto school campuses, to how gangs and gang tactics are morphing before our very eyes. Unless you are on the front lines of law enforcement, you will be shocked and surprised by what the little ones are up to – often right under the noses of their parents and teachers.

F-7 Knowing Who I Am and Where I Am Going

John Devine, *Peer and Family Assistant, Children and Family Services - County of San Bernardino*

The Independent Living Program (ILP) provides assistance to those in the foster care system (ages 16-21) in providing life skills that will develop the foundation towards self-sufficiency. Statistics show that foster youth have limited resources and support most notably when reaching adulthood (age 18). Participants will gain knowledge of the services ILP provides as well as what is required to become an ILP eligible youth.

F-8 Supporting Fatherhood Success in Child Welfare

Ryan Berryman, MSW, *Executive Director, San Bernardino Fatherhood*

It has been established through best practice and research that the presence and involvement of fathers are important to healthy child development, thriving families, and communities. There is also surmountable evidence indicating that an absent father increases the likelihood that a child will experience a host of poor outcomes in their immediate and distant future, such as living in poverty, poor school performance, being violent, exhibiting emotional and behavioral problems, and ending up in the criminal justice system. This workshop will provide the audience with some historical information relating to fathers, relevant statistics and research addressing the social problems relating to father absence, and present current research practices and policies that are effective in engaging and supporting fathers and families in the child welfare systems. This workshop will also cover information on some of the barriers to father involvement, as well as solutions and practices for social workers that are necessary in maximizing the engagement and involvement of fathers in child welfare.