



SBCOUNTY.GOV

THE 32ND ANNUAL

CHILDREN'S NETWORK CONFERENCE

SEPTEMBER 19 & 20, 2018

ONTARIO CONVENTION CENTER



FIRST 5
SAN BERNARDINO



Children and Family Services



Children's Network

WELCOME

Welcome to the 32nd Annual Children's Network Conference at the Ontario Convention Center. My greatest joy since becoming the Network Officer was welcoming youth and young adults to the conference last year for the very first time. Their insight into their needs, their exuberance to learn and participate, and their delight in being recognized as integral members of our County made an already remarkable event more valuable than ever. As a result of the generous funding from a number of our sponsors, we are able to offer scholarships to twice as many young people this year.

Our keynote speakers this year are guaranteed to get you up (literally) and motivated. They both come with years of experience in education. They are both published authors, renowned speakers/trainers and have dedicated their careers to the specific needs of high-risk children.

The Children's Network Conference continues to be one of California's premier training events with numerous workshops covering a wide variety of topics related to work with children, youth, young adults and families. The entire Children's Network staff and I hope that you enjoy the conference and walk away with valuable information to assist you in your work and interaction with the families in our communities.

Kathy Turnbull,

Children's Network Officer

ABOUT THE

CHILDREN'S NETWORK

Children's Network of San Bernardino County concerns itself with at-risk children who are defined as minors who, because of behavior, abuse, neglect, medical needs, educational assessment, and/or detrimental daily living situations, are eligible for services from one or more of the member agencies of the Children's Network Policy Council.

Children's Network was created to identify gaps and overlaps in services, and provide a forum for clarifying perceptions and expectations among and between agencies and the community. Children's Network also sets priorities for inter-agency projects and implements collaborative programs, public and private, to ensure better, more comprehensive services to children and youth.

The overall goal of Children's Network is to help at-risk children by improving communications, planning, coordination, and cooperation among youth-serving agencies.

Children's Network would like to thank the County of San Bernardino Board of Supervisors for their continued support of the Children's Network Conference



First District
Chairman
Robert Lovingood



Second District
Janice Rutherford



Third District
James Ramos



Fourth District
Vice Chairman
Curt Hagman



Fifth District
Josie Gonzales

Registration Deadlines

Early Bird Registration: \$250

Registrations prior to
August 17, 2018

Advanced Registration: \$300
after August 18, 2018



Cancellation Policy

Cancellations received on or prior to **September 1, 2018** will receive a 50% refund of conference registration funds. Cancellations received after that date are not eligible for refunds or credit.



Substitution Policy

If you are unable to attend, you may substitute a colleague for your entire registration.

There is NO sharing of registrations.

A written/e-mail must be submitted by the original registrant or authorized representative by **September 1, 2018** (there is a **\$20 fee** for each substitution).

Continuing
Education Credits

PENDING

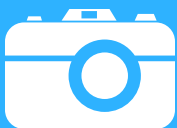
Payment Methods

Registration must be paid in full by check, cash, or credit card before admittance to conference. If mailing, e-mailing or faxing, your payment must accompany your registration form. Make checks payable to **COUNTY OF SAN BERNARDINO**. A non-sufficient funds fee of \$30 will be charged for all checks returned to Children's Network. An e-mail address is required for each registrant to receive registration confirmation.

If you would like to pay with a purchase order, please request an invoice and one will be e-mailed to you. Purchase orders must be paid by the designated date to qualify for applicable rate. ***Purchase orders must be paid in full before admittance to the conference.***

Photograph & Video Policy

Registration and attendance at, or participation in, The 32nd Annual Children's Network Conference constitutes an agreement by the registrant to the Children's Network's use and distributions (both now or in the future) of the registrant or attendee's image or voice in photographs and videos of such events and activities.



Assistance

For assistance or information concerning special services to accommodate a physical, perceptual, or learning disability, please call Children's Network at (909) 383-9677. It is the Children's Network's policy to provide reasonable accommodations to persons with disabilities.

Certificate of Attendance

Each conference attendee will receive a Certificate of Attendance at the end of the conference.

Conference Evaluations

Your opinion matters! You will be provided with an Overall Conference evaluation in your conference bag and there will be individual workshop evaluations available in each workshop.

Please return workshop evaluations to workshop moderators. Overall Conference evaluations need to be returned to the Information Desk. Attendees that return a completed evaluation will receive a drawing ticket for the Closing Prize Drawing on September 20.

Workshop Attendance

Allow approximately ten (10) minutes to get to workshops so you can arrive in plenty of time to be seated. Workshop moderators must close a workshop when all chairs are occupied to conform with fire code regulations.

Electronic Devices

Please have all electronic devices turned off or in silent mode during all presentations and workshops.

Badges

Badges must be worn at all times. Entrance to workshops and the Exhibit Hall will not be permitted without the proper badge.

Food

Breakfast will be served in the Ballroom Foyer each morning. Lunch will be served in the Ballroom at 12:00pm each day of the conference.



Dress Code

There is no dress code, but temperatures vary greatly from room to room. Please dress in layers and wear comfortable shoes for walking.



CASA
Court Appointed Special Advocates
FOR CHILDREN
SAN BERNARDINO COUNTY

C.A.S.A. of San Bernardino County is a nonprofit organization, working to improve the quality of life for children and youth in foster care and youth on probation with stable and consistent advocacy and mentoring provided through trained volunteers.

Stop by our table to learn more about how you too can become involved as a volunteer or by attending an upcoming event. Call 909-881-6760 or 760-515-7418 or visit www.casaofsb.org



**Don't forget to LIKE us
on Facebook!**

KEYNOTE SPEAKERS

SEPTEMBER 19

LUIS J. RODRIGUEZ

Luis J. Rodriguez believes a writer can change the world. Through the power of words, this acclaimed poet, novelist, children's book author and journalist saw his way out of poverty and despair. Successful as a Chicano poet, Luis thought he had put the streets and his own days as a gang member behind him—until his young son joined a gang. Rodriguez fought for his child by telling his own story in the national bestseller *Always Running: La Vida Loca, Gang Days in L.A.* This vivid memoir explores gang life and cautions against the death and destruction that haunts its participants.

Luis is the author of several collections of poetry, including *My Nature is Hunger: New and Selected Poems 1989-2004* and *Borrowed Bones: New Poems from the Poet Laureate of Los Angeles*. He has won a Poetry Center Book Award, Paterson Poetry Prize, and PEN/Josephine Miles Literary Award, and was honored with a Lannan Fellowship for Poetry. In 2014, Luis was appointed Los Angeles Poet Laureate.

Luis conducts workshops, readings, and talks in public and private schools, universities, prisons, juvenile lock-ups, migrant camps, homeless shelters, Native American reservations, and conferences and gatherings of all sorts. He addresses the complex but vital issues of race, class, gender, and personal rage through dialogue, story, poetry, and art.



SEPTEMBER 20

DR. JAIYA JOHN

Dr. Jaiya John was born into foster care in New Mexico, and is an internationally recognized author, speaker, poet, spoken word artist, and youth mentor.



Jaiya is the founder of Soul Water Rising, a global human mission that has donated thousands of Jaiya's books in support of social healing, and offers scholarships to displaced and vulnerable youth. He is a former professor of social psychology at Howard University, has authored numerous books, and has spoken to over half a million professionals, adults, and youth worldwide. Jaiya is a National Science Foundation fellow, and holds doctorate and master's degrees in social psychology from the University of California, Santa Cruz, with a focus on intergroup relations and identity development. As an undergraduate, he attended Lewis & Clark College in Portland, Oregon, and lived in Kathmandu, Nepal, where he studied Tibetan Holistic Medicine through independent research with Tibetan doctors.

Jaiya's book titles include *Your Caring Heart: Renewal for Helping Professionals and Systems*, *Daughter Drink This Water* (fiction), *Calm: Inspiration for a Possible Life*, *Sincerity of Sunlight* (inspiration), *Fresh Peace* (inspiration), *Legendary: A Tribute to Those Who Honorably Serve Devalued Children*, *Beautiful: A Poetic Celebration of Displaced Children*, *Reflection Pond: Nurturing Wholeness in Displaced Children*, *Clear Moon Tribe* (novel), *The Day Jumoke Found His Name* (children), *Father to Son: Ode to Black Boys* (spoken word), *Habanero Love: A Poem of Sacred Passion*, *Lyric of Silence: A Poetic Telling of the Human Soul Journey*, and *Black Baby White Hands: A View from the Crib* (memoir).

AGENDA

WEDNESDAY, SEPTEMBER 19

8:00 - 8:45 a.m.

Registration and Breakfast

8:40 - 9:15 a.m.

Welcome and Introductions

9:15 - 10:15 a.m.

Keynote: Luis J. Rodriguez

10:15 - 10:45 a.m.

Visit Exhibit Hall

10:45 - 12:00 p.m.

Workshop Session A

12:00 - 1:00 p.m.

Lunch and Visit Exhibit Hall

1:00 - 2:30 p.m.

Keynote Meet and Greet
in Exhibit Hall

2:30 - 2:45 p.m.

Visit Exhibit Hall

2:45 - 4:00 p.m.

Workshop Session B

4:00 p.m.

Adjourn for the Day

AGENDA

THURSDAY, SEPTEMBER 20

8:00 - 8:45 a.m.

Registration and Breakfast

8:45 - 9:15 a.m.

Welcome and Registration

9:15 - 10:15 a.m.

Keynote: Dr. Jaiya John

10:15 - 10:45 a.m.

Visit Exhibit Hall

10:45 - 12:00 p.m.

Workshop Session C

12:00 - 1:00 p.m.

Lunch and Visit Exhibit Hall

1:00 - 2:30 p.m.

Keynote Meet and Greet
in Exhibit Hall

2:30 - 2:45 p.m.

Visit Exhibit Hall

2:45 - 4:00 p.m.

Workshop Session D

4:00 p.m.

Opportunity Drawing in Exhibit Hall/
Adjourn for the Day

WORKSHOPS

SESSION A

WEDNESDAY / 10:45 a.m. - 12:00 p.m.

WORKSHOP TRACKS:

- Strengthening Families and Children
- Culturally Sensitive Issues
- Commercial Sexual Exploitation of Children
- Education
- Trauma Informed Care
- Self Help



A-1

ROOM
TBA

Neurofeedback A Tool for Positive Change—Part 1

Connie McReynolds, Ph.D., Director of Institute for Research, Assessment & Professional Development, Cal State University, San Bernardino

Train your attention, decrease anxiety or depression, alleviate chronic pain, lessen behaviors that interfere with living your best life. Neurofeedback is an effective, drug-free, painless process in which the child/adult learns to re-train the attention mechanisms of their brain, alleviating the condition. Neurofeedback challenges the brain to better function. This powerful brain-based technique has been successfully helping people around the world for more than 30 years. It is a non-invasive process with positive results for a multitude of symptoms. Numerous research articles exist discussing the effectiveness of neurofeedback in helping adults and children with a wide variety of symptoms such as: Academic-Cognitive Enhancement, ADHD, Anger, Anxiety, Conduct Disorder, Depression, Learning Disabilities, Obsessive Compulsive Disorder, Pain / Headaches, Trauma, Sleep Disorders, and other limiting conditions.

This workshop will provide professionals information on the use of an alternative treatment effective in reducing or eliminating symptoms such as ADD/ADHD, depression, anxiety, sleep disorders, conduct disorders, and other limiting conditions. At the conclusion of the presentation, participants will be able to describe the neuroscience behind the effectiveness of neurofeedback, neuroplasticity and the brain's ability to change. Participants will be able to identify an alternative non-invasive form of treatment effective with a wide variety of conditions, and discuss causal factors in children who have been diagnosed with ADHD, ODD, IED, and trauma.

Tracks: Strengthening Families and Children

A-2

ROOM
TBA

Unique Considerations for Working with LGBTQ CSEC Survivors

Ami Davis, *LGBTQ Specialist*

This workshop will move from LGBTQ language and concepts education to unique barriers to service for LGBTQ folks; considerations that may lead to higher rates of victimization; how to intervene and create strong relationships to serve, and open Q & A, case consultations. LGBTQ populations face unique hardships and due to historically marginalization, may be distrusting of systems and people meant to protect them. This workshop will help participants to know more about LGBTQ populations, understand and identify those barriers, and appropriately engage to increase likelihood of healing

Tracks: Culturally Sensitive Issues; Commercial Sexual Exploitation of Children

A-3

ROOM
TBA

Reading in a Digital World

Alycia Granado, MA, *Adjunct Faculty, Parent Educator & Program Coordinator, Infant Toddler Success Parenting Project, Cal State University, San Bernardino*

Elaine Krzeminski, *Parent Educator, Infant Toddler Success Parenting Project, Cal State University, San Bernardino*

Technological devices are being used everywhere- at home, work, and in our cars. We even carry them in our pockets. Increasingly, we see adults and children reading on technological devices, and schools are finding many ways to follow these trends and take advantage of digital textbooks and new educational software. As we dive into this new era of digital reading we should be aware of the pros and cons, as well as what trends for developmental outcomes we are seeing in the research.

The goal of this workshop is to provide participants information on current research findings related to digital reading and best practices for engaging children with digital reading devices to create lifelong readers. Participants will be able to list pros and cons of digital reading practices, be able to describe digital reading practices that support language development, reading success, and be able to explain the importance of personal interactions for overall reading success.

Tracks: Education; Strengthening Families and Children

WORKSHOPS

SESSION A

WEDNESDAY / 10:45 a.m. - 12:00 p.m.

WORKSHOP TRACKS:

- Strengthening Families and Children
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- Trauma Informed Care
- Self Help



A-4

ROOM
TBA

Thirty Years in Children's Mental Health; Where Are We and Where Do We Go From Here?

Michael Schertell, Deputy Director and Lifetime Advocate, San Bernardino County Department of Behavioral Health

The State of children's and family's mental health services has changed dramatically over the past thirty years and promises to continue to challenge providers across the fields with new and unexpected mandates and possibilities. We will discuss where we came from, how we got to where we are and what we will need to do to move forward successfully into the future.

Tracks: Strengthening Families and Children

A-5

ROOM
TBA

Trends or Threats?

Martha Nix Wade, MA, Founder and Executive Director, A Quarter Blue

Elizabeth Rivas, LMFT, A Quarter Blue

What is trending with youth poses as a threat to their mental, physical, and emotional health? While drugs and sexually transmitted diseases remain threats, other trends may surprise you. What are the excuses they make to justify these potentially destructive decisions? How do these choices create imbalanced perspectives, which ultimately affect their mental health and social interactions? Knowing what they are being exposed to and potentially obsessed with makes you more equipped to discuss their choices, and help them make informed decisions.

Tracks: Strengthening Families and Children; Commercial Sexual Exploitation of Children

A-6

ROOM
TBA

Effects of Domestic Violence on Children

William Long, Prevention Specialist, Option House

Children are exposed to domestic violence at an alarming rate. Nearly one-half of all children in the United States have witnessed these acts of violence in their home between their parents. This workshop addresses the short and long-term effects on children. There are valiant efforts showing how to combat this harm in our society and ideal solutions are rendered here.

Tracks: Strengthening Families and Children; Trauma Informed Care

A-7

ROOM
TBA

#MeToo: 101

Michelle L. Manning, LPCC, MLM

When a traumatic event impacts a child, the scars can last a lifetime. Debilitating shame, overwhelming guilt, and an underlying trust that they are solely to blame can quickly turn a "#MeToo" declaration into a "Why Me?" shameful secret. #MeToo: 101 will deconstruct PTSD by utilizing a top-down strategy that begins with the concept of post trauma as a disorder. Once the factors contributing to disordered states have been identified and defined, a preemptive model will then be reconstructed, designed to teach children and adolescents – at the onset of trauma – how to address and manage the specific factors most difficult to overcome. By doing so, the shame, blame, and guilt influencing "Why me?" will be kept in the baggage on the side of the road instead of on the backs of our children and adolescents.

This workshop will provide professionals, who work with children and adolescents, new treatment tools designed to preemptively address and treat trauma. Through the use of theory and practice, a new lens of trauma-informed care will identify preemptive strategies in which to facilitate successful management of trauma and post-trauma. Participants will be introduced to a simplified breakdown of current theoretical models of PTSD and encouraged to compare/contrast current models with a new lens of trauma-informed care.

Tracks: Strengthening Families and Children; Trauma Informed Care; Commercial Sexual Exploitation of Children

WORKSHOPS

SESSION A

WEDNESDAY / 10:45 a.m. - 12:00 p.m.

WORKSHOP TRACKS:

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- Self Help



A-8

**ROOM
TBA**

Supporting Child Care Providers to Understand, Recognize, and Respond to Children Who Have Experienced Trauma

Marlissa House, *Occupational Therapy Student, Department of Occupational Therapy, Loma Linda University*
Marleen Juarez, *Occupational Therapy Student, Department of Occupational Therapy, Loma Linda University*
Casey Mamora, *Occupational Therapy Student, Department of Occupational Therapy, Loma Linda University*

Child care providers have the opportunity to identify and help children who may be demonstrating early emotional or behavioral problems due to trauma. Yet most report feeling ill-equipped. Using a Trauma-Informed Care approach, occupational therapists can address the child's needs by creating activities to promote development. Further, occupational therapists can support child care providers to create an inclusive environment and facilitate engagement of children who have experienced trauma.

Tracks: Strengthening Families and Children; Trauma Informed Care

WORKSHOPS

SESSION B

WEDNESDAY / 2:45 p.m. - 4:00 p.m.

B-1

**ROOM
TBA**

Neurofeedback A Tool for Positive Change—Part 2

Connie McReynolds, Ph.D., *Director of Institute for Research, Assessment & Professional Development, Cal State University, San Bernardino*

Train your attention, decrease anxiety or depression, alleviate chronic pain, lessen behaviors that interfere with living your best life. Neurofeedback is an effective, drug-free, painless process in which the child/adult learns to re-train the attention mechanisms of their brain, alleviating the condition. Neurofeedback challenges the brain to better function. This powerful brain-based technique has been successfully helping people around the world for more than 30 years. It is a non-invasive process with positive results for a multitude of symptoms. Numerous research articles exist discussing the effectiveness of neurofeedback in helping adults and children with a wide variety of symptoms such as: Academic-Cognitive Enhancement, ADHD, Anger, Anxiety, Conduct Disorder, Depression, Learning Disabilities, Obsessive Compulsive Disorder, Pain / Headaches, Trauma, Sleep Disorders, and other limiting conditions.

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Tracks: Strengthening Families and Children

WORKSHOPS

SESSION B

WEDNESDAY / 2:45 p.m. - 4:00 p.m.

WORKSHOP TRACKS:

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B-2

ROOM

TBA

The Hip-Hop Shop

Edwin Johnson, CEO and Founder, CHORDS Enrichment Youth Program

Jaylen White, CHORDS Youth, CHORDS Enrichment Youth Program

Tyree Willis, CHORDS Youth, CHORDS Enrichment Youth Program

C.H.O.R.D.S Enrichment Youth Program's "Hip-Hop Shop" is a Science, Technology, Engineering, Art and Math (S.T.E.A.M) based project. This project is a full school year and it includes various S.T.E.M related sessions. Educators and industry professionals facilitate these workshops. The HHS teaches creative writing, critical thinking, bullying prevention, and conflict resolution strategies using modern technology such as music engineering, DJ-ing, photography and music production.

Tracks: Education

B-3

ROOM

TBA

More Than Race: The Endless Journey Toward Cultural Competency & Humility!

Jamie Velazquez, PhD, Director of staff Development, Crittenton Services for Children and Families

CaMesha Reece, SPHR, HR Consultant, Crittenton Services for Children and Families

Through discussion, activities, and reflection, this workshop will promote HONEST conversations about diversity, inclusion, and belonging. These conversations about cultural competency hope to serve as a catalyst to create/enhance trainings/workshops as attendees will gain tools to use for their own staff/students at their various organizations.

This workshop moves the cultural competency and humility conversation forward through the use of activities and the creation of brave spaces. By engaging in difficult conversations, while also examining the fears about those conversations, we will discuss societal and personal expectations (biases). At the conclusion of this presentation, participants will be able to explain the variety of cultures or identities, that include much more than race - gender identity, gender expression, sexual orientation, age, socioeconomic status, etc. - and how those cultures interact together (intersectionality). We will analyze how culture is taught and/or communicated and reinforced, how to challenge often-unquestioned hegemonic truths, and role model activities and techniques to apply in a Cultural Competency and Humility training with other groups.

Tracks: Education; Culturally Sensitive Issues

B-4

ROOM

TBA

The Continuum of Financial Support

Angie Schwartz, Policy Director, Alliance for Children's Rights

Elise Weinberg, Policy Attorney, Alliance for Children's Rights

This workshop will focus on financial supports available to support children in foster care and is designed for attorneys, social workers, and agency personnel who work with children and families throughout the foster care system, including those in foster care, in legal guardianship, and in adoption out of foster care. California is in the midst of adopting a brand new rate structure to support children in foster care. This session will discuss the new rate structure, including implementation of Intensive Services Foster Care, and it will cover best practices to ensure funding is received as soon as possible when a child is placed on an emergency basis, including how child welfare agencies can utilize discretionary funds from the state called Foster Parent Recruitment and Retention Support (FPRRS) to support family placements. We will also have a detailed discussion of supplemental rates to support children with additional needs including the infant supplement, dual agency rate, and specialized care rates.

This workshop provides participants information regarding financial support for children in foster care, and how the Continuum of Care Reform (CCR) affects the foster care rate structure. Participants will be able to describe the array of financial benefits available to families and relative caregivers involved in foster care, and determine eligibility components. Participants will also identify best practices to ensure families have access to financial support.

Tracks: Strengthening Families and Children

WORKSHOPS

SESSION B

WEDNESDAY / 2:45 p.m. - 4:00 p.m.

WORKSHOP TRACKS:

- Strengthening Families and Children
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B-5

ROOM
TBA

Human Trafficking 101

Debbie Martis, *Founder and CEO, Rebirth Homes*

Many do not realize that human trafficking occurs in our own communities. With 1,305 reported cases in California in 2017, it has the highest number of reported cases in the United States and is considered a destination state by traffickers (Polaris Project, 2017). Human Trafficking is a 32 billion dollar industry taking women, men, and children as its victims. Due to the low risk, and high demand of the industry, human trafficking continues to grow in the United States. Many factors make children and adults vulnerable to human trafficking. Most of the human trafficking victims in the world are female and under the age of 18. According to the Polaris Project, 49% of sex trafficking victims are 12 to 17 years old. The Human Trafficking 101 workshop encompasses a basic overview of human trafficking providing participants with knowledge on what human trafficking is, how it occurs, the terminology and tactics used by traffickers, who is most vulnerable, and what can be done. To ultimately solve the human trafficking issue, it is essential that our communities join together to take action. This workshop is intended to educate service providers, community members, and similar organizations on the issue that is happening in our communities so we can help those who are most vulnerable and put an end to human trafficking.

Tracks: Commercial Sexual Exploitation of Children; Culturally Sensitive Issues

B-6

ROOM
TBA

How Parental Trauma Affects Parenting

Sue Konkelt-White, *LMFT, Christian Counseling Services*

Sharon Mellor, *LCSW, Christian Counseling Services*

This workshop will explore how parental trauma affects parenting. Trauma can be defined as a single traumatic incident or repeated and prolonged exposure to traumatic experiences that have a pervasive effect on one's memory, regulating emotions, and sense of self. For young children, having feelings validated helps develop the child's mind and sense of him/herself. This is an interactive form of regulation where the parent is the thermostat with the capacity to hold the child's mind in mind. When a parent tries to parent from a sense of self-preservation, the parent cannot promote security in the child. The parents' behavior will expose a fight/fright/freeze response or a flight-frightened behavior in the child. The parent often misattributes the intentions of the child as the parent looks at it through the eyes of their own trauma thinking, "This is a manipulative child." How does one go about changing one's responses as a parent and turning around generations of dysfunctional patterns? We will be talking about a parent's "mentalizing capacity or mindsight." As we develop our capacity for mentalizing, we can understand our child's behavior in terms of their development, have empathy, and respond verbally and emotionally acknowledging the child's experience. We can accept the child's feeling but placing limits on the behavior, which helps the child to manage difficult emotions. All this, while managing our own thoughts and feelings as a parent, not allowing them to overflow into the situation at hand. It is a sort of mindfulness, to be present with the experience with the child, while being aware of your own thoughts and feelings.

This course is designed for professional growth for educators, counselors, caseworkers, and other caring persons who work with families to expand their knowledge on how parental trauma affects parenting and disrupts attachment with children through misattunement. Participants will increase practical knowledge in supporting parents with trauma histories, and be able to 1) Identify how attunement is critical to attachment and wellbeing in children and specific ways in which trauma hijacks the brain and disrupts the attachment 2) Be able to explain the reciprocal patterns of interaction with parents and children as each is triggered by the other 3) Identify specific tools and possible interventions to use in therapy and case work with parents with trauma histories.

Tracks: Trauma Informed Care; Strengthening Families and Children

WORKSHOPS

SESSION B

WEDNESDAY / 2:45 p.m. - 4:00 p.m.

WORKSHOP TRACKS:

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B-7 ROOM TBA

Special Education and Behavior Issues: Public School Obligations to Address Behavior Issues Through the IEP Process

Sarah M. Gross, Esq., *Special Education Attorney, Rivers Law, Inc*

Many children who have significant behavioral challenges do not receive the support they need at school. First, this workshop will educate attendees about the fundamentals of special education law, from initial evaluation and identification, to IEP development. Secondly, it will educate attendees about public school districts' legal requirements to provide assessments and services to address behavior issues and the protections against suspensions and expulsions that are available to students with disabilities under special education law.

This workshop provides professionals who work with families that have children who have, or may have a disability, a thorough understanding about the fundamentals of special education law, what supports are available, and specifically, how the law requires public schools to address behavioral concerns. Following the presentation, participants will be able to draft a request for a special education assessment, apply legal standards regarding when functional behavior assessments are required, allowable suspensions for students with disabilities per year, physical restraint limitations, and protocol school district staff must follow when restraint is used. Participants will be able to advocate for clients, and/or assist parents with referrals for assessments, and analyze what to expect from assessments, and Individualized Education Plan (IEP) meetings.

Tracks: Education; Strengthening Families and Children

B-8 ROOM TBA

How Do I Prevent Behaviors in the Classroom?

Jessica Peters, *Professional Development Specialist, Lakeshore Learning*

Disruptive behaviors occur in every early childhood classroom. They can create a stressful environment for both staff and students and impact one day or an entire school year. This workshop will look at some strategies staff can use to prevent behaviors from occurring so they are spending their time being more intentional rather than reactive.

Tracks: Education

B-9 ROOM TBA

Maternal Mental Health Care in a Hospital Setting

Kendra Flores-Carter, DSW, *Co-Chair of the Inland Empire Maternal Mental Health Collaborative/California Baptist University Assistant Professor*

Brenna Leslie, MS, *Associate Marriage and Family Therapist, Valley Star Community Services*

Amy Larsen, RN, MSN, IBCLC, *Riverside County Public Health Nursing/Maternal Child Health*

This workshop will build upon the existing research and discuss the impact of maternal mental health improvements within the hospital setting. Positive results from study done within the hospital setting indicated that providing education specifically on postpartum depression increases knowledge on subject matter and provides more awareness to women about the importance of seeking mental health services. Due to the gaps in services available to those experiencing maternal mental health concerns there is a substantial need for primary care settings such as hospitals to significantly improve, provide adequate support, education, and resources to mothers experiencing maternal mental health concerns. Providing services and support in a primary care setting could influence women to seek help when they experience symptoms of a maternal mental health concern or crisis.

This workshop will provide participants an opportunity to explore and implement interventions related to improving maternal mental health care in a hospital setting. This course explores the clinical interventions implemented within a public hospital setting to help improve maternal mental health care and wellness for the maternal child department. At the conclusion of this presentation, participants will be able to define and describe maternal mental health disorders and clinical implications, discuss and utilize maternal mental health screening procedures and tools, and finally be informed on maternal mental health best direct patient care practices in hospital protocols and program implementation.

Tracks: Strengthening Families and Children

WORKSHOPS

SESSION C

THURSDAY / 10:45 a.m. - 12:00 p.m.

WORKSHOP TRACKS:

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C-1 ROOM TBA

The Hip-Hop Shop

Edwin Johnson, CEO and Founder, CHORDS Enrichment Youth Program

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C.H.O.R.D.S Enrichment Youth Program's "Hip-Hop Shop" is a Science, Technology, Engineering, Art and Math (S.T.E.A.M) based project. This project is a full school year and it includes various S.T.E.M related sessions. Educators and industry professionals facilitate these workshops. The HHS teaches creative writing, critical thinking, bullying prevention, and conflict resolution strategies using modern technology such as music engineering, DJ-ing, photography and music production.

Tracks: Education

C-2 ROOM TBA

Can it Happen to Us? How to Address the School Shooting Epidemic

Heather Hammond-Williams, Associate Professor and Parent Educator, Infant-Toddler Success Parenting Project, Cal State University, San Bernardino

Alycia Granado, Program Coordinator and Parent Educator, Infant-Toddler Success Parenting Project, Cal State University, San Bernardino

The presentation will address attendees with the progression of antisocial behaviors that can be linked to violence. The common links that bullying behaviors can attribute to children involved in school shootings will be addressed. Attendees will practice implementing effective strategies of incidences of bullying, children exposed to school shootings, and techniques used in the aftermath of school violence. The goal is to provide attendees additional skills in working with children and their families regarding issues of bullying to help prevent violence in schools and when violence does occur then provide additional strategies to help children cope with the tragedy. This will help educators, professionals, and families gain understanding of the school shooting epidemic and steps to prevent and tools to help through this increasingly common challenge.

This workshop provides attendees with strategies for effectively managing incidents of bullying, children's exposure to school shootings, and the aftermath of violence among educators, professionals, and families. This workshop helps participants to identify progression of aggression, psychopathology of antisocial behaviors, the risk factors of children committing violence and mass/school shootings, and successful techniques with children that have been victims of bullying or displaying bullying behaviors.

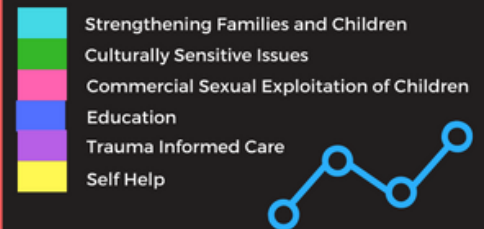
Tracks: Culturally Sensitive Issues; Strengthening Families and Children; Trauma Informed Care; Education

WORKSHOPS

SESSION C

THURSDAY / 10:45 a.m. - 12:00 p.m.

WORKSHOP TRACKS:



C-3

**ROOM
TBA**

Rape Trauma: Aftermath

Cassandra Black, Client Services Supervisors, San Bernardino Sexual Assault Services

Given the secrecy, brutality and inconceivable experiences among sexually abused, exploited and sex trafficked victims there is lack of knowledge on how best to effectively engage and provide services to meet the unique needs. This is an introductory presentation offering an understanding of rape trauma aftermath from rape victimization. We will look at various rape experiences, child sexual abuse, sexual exploitation and sex trafficking. Content includes identifying rape trauma phases, behavioral indicators of child trafficking victimization and ways to break down barriers of distrust. The intent is to enhance awareness & sensitivity of compounding trauma, acknowledge challenges and propose some effective counseling techniques and support. This is a Power Point presentation including input and real stories from those traumatized by rape. It is ideal for counselors, advocates, social workers, caregivers, students and anyone who come in contact with victims and survivors of rape.

This presentation will identify rape trauma phases, behavioral indicators, risks of re-victimization and describe the needs of impending healing. It will apply findings, procedures, practices, and theoretical concepts by acknowledging the physical, behavioral, and emotional effects caused by Rape Trauma Syndrome and provide effective approaches to support the client. Participants will be able to increase the likelihood of the client continuing services to reach a healthy level of independence and empowerment through initial rapport building, proven counseling techniques and team support development. Participants will be able to utilize effective strategies for the supportive care of clients victimized by sexual violence, access change in the client's emotional and behavioral responses, and apply appropriate competencies that are sensitive to the nature of the sexual abuse and integration of external services.

Tracks: Trauma Informed Care; Commercial Sexual Exploitation of Children

C-4

**ROOM
TBA**

24/7 Dad Fathering Program: An Effective Parenting Program Developed for Dads

Ryan Berryman, MSW, Executive Director, San Bernardino Fatherhood

Fathering and parenting is an experience often incomparable in the lives of many adults and children. It can be the pinnacle of happiness, growth and satisfaction, as well as the pit of despair, stagnation and discontentment. At the very least, being a father and parent to children is challenging. 24/7 Dad is an evidence-based program used by thousands of organizations across the nation to develop pro-fathering knowledge, attitudes, and skills of all dads. The program is built on the basis that fathers can be nurturers, and for men, nurturing is a learned skill. During the program, men examine their developmental history, learn the five (5) characteristics of a 24/7 Dad, and other important skills, such as; working with mom, proper child discipline, and balancing work and family to help them be the best dads they can be.

Tracks: Strengthening Families and Children

C-5

**ROOM
TBA**

Latest Trends Among the Young

Clark Morrow, San Bernardino County Sheriff's Department, Public Affairs Division

This is the one presentation adults need to see most. There are thousands of ways young people today can get into trouble, and they seem to be taking advantage of all of them. Plus, those methods of self-endangerment seem to change daily. In this 70-minute-long PowerPoint slideshow, you will gain a bird's eye view of the world of juvenile mischief and mayhem in the 21st century: everything from social media misdoings, to the latest fads in self-intoxication, to how adolescents are taking the world's oldest profession onto school campuses, to how gangs and gang tactics are morphing before our very eyes. Unless you are on the front lines of law enforcement, you will be shocked and surprised by what the little ones are up to – often right under the noses of their parents and teachers.

Tracks: Strengthening Families and Children; Commercial Sexual Exploitation of Children

WORKSHOPS

SESSION C

THURSDAY / 10:45 a.m. - 12:00 p.m.

WORKSHOP TRACKS:

- Strengthening Families and Children
- Culturally Sensitive Issues
- Commercial Sexual Exploitation of Children
- Education
- Trauma Informed Care
- Self Help



C-6

**ROOM
TBA**

Foundation for Early Literacy

Kimberly White, MA, *Permit Teacher, Allred Child Development Center, SBCUSD*

Learning to read and write is an exciting adventure for a young child. This adventure can begin in infancy and last a lifetime. Literacy is a vital part of a child's success now and in the future as an adult, which is why a literacy learning center is a must-have for preschool classrooms and child care facilities. Literacy centers help ensure that children have access to a variety of books and literacy tools to practice reading and writing and increase their vocabulary and comprehension skills. Reading also sparks children's imaginations and helps them learn about the world around them. Literacy means being able to read and write. For literacy to emerge, children need to be exposed to a language rich environment. This environment needs to provide opportunities for the children to directly participate in literacy activities which are risk free and stimulating. Children's experiences with speaking, listening, reading and writing in the preschool years lay the groundwork for reading success in elementary school. Children begin establishing the building blocks for successful literacy in early infancy. They build on these and other key foundational skills to acquire school age literacy skills. Children learn best through active, hands-on play.

Tracks: Strengthening Families and Children; Education

C-7

**ROOM
TBA**

Developing Cultural Competency and Equity in Human Services

Lesford Duncan, MPH, *Cultural Competency Officer, San Bernardino County Department of Behavioral Health*

The cultures and demographics of our community is ever changing and evolving, and so should our services to meet its needs. Cultural competency, and more importantly cultural humility, is a goal that service-providing agencies should strive towards in our effort to develop equity in services and outcomes. The presenter will provide examples of how San Bernardino County Department of Behavioral Health have employed these techniques to achieve better outcomes for the consumers they serve.

This presentation will provide a practical framework and techniques for applying key tenets of cultural competency to an organization or system of care. Participants will be introduced to the National CLAS Standards developed by the U.S. Department of Health and Human Services Office of Minority Health to advance health equity, improve quality, and help eliminate health care disparities. Participants will be able to define "Culture," "Race," and "Ethnicity," describe changing demographics of San Bernardino County and how Human Services (HS) can adapt to best serve our region, and why cultural competency, and cultural humility are necessary in HS, and finally, how San Bernardino County Department of Behavioral Health works to build health equity across its system of care.

Tracks: Culturally Sensitive Issues

C-8

**ROOM
TBA**

Mentoring Models that Work

Cesar Navarrete, C.A.S.A. of San Bernardino County Executive Director

Jennifer O'Farrell, Executive Director, Big Brothers Big Sisters of the Inland Empire

Doreen Ivery, Mentoring Resource Specialist, Children's Network

Be an active participant towards the solution to break cycles of poverty, the chains of slavery from gang and exploitation and offer a child a chance for a bright future. The child mentoring movement has its roots in the late 19th century and remains one of the most relevant responses to bringing hope and increasing the quality of life for the most vulnerable in our community – children. This session will discuss how mentoring can be a vehicle for prevention and intervention for children facing adversity.

Tracks: Strengthening Families and Children

WORKSHOPS

SESSION D

THURSDAY / 2:45 p.m. - 4:00 p.m.

WORKSHOP TRACKS:

- Strengthening Families and Children
- Culturally Sensitive Issues
- Commercial Sexual Exploitation of Children
- Education
- Trauma Informed Care
- Self Help



D-1

ROOM
TBA

Unique Considerations for Working with LGBTQ CSEC Survivors

Ami Davis, *LGBTQ Specialist*

This workshop will move from LGBTQ language and concepts education to unique barriers to service for LGBTQ folks; considerations that may lead to higher rates of victimization; how to intervene and create strong relationships to serve, and open Q & A, case consultations. LGBTQ populations face unique hardships and due to historically marginalization, may be distrusting of systems and people meant to protect them. This workshop will help participants to know more about LGBTQ populations, understand and identify those barriers, and appropriately engage to increase likelihood of healing..

Tracks: Culturally Sensitive Issues; Commercial Sexual Exploitation of Children

D-2

ROOM
TBA

Sweet Safety

Martha Nix Wade, MA, *Founder and Executive Director, A Quarter Blue*
Elizabeth Rivas, LMFT, *A Quarter Blue*

How can 16 candies help protect children? Sweet Safety offers a unique approach to equipping and empowering children so that they are protected from various crimes, especially sexual abuse. Participants will learn how to effectively educate children and parents utilizing various candies. While conquering a sometimes uncomfortable subject this curriculum will help make it much more rewarding to have open and honest conversations while empowering children.

Tracks: Strengthening Families and Children; Commercial Sexual Exploitation of Children

D-3

ROOM
TBA

Locked up: Opening the Door to Helping Children and Families Affected by Incarceration

Heather Hammond-Williams, *Associate Professor and Parent Educator, Infant-Toddler Success Parenting Project, Cal State University, San Bernardino*
Alycia Granado, *Program Coordinator and Parent Educator, Infant-Toddler Success Parenting Project, Cal State University, San Bernardino*

This workshop will address how incarceration affects children and the entire family in which affects educators. Presenter will demonstrate a "Toolbox" activity of current communication styles and provide strategies in managing cultural conflicts in order to create a partnership with families. The common mishaps that educators make interacting with incarcerated families will be addressed. The focus of the presentation will be effective strategies when working with incarcerated families and address common issues. Attendees will be implementing these strategies by participating in a mock parent/teacher-educator interaction. Attendees will learn additional skills in working with families of incarceration while incorporating sensitive communication strategies & perspectives. This will strengthen their relationships with families/students/clients/children and improve overall development for children.

This workshop will provide professionals with strategies for effectively working with children and families affected by incarceration. This presentation will discuss incarceration statistics, research, and programs for parents of incarceration. Participants will be able to list common pitfalls educators and professionals encounter when interacting with families affected by incarceration (miscommunication), they will be able to apply successful techniques when working with children that have an incarcerated parent (family member) and develop more effective interaction styles with families affected by incarceration, and finally be able to demonstrate successful strategies in managing interactions with children and family members amongst educators.

Tracks: Culturally Sensitive Issues; Commercial Sexual Exploitation of Children

D-4

ROOM
TBA

Understanding the CSEC Population

Kara Rooney, *Empowerment Advocate, The Open Door, Family Assistance Program*

Due to the growing number of commercially sexually exploited children in San Bernardino County, The Family Assistance Program/The Open Door has work hard on the front lines to assist victims. Our presentation will cover identification, Victimization, and how to work with this population successfully.

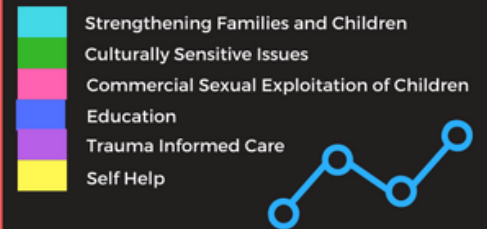
Tracks: Commercial Sexual Exploitation of Children

WORKSHOPS

SESSION D

THURSDAY / 2:45 p.m. - 4:00 p.m.

WORKSHOP TRACKS:



D-5

**ROOM
TBA**

Good Grief: Understanding Grief and Loss

Luis A. Mitchell, *Social Service Practitioner, Children and Family Services*

Renae DeVold, *Senior Social Service Practitioner, Children and Family Services*

The purpose of the workshop is to help raise awareness and understanding of grief and loss and the healing nature of its techniques for children, adults, and their families. Although, not all individuals will require bereavement services, some will need interventions. Loss is a natural part of life and it can be expected for a person to experience grief. Come learn about what is grief, theories of grief and loss, types of losses, and how to support.

Tracks: Trauma Informed Care; Self Help; Strengthening Families and Children

D-6

**ROOM
TBA**

Why Do We Bang? What's in the Heart of a Gang Member?

Terrance Stone, *CEO, Young Visionaries Youth Leadership Academy*

"Why Do We Bang" is Gang Bang 101 at its finest dealing with the heart and mind of youth in gangs or at risk of joining. "Why Do We Bang" will look at piece by piece the concept of Prevention, Intervention and Suppression and take you one step further. The presentation will also look at, "The Stone Theory on Gang Relationships, Memberships and Exit Strategies" dealing with it in 5 steps. Fascination, Infatuation, Dedication, Separation and last but certainly not least the Exit Strategy with this presentation you will understand your role as a youth worker and destructive life style deterrence for the youth and community you serve.

Tracks: Culturally Sensitive Issues; Strengthening Families and Children

D-7

**ROOM
TBA**

Helping the Traumatized Child Heal: Interventions for the Academic Setting

Jessica Oakes, *MS, LMFT, PPS, Credentialed School Psychologist, Hemet Unified School District*

According to the National Child Traumatic Stress Network, 1 out of every 4 children attending school has been exposed to a traumatic event that can affect learning and/or behavior. This presentation will provide an overview of childhood trauma, the impact trauma can have on the child in the academic setting, different trauma informed interventions educators can utilize in the classroom and school wide, and the importance developing positive, intentional relationships to aid in the healing process.

Tracks: Education; Trauma Informed Care; Commercial Sexual Exploitation of Children

D-8

**ROOM
TBA**

Successful Interprofessional Practice (IPP) in Early Intervention (EI)

CANCELED

CEU INFORMATION

As of July 16, 2018, these are the workshops that have qualified for CEU's.
More information will be added as we receive it.

LCSW/LMFT

- A-1: Neurofeedback: A Tool for Positive Change--Part 1
- A-3: Reading in a Digital World
- A-7: #MeToo: 101
- B-1: Neurofeedback: A Tool for Positive Change--Part 2
- B-3: More than Race...The Endless Journey Toward Cultural Competency & Humility
- B-4: The Continuum of Financial Support
- B-6: How Parental Trauma Affects Parenting
- B-7: Special Education and Behavior Issues: Public School Obligations to Address Behavior Issues through the IEP Process
- B-9: Maternal Mental Health Care in a Hospital Setting
- C-2: Can It Happen to Us? How to Address the School-Shooting Epidemic
- C-3: Rape Trauma: Aftermath
- C-7: Developing Cultural Competency and Equity in Human Services
- D-3: Locked Up: Opening the Door to Helping Children and Families Affected by Incarceration

Each approved workshop meets qualifications for 1.25 hours of continuing education credit(s) for MFTs, LCSWs, LEPS, and/or LPCCs as required by the California Board of Behavioral Sciences. Performance, Education & Resource Centers (PERC) is approved by the California Association of Marriage and Family Therapists (CAMFT) to sponsor continuing education for MFTs, LCSWs, LEPS, and/or LPCCs. PERC maintains responsibility for an approved workshop and its content. PERC provider license number is 136346. There is no charge for continuing education credit(s).

Licensees (MFTs, LCSWs, LEPS and/or LPCCs) MUST sign-in at the PERC registration station prior to attending a Continuing Education (CE) approved workshop, complete and submit the CE Evaluation Survey, AND sign-out to obtain a CE Completion Certificate.

If you have a complaint or a grievance, please contact Children's Network at (909) 383-9657

CEU INFORMATION

As of July 16, 2018, these are the workshops that have qualified for CEU's.
More information will be added as we receive it.

CULTURAL COMPETENCY HOURS

- A-2: Unique Considerations for Working with LGBTQ CSEC Survivors
- A-4: 30 Years in Children's Mental Health; Where Are We and Where Do We Go From Here
- A-5: Trends or Threats
- B-2: The Hip Hop Shop
- B-3: More than Race...The Endless Journey Toward Cultural Competency & Humility!
- B-5: Human Trafficking 101
- B-7: Special Education and Behavior Issues: Public School Obligations to Address Behavior Issues Through the IEP Process
- B-9: Maternal Mental Health Care in a Hospital Setting
- C-1: The Hip Hop Shop
- C-3: Rape Trauma: Aftermath
- C-7: Developing Cultural Competency and Equity in Human Services
- D-1: Unique Considerations for Working with LGBTQ CSEC Survivors
- D-3: Locked Up: Opening the Door to Helping Children and Families Affected by Incarceration
- D-4: Understanding the CSEC Population

CEU INFORMATION

As of July 16, 2018, these are the workshops that have qualified for CEU's.
More information will be added as we receive it.

NURSING HOURS

- A-1: Neurofeedback: A Tool for Positive Change--Part 1
- A-2: Unique Considerations for Working with LGBTQ CSEC Survivors
- A-3: Reading in a Digital World
- A-4: Thirty Years in Children's Mental Health; where are we and where do we go from here...
- A-5: Trends or Threats
- A-7: #MeToo: 101
- B-1: Neurofeedback: A Tool for Positive Change--Part 2
- B-3: More than Race...The Endless Journey Toward Cultural Competency & Humility!
- B-4: The Continuum of Financial Support
- B-5: Human Trafficking 101
- B-6: How Parental Trauma Affects Parenting
- B-7: Special Education and Behavior Issues: Public School Obligations to Address Behavior Issues through the IEP Process
- B-9: Maternal Mental Health Care in a Hospital Setting
- C-2: Can It Happen to Us? How to Address the School-Shooting Epidemic
- C-3: Rape Trauma: Aftermath
- C-6: Foundation for Early Literacy
- C-7: Developing Cultural Competency and Equity in Human Services
- A-2: Unique Considerations for Working with LGBTQ CSEC Survivors
- D-2: Sweet Safety
- D-3: Locked up: Opening the Door to Helping Children and Families Affected by Incarceration
- D-4: Understanding the CSEC Population
- D-5: Good Grief: Understanding Grief and Loss
- D-7: Helping the Traumatized Child Heal: Interventions for the Academic Setting