

POST ADOPTION SERVICES

# *Resource Guide*

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2018–2019 Edition, Volume 12

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**21 Years of Adoption Finalization Events**

*Family – Our Treasure Forever*







## Children and Family Services

**Marlene Hagen**  
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### *A message from San Bernardino County Children and Family Services*

Dear Adoptive Families,

On behalf of San Bernardino County Children and Family Services, we would like to thank you for your decision and commitment to build your family through adoption. We realize the decision to adopt is not one taken lightly, and we commend your commitment to formalize your relationship as parents with your child.

Raising children into adulthood is both a joy and a challenge, no matter how a family is created. We developed this **Post Adoption Services Resource Guide** to provide guidance and assistance to you after your adoption is finalized. You may have questions regarding:

- Adoption Assistance Payment
- Legal processes, or
- Therapeutic resources

This book will help you find those answers or identify the people who can provide you with the support needed. We will be updating this resource annually, but we also realize service providers can change. If you find a service provider listed here is no longer available to provide services, or if you know of a service provider that was especially helpful, please let us know! Your valuable feedback will help other adoptive families in the future.

We have many children, from babies to teenagers, in our care who are not able to safely return home. It is very exciting to know so many families in our community are willing to give their love to our kids by making them a part of their family through the life-long commitment of adoption.

Our **Post Adoption Services** phone number is **909-891-3300**. Please remember our staff is available to help with any questions or guidance you may need.

Sincerely,

A handwritten signature in black ink that reads "Marlene Hagen".

Marlene Hagen

Director

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# *Introduction*



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# *Introduction*

Congratulations! If you are reading this resource guide, chances are that you have weathered some of the emotional highs and lows of the adoption process and have succeeded in adding to your family with the help of San Bernardino County Children & Family Services (CFS).

Children and Family Services realizes that adoption is a lifelong process filled with joys and challenges. In addition to your personal reserves of love, patience and understanding, it is likely that you may need additional help at some time or another.

This is why a special program was created to serve families built through adoption with CFS. The Post Adoption Services Program provides support for families long after the adoption finalizes.

This resource guide informs you about Children and Family Services' Post Adoption Services. It also explains benefits available through the federal Adoption Assistance Program and the State Medi-Cal program.

Finally, this guide directs you to resources that provide services to children and families, especially those built through adoption.



# Post Adoption Services



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# Post Adoption Services Overview

Adoption is a lifelong process that changes the lives of everyone involved. Post Adoption Services (PAS) workers are available to all San Bernardino County Children & Family Services adoptive families after the finalization of their adoption. PAS social workers provide support to all members of the adoption triad: adoptees, adoptive families and birth families. PAS workers also provide information on the following:

- Community resources
- Recent literature about adoption
- Medical resources & Medi-Cal
- Advocacy resources
- Crisis counseling resources
- Mental health resources
- Assistance to adoptive families experiencing adoption-related crises
- Adoption Assistance Program (AAP)
- Supplemental Security Income (SSI) referrals
- Information regarding applying for financial aid for college



**The PAS Worker can also:**

- Provide non-identifying information about the adoptive family to birth families when agreed upon by both parties
- Help adoptive families with Adoption Assistance Program (AAP) reassessments for adjustments to their AAP benefits
- Assist Native American adoptees with tribal enrollment
- Arrange reunions between “consenting” adoptees age 18 and older with consenting birth family members.

There are no fees for Post Adoption Services, however agencies referred to may charge for their services.



## SERVICES OFFERED

### Information Services

San Bernardino County Children and Family Services has been providing adoption services since 1951, and every adoption case processed since then is permanently stored. Adoptees may call Post Adoptive Services to get their birth family history anytime in their lives. If consents are signed by all applicable parties, identifying information can be provided. If consents are not signed, no specific identifying information can be given, but the PAS worker can provide non-identifying information such as the adoptee's birth information, a physical description of the birth parents, the birth parent's medical history and the circumstances of the decision for adoption. Birth families can also contact Post Adoption Services to add information to their files such as photographs, medical histories and even letters addressed to their birth child.



## Reunions

Post Adoption Services also facilitate reunions between adoptees and birth families. Birth parents or siblings who want to be contacted by the adoptee can sign a consent for contact (for birth parents) or waiver of confidentiality (for siblings). The consents will be filed in the case file in the event the adoptee contacts Post Adoptive Services in the future and wants to have a reunion with the birth family. The reunion between the adoptee and the birth parent or birth sibling can only be arranged if both parties have a consent on file.

When an adoptee is 18 years old, he/she can also sign a consent for contact. This gives Post Adoptive Services permission to arrange a meeting (if one is requested) between the adoptee and the birth parents.

If the birth sibling is signing the consent, he/she must also be at least 18.

In addition, if the sibling was raised by the birth parents, the parents must also consent before the reunion between the siblings can take place.

Consents for contact and waivers of confidentiality must be signed in the presence of a notary or a representative of a licensed or County adoption agency.

## Native American Tribal Enrollment

Licensed or County adoption agencies must assist adult adoptees of Native American heritage with enrollment into their tribe. When an adult adoptee requests help with tribal enrollment, the PAS social worker gets information from the adoption case record and sends it to the appropriate tribal enrollment office. If enrollment is authorized by the tribe, the tribe will send the adoptee a certificate of enrollment.



# Adoption Assistance Program (AAP) & Medi-Cal



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# *Adoption Assistance Program & Medi-Cal*

## **Adoption Assistance Program (AAP)**

The Adoption Assistance Program (AAP) is a federal program of financial assistance for adoptive children. Most adopted children who were dependents of the court qualify for AAP benefits.

The adoptive child is eligible to receive AAP until age 18. Under certain circumstances AAP benefits may be extended beyond age 18 to 21. You may call a PAS worker for further details. AAP will also pay for up to eighteen months in a licensed residential treatment facility if the child meets certain criteria and the parents participate in the program.

The PAS social worker assists families that are requesting an increase or a specialized Adoption Assistance benefit rate for their child. Specialized rates or increases require documentationsuchasmedicalorprofessionalassessment/diagnosis,orotherverifications of need. The PAS social worker informs the family of the type of documentation needed and prepares the case for administrative review for possible increases.

For assistance with Medi-Cal, call your eligibility worker. For assistance with AAP, call (909) 891-3300 for a PAS worker.



## **AAP Grievance Procedure and State Hearings**

If an adoptive family disagrees with the determined AAP benefit amount, they may contest the decision or apply for a state hearing.

The family should first discuss the issue with their child's CFS Adoption social worker (prior to adoption finalization), or Post Adoption Services worker (if the adoption is final). If an agreement is not reached, the social worker will consult with their supervisor. If the situation remains unresolved, the supervisor will then consult with the Child Welfare Services Manager (CWSM). If the request is denied by the CWSM, the family will receive a Notice of Action to confirm the denial by mail. Information about the right to appeal a decision is on the back of the Notice of Action.

The Notice of Action explains the reason behind the decision. If the family is dissatisfied, they may request a state hearing. The back of the Notice of Action explains how to ask for a state hearing. The request for the state hearing must be made within 90 days, starting the day after the county gave or mailed you a Notice of Action.



## Medi-Cal

All children who qualify for AAP benefits are also eligible for health care services through the Medi-Cal program. Not all doctors or medical providers accept Medi-Cal, but there are physicians and medical providers in every community that do. Medi-Cal can also be used for out-patient or in-patient mental health services, if necessary.

Although it is not mandatory, adoptive parents may also choose to enroll the child in a Medi-Cal Managed Care. If they do so, it is important for adoptive parents to choose a plan that can meet their child's physical and mental health needs. The family can consult with their social worker, PAS social worker and eligibility worker as to the advantages and disadvantages of a Medi-Cal Managed Care enrollment. If the adoptive family has private medical insurance, the child is enrolled in the family's insurance and Medi-Cal is billed as the secondary provider.

If the family decides to move out of state, they are advised to contact their assigned eligibility worker as soon as possible. The eligibility worker will provide information regarding federal or non-federal eligibility. If they are not eligible to receive Medicaid benefits, Post Adoption Services will assist the family in obtaining medical coverage for the child in the new state. The family may also consider enrolling the child in a private insurance plan.

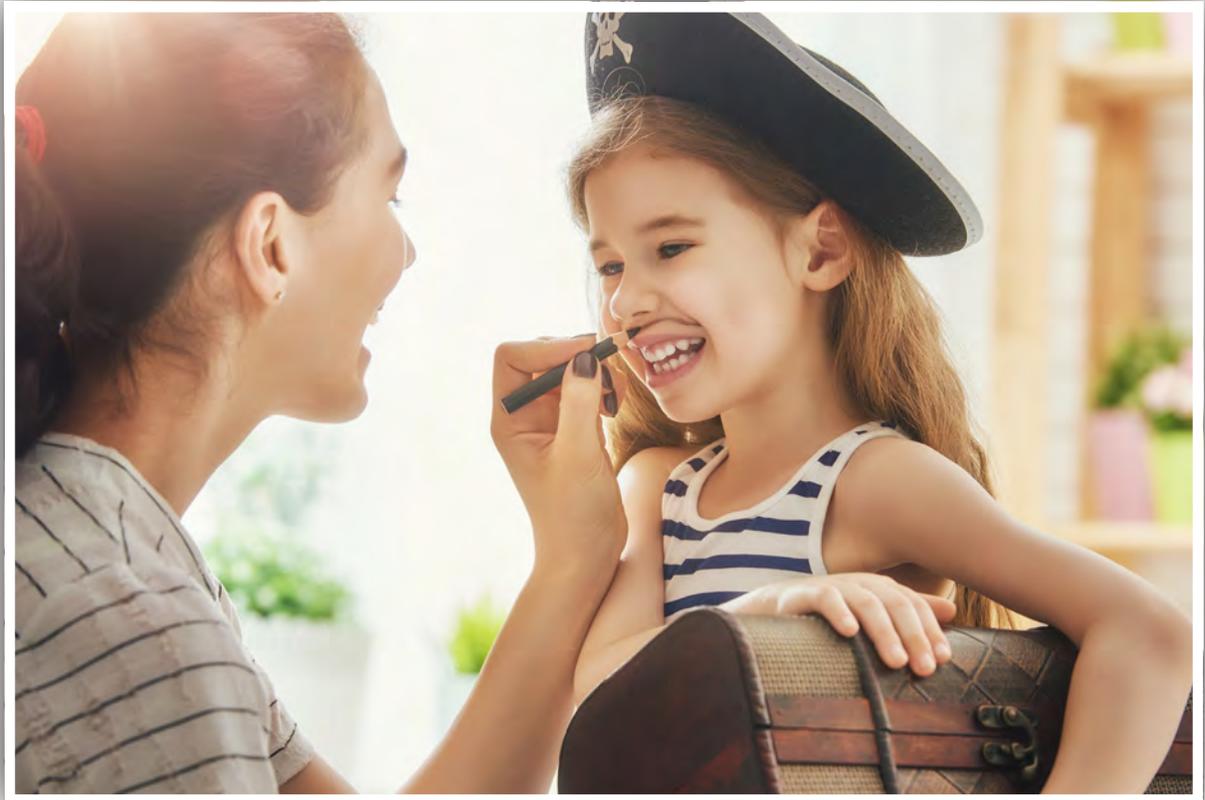
For general questions on Medi-Cal, and private insurance, call your eligibility worker.

For discontinuance questions, call a PAS worker or your assigned eligibility worker.

Check the internet for Medi-Cal providers in your area or call the number provided in this handbook for more information.



# Frequently Asked Questions



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# *Frequently Asked Questions* (FAQs)

Can families call Post Adoption Services for help as soon as the adoption finalizes?

Since the Adoptions social worker is the person most familiar with the case, they are the best person to call if there are problems soon (within 6 months) after the adoption finalizes. After six (6) months, PAS social workers are available to help. The phone number for Post Adoption Services is (909) 891-3300.

I was adopted. How can I get information about my adoption and about my birth parents?

The California Department of Social Services (CDSS), or the adoption agency that processed the adoption can provide information on birth parents to adoptees. The information provided includes general facts about the birth parents and their medical history. If consents are signed by all applicable parties, more detailed, identifying information can be provided. This service is available only for adoptions that were finalized in California. Some licensed private adoption agencies may charge a fee for this service. You must request this information by writing directly to the adoption agency, if known, or to the CDSS at the following address:

California Department of Social Services  
Adoptions Services Bureau  
744 P Street, MS 8-12-31  
Sacramento, CA 95814

(916) 651-8089  
[www.childsworld.ca.gov](http://www.childsworld.ca.gov)

If you do not know the name of the adoption agency who processed the adoption, you can request the name from the CDSS. Your letter must include your name, birth date, and the full names of both of your adoptive parents. Also, your signature must be notarized by a Notary Public. This service is not available through e-mail.



I am an adult adoptee. How can I make contact with my birth parents?

California has a Mutual Consent Program that is administered by either the CDSS or the adoption agency that handled the adoption. In addition to the Mutual Consent Program, the Adoptions Information Act applies to adoptions in which birth parents signed the relinquishment for adoption or consent to adoption, or in which the birth parents' rights were involuntarily terminated by court action on or after January 1, 1984.

**Mutual Consent Program:** An adoptee may complete a Consent for Contact form (AD 904) and submit it to the CDSS or the adoption agency that handled the adoption, if known. If CDSS or the adoption agency received a consent form from the adult adoptee (18 years of age or older) and one from his/her birth parent(s), names and addresses can be disclosed to both parties so they may contact one another. The law prohibits CDSS and the adoption agencies from soliciting consents and providing search services for adoptees or birth parents.

**Adoptions Information Act:** An adoptee may complete an Adoptions Information Act Statement (AD 908A) requesting disclosure of the name and address of his or her birth parent(s). CDSS or the adoption agency which handled the adoption can disclose the name and address of the birth parent(s), if the birth parent signed a relinquishment or consent for adoption, or the parent's rights were involuntarily terminated by court action on or after January 1, 1984, and the birth parent signed an Adoptions Information Act Statement (AD 908) granting permission for such disclosure. The adoptee must be 21 years of age or older in order to complete the AD 908A.



## **BIRTH CERTIFICATES/ORDER OF ADOPTION/SOCIAL SECURITY CARDS**

Can the adoptee have a copy of the original birth certificate?

No. The original birth certificate is sealed because it contains confidential identifying information.

How can the adoptive family or adoptee get a copy of the amended birth certificate?

If it has been a year since your child's adoption was finalized and you have not received his/her new (amended) birth certificate, please contact the State Department of Health Services (SDHS) at the following location:

State Department of Health Services, Bureau of Vital Statistics  
P O Box 997377  
MS 0500  
Sacramento, CA 95899  
Ph.: (916) 558-1784

How can the adoptive family get a copy of the Order of Adoption?

Contact a PAS social worker for current information. If your adoption finalized in Superior Court, please contact that Court for a copy of your order.

How do adoptive parents report their adoption to Social Security?

In order to process a name change or to inquire about requesting a new social security number for your adoptive child, you will need to take a copy of your adoption decree and a copy of your child's amended birth certificate to a Social Security office. Call (800) 772-1213 for an office in your area to obtain further information. For tax purposes, if you don't have a social security number for your child yet, contact the IRS. They can provide an "Adoption Identification Number" for your child.



## **AAP/FINANCIAL**

If the adoptive family moves will they continue to receive Adoption Assistance Program Benefits?

The adoptive family will continue to receive Adoption Assistance benefits for the adoptive child if they move. However, it is very important for parents to notify their eligibility worker of their change of address to ensure payments continue without a problem.

Who should adoptive parents call if they do not receive the Adoption Assistance Program payment or if there is a problem with the child's Medi-Cal?

Families should call their eligibility worker handling their AAP payments. Note: families should give their payments 10 business days to be delivered.

What happens to the Adoption Assistance Payments if the adoptive parents die?

The Adoption Assistance Program is an agreement between Children and Family Services (CFS) and the adoptive parent; if the adoption was a single parent adoption, the Adoption Assistance stops. If the adoptive parent paid into Social Security, the child then becomes eligible for Social Security death benefits. The child may also be eligible for Supplemental Security Income benefits. If the child was adopted by two parents, the surviving parent should contact Post Adoptive Services and request a change in payee. If the adoptive parent(s) die and the child or young adult is adopted by another parent(s), the adoptee is eligible for AAP benefits again.

Will Adoption Assistance benefits affect the adoptive parents' taxes or their eligibility for other programs?

Adoption Assistance Program benefits are not taxable income. If the adoptive parents are applying for benefits from other state or federal programs, the Adoption Assistance income must be reported. The administrators of the program will determine if benefits will be affected. Adoptive parents should contact their tax professional for other considerations.



Will Adoption Assistance benefits be discontinued after two years?

The Adoption Assistance Program must be reassessed every two years. Paperwork should be returned promptly to be in compliance with reassessment requirements.

Can the adoptive parents continue to receive Adoption Assistance benefits for their child if the family moves out of the country?

Eligibility for Adoption Assistance is not based on where the adoptive family lives. They may move out of the county, the state or the country and the benefits will remain consistent.

What if the adopted child needs special services and the family cannot afford them?

If new medical or mental health needs arise following the adoption, the family can request an increase in Adoption Assistance Program benefits. Documentation must be submitted by the family showing the child's needs. If the adopted child has a disability, the child may also be eligible to receive California Children's Services and may be eligible to receive Regional Center Services. These two programs are California programs and will be discontinued if the family leaves the state of California.

What are Regional Center services?

The Department of Developmental Services is responsible for designing and coordinating a wide array of services for CA residents with developmental disabilities. Regional Centers help plan, access, coordinate, and monitor these services and supports. You can locate a Regional Center near you through [www.arcanet.org](http://www.arcanet.org).



## MEDI-CAL

How can the family find service doctors or dentists that accept Medi-Cal?

Please contact: Child Health & Disability (CHDP) Program  
606 East Mill Street  
San Bernardino, CA 92415  
(800) 722-3777

How can a family find Medi-Cal mental health services?

The Department of Mental Health Access Unit screens for mental health needs and gives referrals to contact agencies, private therapists and Department of Behavioral Health (DBH) clinics. Usually, after the telephone screening, the family must go to a DBH clinic for an intake assessment that begins services. Child psychiatrists at DBH assess children for medication and provide ongoing care when needed. The Access Unit phone numbers are: (909) 381-2420 and (888) 743-1478.

How does a family find Mental Health Medi-Cal services in other California counties?

Senate Bill (SB)785 facilitates the receipt of medically necessary specialty mental health services by a child who is placed outside of their county of origin.

Call (888) 743-1478 for outside of San Bernardino County.



# Community Resou



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# Community Resources

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# Adoption Resources (Local/State)

## California Department of Social Services-Adoption Division

744 P Street, MS 8-12-31  
Sacramento, CA 95814  
(916) 651-8089

## California State Department of Health Service, Bureau of Vital Statistics

P O Box 997377  
MS 0500  
Sacramento, CA 95899  
(916) 558-1784  
(Amended Birth Certificates)

## AAP Financial and Medi-Cal Benefits (San Bernardino County)

A-E ..... (909) 891-3360  
F-LN ..... (909) 891-3364  
LO-RH ..... (909) 891-3674  
RI-Z ..... (909) 388-6732

## Post Adopt Services (San Bernardino County)

412 W. Hospitality Lane, 2<sup>nd</sup> Floor  
San Bernardino, CA 92415-0913  
(909) 891-3300

## Child Care

### Child Development Services San Bernardino County Superintendent of Schools

1111 E. Mill Street  
San Bernardino, CA 92408  
(800) 722-1091  
[www.kidsncare.com](http://www.kidsncare.com)

### Development Services Victorville

15456 West Sage  
Victorville, CA 92392  
(760) 245-0770  
[www.kidsncare.com](http://www.kidsncare.com)

### Child Care Information Services Pomona Unified School District

1460 E. Holt Avenue, Suite 174  
Pomona, CA 91767  
(909) 397-4740 ext. 25030

### Care About Quality - The Child Care Connection

(800) 543-7793

### Community Care Licensing Inland Empire Regional Office

3737 Main Street, Suite 700  
Riverside, CA 92501  
Phone: (951) 782-4200  
Fax: (951) 782-4985  
[www.cdss.ca.gov](http://www.cdss.ca.gov)



# Counseling and Social Service Resources

This section will assist you in finding counseling services. There are agencies listed throughout San Bernardino County that are bilingual and offer many services. There are also agencies that specifically target adoption issues. Some of these agencies also offer training, intensive therapeutic programs and conferences.

## DESERT COMMUNITIES

### High Desert Child Adolescent and Family Services Center

225 Barstow Road  
Barstow, CA 92311  
(760) 255-1083

### Desert /Mountain SELPA Children's Center

(Special Ed. Local Plan Area)  
17800 Highway 18  
Apple Valley, CA 92307  
(760) 955-3601  
<http://cahelp.org>

### Integrated Therapies

20601 Highway 18, Suite 100  
Barstow, CA 92311  
(760) 946-2804  
[www.integratedtherapies.net](http://www.integratedtherapies.net)

### Lutheran Social Services

309 E. Mountain View, Suite 100  
Barstow, CA 92311  
(760) 256-7279  
<http://lsssc.org>

### Pacific Clinics

58945 Business Center Dr., Suite D  
Yucca Valley, CA 92252  
(760) 228-9657

### Pacific Clinics (Mental Health)

56020 Santa Fe Trail, Suite M  
Yucca Valley, CA 92284  
(760) 369-4057  
[www.pacificclinics.org](http://www.pacificclinics.org)

### Recovery Counseling, Inc.

5110 Highway 95, Suite B  
Ft. Mojave, AZ 96426  
(928) 768-1118

### Victor Community Support Services

15095 Armagosa Rd., Ste 201 & 208  
Victorville, CA 92392  
(760) 245-4695  
[www.victor.org](http://www.victor.org)



## EAST END

### **Christian Counseling Services**

#### **Main Office**

101 East Redlands Blvd., Suite 215  
Redlands, CA 92373  
(909) 793-1078  
[www.ccs-cares.org](http://www.ccs-cares.org)

### **Family Service Association of Redlands**

612 Lawton Street  
Redlands, CA 92374  
(909) 793-2673  
<http://redlandsfamilyservice.org>

### **Yucca Valley Transitional Age Youth (TAY) Center**

58471 Twentynine Palms Highway #102  
Yucca Valley, CA 92284  
(760) 853-4888

## MOUNTAIN COMMUNITIES

### **Lutheran Social Services of Southern California**

41945 Big Bear Blvd., Suite 222  
Big Bear Lake, CA 92315  
(909) 866-5070

### **RIM Family Services**

28545 Highway 18/PO Box 578  
Skyforest, CA 92385-0578  
(909) 336-1800  
[www.rimfamilyservices.org](http://www.rimfamilyservices.org)

## SAN BERNARDINO COMMUNITIES

### **Catholic Charities**

San Bernardino and Riverside Co.  
1450 North D Street  
San Bernardino, CA 92405  
(909) 388-1239  
[www.ccsbriv.org](http://www.ccsbriv.org)

### **Uplift Family Services**

572 N. Arrowhead Ave., Suite 100  
San Bernardino, CA 92401  
(909) 266-2700  
[www.upliftfs.org](http://www.upliftfs.org)

### **Family Services Agency**

1669 North "E" Street  
San Bernardino, CA 92335  
(909) 886-6737  
[www.fsasb.org](http://www.fsasb.org)

### **SACHS-Norton**

1454 E. Second Street  
San Bernardino, CA 92408  
(909) 382-7135

### **San Bernardino One Stop**

Transitional Age Youth (TAY) Center  
780 Gilbert St.  
San Bernardino, CA 92415  
(909) 387-7194



## WEST END

### **Center for Healing Childhood Trauma**

101 S. Olive Avenue  
Rialto, CA 92376  
(909) 875-5288

<http://www.center4healing.org>

### **Healing Hearts Counseling Center, Inc.**

229 S. Riverside Avenue, Suite M  
Rialto, CA 92376  
(909) 873-8363

### **Martinez Counseling Center**

9631 Business Center Drive,  
Suite E, Building 14  
Rancho Cucamonga, CA 91730  
(909) 466-6939

### **New Day Counseling Center**

11780 Central Avenue #100  
Chino, CA 91710  
(909) 517-2020

### **The Rancho Transitional Age Youth (TAY) Center**

316 East E Street  
Ontario, CA 91764  
(909) 983-4466

### **Samaritan Counseling Center, Inc.**

1126 W. Foothill Boulevard, Ste 110  
Upland, CA 91786  
(909) 985-0513  
<http://samaritancounselingupland.org>

### **South Coast Children's Society**

2940 Inland Empire Blvd., Suite 105  
Ontario, CA 91764  
Toll Free: (877) 527-7227  
<http://sccskids.org>

### **West End Family Counseling**

855 N. Euclid Avenue  
Ontario, CA 91762  
(909) 983-2020  
<http://wefcs.org>

## *Additional Counseling Resources*

### **Orange Coast Counseling Group Sharon Kaplan-Roszia, MS Adoption Specialist**

242 W. Main Street, Suite 105  
Tustin, CA 92780  
(714) 401-8674  
[sharon@sharonroszia.com](mailto:sharon@sharonroszia.com)  
[www.sharonroszia.com](http://www.sharonroszia.com)





# *Domestic Violence Resources*

## **A Better Way Victor Valley Domestic Violence, Inc. (Main Office)**

14114 Hesperia Road  
Victorville, CA 92393  
(760) 955-8010  
[www.abetterwaydomesticviolence.org](http://www.abetterwaydomesticviolence.org)

## **Desert Sanctuary**

703 East Main Street  
Barstow, CA 92311  
(760) 256-3733

## **Doves of Big Bear**

41943 Big Bear Boulevard  
Big Bear Lake, CA 92315  
(909) 866-1546  
<http://doves4help.org>

## **Family Assistance Program**

15075 Seventh Street  
Victorville, CA 92395  
(760) 843-0701

## **House of Ruth**

599 North Main Street  
Pomona, CA 91711  
(909) 623-4364  
<http://houseofruthinc.org>

## **Morongo Basin Unity Home**

7237 Joshua Lane  
Yucca Valley, CA 92284  
24HR Hotline: (760) 366-9663  
[www.unityhome.org](http://www.unityhome.org)

## **Option House (Main Office)**

813 North D Street, Suite 3  
San Bernardino, CA 92401  
(909) 383-1602



# Educational Resources

If a parent is concerned that their child has difficulty learning in school due to a possible disability, they can contact their Special Education Local Plan Area (SELPA) in their School District. The parent should take the initiative to write a letter to the child's school stating that they would like the child assessed for a disability. The school should then conduct tests to see if the child qualifies for any type of assistance. After the assessment is completed and it is determined that the child does have a disability, an Individual Educational Plan (IEP) meeting must be scheduled within fifty days. During this meeting, the people involved will discuss what services can and will be offered to help the child.

## **County of San Bernardino Special Education (School District)**

Desert/Mountain SELPA  
17800 Highway 18  
Apple Valley, CA 92307  
(760) 552-6700  
<http://dmselpa.org>

East Valley SELPA  
144 N. Mt. View Avenue  
San Bernardino, CA 92408  
(909) 252-4507  
<http://evselpa.sbcss.k12.ca.us/>

West End SELPA  
8265 Aspen Avenue, Suite 200  
Rancho Cucamonga, CA 91730  
(909) 476-6131  
<http://weselpa.sbcss.k12.ca.us>

**Ability First**  
Toll free 1(877) 768-4600  
[www.abilityfirst.org](http://www.abilityfirst.org)

**The Arc**  
796 E Sixth Street  
San Bernardino, CA 92410  
(909) 884-6484  
[www.thearc.org](http://www.thearc.org)

## **Autism Society of America-Inland Empire Chapter**

420 McKinley St,  
Corona, CA 92879  
(951) 220-6922  
<https://ieautism.org>

**California Children's Services**  
150 East Holt Boulevard, 3rd Floor  
Ontario, CA 91761  
(866)-722-6227 or (909) 458-1637

**Head Start  
(San Bernardino County, only)**  
(909) 384-8000

**Inland Empire Branch  
The International Dyslexia Association**  
5225 Canyon Crest Dr., Suite 71-308  
Riverside, CA 92507  
(951) 686-9837  
<http://social.dyslexiaida.org>



**Inland Regional Center**

1365 South Waterman Avenue  
San Bernardino, CA 92408  
(909) 890-3000  
<http://inlandrc.org>

**Learning Disabilities Association  
of California (LDA)**

1365 PO Box 1114  
Claremont, CA 91711  
(909) 621-1494  
abkrieger@aol.com

**Love & Logic**

(Autism, ADHD, Teens, etc.)  
The Love and Logic Institute  
(800) 338-4065  
<http://loveandlogic.com>

**Totally Kids**

1720 Mountain View Avenue  
Loma Linda, CA 92354  
(909) 796-6915

**OPARC**

9029 Vernon Avenue  
Montclair, CA 91763  
(909) 985-3116  
[www.oparc.org](http://www.oparc.org)

**United Cerebral Palsy, Inland Empire**

70017 Highway 111, Suite 5  
Rancho Mirage, CA 92270  
(760) 321-8184 or (877) 512-2224  
<http://ucpie.org>

**Fetal Alcohol Syndrome Information**

[www.fasstar.com](http://www.fasstar.com)

**Association of Regional Center  
Agencies**

980 9th Street, Suite 1450  
Sacramento, CA 95814  
(916) 446-7961  
[www.arcenet.org](http://www.arcenet.org)

**California Department of  
Developmental Services**

1600 Ninth Street  
P.O. Box 944202  
Sacramento, CA 94244  
(916) 654-1690  
[www.dds.ca.gov](http://www.dds.ca.gov)

**Adoption Triad**

Free source of publications on all  
aspects of adoptions. Web site: Child  
Welfare Information Gateway (select free  
subscription on adoption triad)  
<https://www.childwelfare.gov>

**Exceptional Parents Unlimited**

Support and training for families with  
children with disabilities.  
4440 North First Street  
Fresno, CA 93726  
(559) 229-2000  
[www.epuchildren.org](http://www.epuchildren.org)

**San Bernardino Valley College**

Parenting Classes  
(909) 384-4457



# Health and Public Health Resources

## HEALTH RESOURCES

### ADHD

(800) 233-4050  
<http://chadd.org>

### California Children's Services

150 East Holt Boulevard, 3rd Floor  
Ontario, CA 91761  
(866)-722-6227 or (909) 458-1637

### Fetal Alcohol Syndrome Information

[www.fasstar.com](http://www.fasstar.com)

### IEHP (Inland Empire Health Plan)

(888) 355-2522

### Inland Regional Center

1365 South Waterman Avenue  
San Bernardino, CA 92408  
(909) 890-3000  
<http://inlandrc.org>

### Health Care Options (HCO) for enrollment or disenrollment of Health Care plans

(800) 430-4263

### Kaiser Permanente/ Preventive Medicine

9985 Sierra Avenue  
Fontana, CA 92335  
(909) 427-5000  
<https://healthy.kaiserpermanente.org>

### Medi-Cal (general info)

(800) 430-4263 or (916) 636-1980

### Medical Ombudsman

(888) 452-8609

### Mental Health-Access Unit

(888) 743-1478

### VIP LAC+USC Fetal Alcohol Spectrum Disorders Clinic

2010 Zonal Avenue OPD 3P61  
Los Angeles, CA 90033  
(323) 221-4134 ext. 150

## PUBLIC HEALTH SERVICES

### Barstow Health Center

(760) 256-4715 / (800) 722-4777

### Big Bear Health Center

(909) 866-0177 / (800) 722-4777

### Chino & Redlands Health Centers & San Bernardino Clinical Services

(888) 818-8988

### Needles Health Center

(760) 326-9230 / (800) 722-4777

### Ontario Health Center

(909) 458-9759

### San Bernardino Public Health HQ

(800) 722-3777

### WIC (Women, Infants and Children)

(888) 942-9675  
[www.fns.usda.gov](http://www.fns.usda.gov)



# Legal Services

## **Adoption Network Law Center**

(800) 367-2367  
[www.adoptionnetwork.com](http://www.adoptionnetwork.com)

## **Alliance for Children's Rights**

3333 Wilshire Boulevard #550  
Los Angeles, CA 90010  
(213) 368-6010  
[www.kids-alliance.org](http://www.kids-alliance.org)  
[info@kids-alliance.org](mailto:info@kids-alliance.org)

## **DRLC**

### **(Disability Rights Legal Center)**

350 South Grand Avenue  
Los Angeles, CA 90071  
(866) 999-3752 or (213) 736-1334  
[www.disabilityrightslegalcenter.org](http://www.disabilityrightslegalcenter.org)

## **Legal Aid Society of San Bernardino**

588 West Sixth Street  
San Bernardino, CA 92410  
(909) 889-7328 or (909) 889-4811  
<http://legalaidofsb.org>

## **Inland Counties Legal Services**

10565 Civic Center Drive, Suite 200  
Rancho Cucamonga, CA 91730  
(909) 980-0982 or (800) 977-4257

## **Inland Counties Legal Services**

13911 Park Ave., Suite 210  
(2nd floor)  
Victorville, CA 92392-2407  
(760) 241-7073 or (888) 805-6455  
<http://inlandlegal.org>

## **San Bernardino County Bar Association**

412 East State Street,  
Redlands, CA 92373  
(909) 885-1986  
[www.sbcba.org](http://www.sbcba.org)  
Email: [bar@sbcb.org](mailto:bar@sbcb.org)

## **Public Consulting Group**

SSI Referrals  
(800) 210-6113  
[www.publicconsultinggroup.com](http://www.publicconsultinggroup.com)

## **Youth Accountability Board Program**

The Youth Accountability Board Program is comprised of volunteers working as a team on cases of first-time offenders. They work with parents to help youth develop personal responsibility and a sense of community values. The emphasis is on re-directing the youth and helping them to become productive citizens.

175 West 5th Street  
San Bernardino, CA 92415-0460  
(909) 386-1810  
[www.joinprobation.org](http://www.joinprobation.org)

## **The Health Consumer Alliance**

Eleven legal services organizations work together to provide consumer assistance to Californians through the Health Consumer Alliance (HCA). HCA provides local assistance in California's Consumer Assistance Program, supported by Affordable Care Act funding through the Department of Managed Health Care. HCA's help all Californians get help with health access problems.  
(888) 804-3536



## Miscellaneous

**Child Welfare League of America**  
(202) 688-4200 or (855) 427-2736  
<http://cwla.org>

**Community Action  
Partnership of San Bernardino**  
696 S. Tippecanoe Avenue  
San Bernardino, CA 92415  
(909) 723-1500

**Adoptive Families**  
(800) 372-3300  
[www.adoptivefamilies.com](http://www.adoptivefamilies.com)

**The National Infertility Association**  
(703) 556-7172  
[www.resolve.org](http://www.resolve.org)

**Making A Difference Association**  
(909) 420-0413  
[www.themakingadifferenceassociation.org](http://www.themakingadifferenceassociation.org)

## Training

**Tapestry Books**  
(716) 544-0204  
[www.tapestrybooks.com](http://www.tapestrybooks.com)

**Foster Parent College**  
Toll Free # for USA only:  
1 (800) 777-6636  
[www.fosterparentcollege.com](http://www.fosterparentcollege.com)

**San Bernardino County  
Post Adoptive Service (Resources)**  
412 W. Hospitality Lane, 2<sup>nd</sup> Floor  
San Bernardino, CA 92415  
(909) 891-3300



# Resource Directories

## **Children’s Network Mentor and Resource Directory**

This is a comprehensive list of community providers covering services from mental health, recreation programs, youth justice, child care, financial assistance mentoring resources and much more. The resources directory can be accessed through the San Bernardino County Children’s Network web site. Locate the mentoring tab at the top of the site and scroll down to Directory. Click on Mentoring Services for Children and Youth.

To locate Children’s Network Website, search: Children’s Network San Bernardino County.

## **Consumer Action Handbook**

This is a free resource book that brings you the latest information on your consumer rights and responsibilities. It contains critical information on managing your money, preventing identity theft, and filing a consumer complaint. There are hundreds of useful links to online resources at the Federal and State government levels. This is an excellent resource to strengthen your personal financial health and make good decisions in the marketplace.

Google: Consumer Action Handbook 2017

## **2-1-1**

2-1-1 is a free and confidential service that helps people across the U.S. and in many parts of Canada find the local resources they need. To access services call 2-1-1 or visit the website: [www.211.org](http://www.211.org)





Children and Family Services

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[www.facebook.com/sbcountycfs](http://www.facebook.com/sbcountycfs)

412 W. Hospitality Lane, 2<sup>nd</sup> Floor  
San Bernardino, CA 92415-0913  
(909) 891-3300

