

Children's Network

Mentor and Resource Directory

Updated on 04/2/2014

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I. After School Programs / Homework/School Help (Pg. 10-18)

- ◆ ATAP (All Things Are Possible)
- ◆ BLU Educational Foundation
- ◆ Chino Teen Center -Youth
- ◆ Comfort Zone Camp
- ◆ Community Academic Partners in Service – CAPS CKC Tutoring
- ◆ Girl Scouts of Greater Los Angeles
- ◆ Girl Scouts San Geronimo Council
- ◆ Harvey Mudd College Homework Help
- ◆ Highlanders Boxing Program
- ◆ Jack Bulik Teen Center
- ◆ Jasper’s Corner Homework Club page
- ◆ Micha House
- ◆ Mountain Communities Boys and Girls Club
- ◆ Music Changing Lives
- ◆ Mustard Seed Tutorial Center
- ◆ Preschool Services
- ◆ Preserve Community Center page
- ◆ Pride Platoon Boot Camp Program
- ◆ Project Cuddle
- ◆ Project Life Impact
- ◆ Sparks Tackle Football
- ◆ The S.T.R.E.E.T Team
- ◆ Think Together
- ◆ Valley Star Children & Family Services
- ◆ Weeper’s Friends CARES Foundation
- ◆ YMCA- Highland Family Center

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II. Alcohol and/or Drug Treatment Centers (Pg. 19-22)

- ◆ Inland Behavioral and Health Services
- ◆ Inland Empire Pride
- ◆ Inland Valley Recovery Services
- ◆ Making a Difference
- ◆ Reach Out-Deferred Entry of Judgment
- ◆ Youth Alternative Solutions Program (YASP)
- ◆ Youth Justice Center

III. Clothing Resources (Pg. 23-24)

- ◆ Angels Closet
- ◆ Community Charity Connection
- ◆ Family Service Association of Redlands
- ◆ Shoes That Fit

IV. Community Centers (Pg. 25-27)

- ◆ Colton Community Centers
 - i. Frank A. Gonzales Center
 - ii. Lawrence Hutton Center
 - iii. Peter S. Luque Center
- ◆ Community Academic Partners in Service
 - i. Community Parents Connection
 - ii. Kids Rock
- ◆ First 5 in San Bernardino
- ◆ Rancho Cucamonga Family Resource Center
- ◆ RC Teen Center
- ◆ Yucaipa Teen Center

V. Counseling and Mental Health Services (Pg. 28-51)

- ◆ California Department of Corrections and Rehabilitation
- ◆ California Youth Connection
- ◆ California Youth Crisis Line
- ◆ Catholic Charities
 - i. Family and Community Services

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- ii. Counseling
- iii. Refugee and Immigration Services
- ◆ Center for Healing Childhood Trauma
- ◆ Christian Counseling Service
- ◆ City of Chino -Youth, Teen, and Family
- ◆ Department of Behavioral Health
- ◆ Desert/ Mountain SELPA Children's center
- ◆ Easter Seals Child Development Center
- ◆ El Sol
- ◆ Family Service Agency of San Bernardino
- ◆ High Desert Center Inc
- ◆ High Desert Relative Caregivers
- ◆ Hope After Suicide
- ◆ Indian Child and Family Services
- ◆ Inland Behavioral and Health Services
- ◆ Inland Empire Family Life Institute
- ◆ Juvenile Firesetter Intervention Program (JFSP)
- ◆ Kids Konnected (cancer bereavement)
- ◆ KLS Counseling Services
- ◆ Lighthouse Learning Resource Center
- ◆ Moses House (Pregnant women)
- ◆ Native American Resource Center
- ◆ Olive Crest-Inland Empire & Desert Communities
- ◆ Option House
- ◆ Our House (Youth 11-17)
- Reach Out
 - i. Reach Out to Parents and the Community
 - ii. Parenting Classes-Active Parenting Curriculum
- ◆ San Bernardino Sexual Assault Services
- ◆ Shield Program for Adolescent Self-Injury
- ◆ The Mourning Star
- ◆ Valley Star Children & Family Services
- ◆ Victor Treatment Centers (For Youths)
- ◆ Victor Community Support Services

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- ◆ Victim/ Witness Services Program
- ◆ Visionaries Homes (For Youths)
- ◆ Youthful Creations and Interventions

VI. Food Banks (Pg. 52)

- ◆ Mary's Mercy Center
- ◆ MG &J Outreach

VII. Financial Assistance (Pg. 53-54)

- ◆ Children's Fund Assessment Center
- ◆ Inland Empire United Way
- ◆ The unforgettable Foundation
- ◆ Valley Bound Commitment

VIII. Housing (Pg. 55-59)

- ◆ Foothill Family Center
- ◆ Hope Resource Group
- ◆ House of Prayer Gospel Outreach Ministries, Inc
- ◆ House of Ruth
- ◆ Inland Temporary Homes
- ◆ Inland Valley Hope Partners
- ◆ Mercy House
- ◆ Operation SafeHouse
- ◆ Our House
- ◆ The STAY
- ◆ Victor Treatment Center
- ◆ Visionaries Home

IX. Legal Services (Pg. 60-61)

- ◆ CASA – children and Youth
- ◆ Inland Counties Legal Services
- ◆ Legal Aid Society of San Bernardino
- ◆ Legal Aid YMCA

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X. Medical/ Dental Clinics (Pg. 62-70)

- ◆ Angel Flight West
- ◆ Arrowcare
- ◆ Arrowhead United Way
- ◆ Asian American Resource Center
- ◆ Fire and Burn Foundation
- ◆ The Center-Inland Empire
- ◆ Community Health Systems Inc.
- ◆ Community Hospital of San Bernardino
- ◆ Coordinated Asthma Referral and Education Programs (CARE)
- ◆ Hearts & Live/Strengthening Family Resource Center
- ◆ Inland Family Community Health Center (IFCHC)
- ◆ Makayla's Haven Foundation (NICU)
- ◆ Nurse Visitation/LIFT Program
- ◆ PossAbilities
- ◆ Redlands Family Clinic
- ◆ Rims Family Services Inc.
- ◆ San Bernardino Pregnancy Resource Center
- ◆ Sunburst Projects
- ◆ Steven's Hope for Children, Inc.
- ◆ The MENTOR Network
- ◆ The Rose of Sharon Life Center- Pregnancy Resource
- ◆ Victor Valley Community Dental Service Program
- ◆ Whitney Young Family Health Clinic (WYFHC)

XI. Mentoring (Pg. 70-89)

- ◆ Apple Valley Police Activities League -- Children/Youth
- ◆ Applied Principles for Services Inc. -Youth
- ◆ Athletes For Life Foundation
- ◆ Beauty of Ashes-Aftercare Program -Women
- ◆ Boys and Girls Club of Fontana
- ◆ Boys and Girls Club of Hi-Desert
- ◆ Boys and Girls Club of Redlands

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- ◆ Boys and Girls Club of San Bernardino
- ◆ Boys and Girls Club of Victor Valley
- ◆ Called and Chosen Youth Ministries-Youth
- ◆ CHAMP's (College and High –School Alliance Mentoring Youth
- ◆ Community Academic partners in Service
 - i. Project Hope
 - ii. CKC Music
 - iii. Project Special Opportunities
- ◆ Delta Academy
- ◆ Delta GEMS
- ◆ Faculty and Student Mentoring Program
- ◆ Fresh Start Ministries
- ◆ Little Buddies (6-10yrs-old)
- ◆ Middle Buddies (6-8th Grade)
- ◆ Monday Night Mentoring (Faith based)
- ◆ One 2 One Mentors
- ◆ Project Sister
- ◆ Provisional Accelerated Learning Center
- ◆ Reach out Mentoring
- ◆ Reach out Tobacco Awareness Program
- ◆ Reach out-Environmental
- ◆ Reach out-Project Alert
- ◆ Reach out-Reach out to Parents and Communities
- ◆ San Gorgonio Girl Scouts Council
- ◆ San Bernardino City Unified School District Mentoring Program
- ◆ S.H.O.C.K
- ◆ The Brightest Star
- ◆ The STAY
- ◆ TAY Center
- ◆ The Landing
- ◆ Transitional Age Youth
- ◆ Uncommon Good
- ◆ Valley Star Children and Family Services-IYRT
- ◆ Westside Kinship Support Services Program

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- ◆ Women on the Move
- ◆ Young Visionaries Leadership Academy
- ◆ Youth Action Project
- ◆ Youth Hope
- ◆ Youth Mentoring Actions Network

XII. Trainings, Seminars and Volunteer Opportunities (Pg. 89-102)

- ◆ Arrowhead United Way
- ◆ Autism Society Inland Empire
- ◆ Boy Scouts of America
- ◆ Blindness Support Services
- ◆ California Department of Corrections and Rehabilitation
- ◆ Camp Fire USA Youth
- ◆ Camp Good grief -youth
- ◆ Camp Taylor
- ◆ Center for Employment Training -Adult
- ◆ Children's Network
- ◆ Children's Resources Inc.
- ◆ Chino Boxing Club -Youth
- ◆ Dandelion Wishes
- ◆ Dr. Earl R. Crane Children's Dental Health Center
- ◆ Foster & Kinship Care Education
- ◆ Forward Focus Youth Enrichment Center-Youth
- ◆ Gang Reduction Intervention Team (GRIT)
- ◆ Gang Resistance Education and Training (GREAT)
- ◆ Gay-Straight Alliance Network – Youth
- ◆ Goodwill – Youth
- ◆ Hands on Inland Empire – Volunteer
- ◆ Mothers on Mountains Project
- ◆ Job Corps
- ◆ Juvenile Intervention Program
- ◆ Safe Kids Inland Empire- Youth pg.
- ◆ San Bernardino City Unified School District Family Resource Center- Youth
- ◆ Speak The Dream Foundation - Youth

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- ◆ Step by Step- Adult
- ◆ Taylion Virtual Academy – Adult
- ◆ Travelers Aid of the Inland Empire
- ◆ UHOP (University Humor Outreach Program)
- ◆ United Way 211 – Youth
- ◆ Urban Youth Conservation Corps – Youth
- ◆ Youth Coalition Teen Connection (YCTC)
- ◆ 4-H Club – Youth

XIII. Multiple Services (Pg. 103-109)

- ◆ Building a Generation
- ◆ Community Action Partnership
- ◆ Community Assistance Program (CAP)
- ◆ Crittenton
- ◆ Enhancing Forward Action, Inc
- ◆ EMQ Families First
- ◆ SACHS-Norton Clinic
- ◆ South Coast Community Service- youths
- ◆ St. Bernadine Medical Center – youth
- ◆ St. Mary Medical Center Families Community Health Center
- ◆ Sunset Hills Children Foundation – youth
- ◆ The Unforgettables Foundation
- ◆ Time for Change Foundation – Youth
- ◆ Travelers Aid of the Inland Empire
- ◆ United Way 211
- ◆ Volunteers of America – Early Head Start Program
- ◆ Volunteers of America- Family resource center

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After School Programs	PROGRAM DESCRIPTION
<p><u>ATAP (All Things Are Possible)</u> 1254 S Waterman Ave Ste 27 San Bernardino, California 92408 Telephone (909) 556-3224 Fax: 909-363-7366 www.atap-us.org info@atap-us.com</p>	<p>Our After School Centers provide Homework Assistance, Character and Leadership Building, Cultural Enrichment, Recreational Activities, Field Trips, and Mentoring Programs. Services are provided at no cost to youth ages 5-17.</p> <p>Our Resource Centers provide an array of family supportive services that help community members locate employment; develop resumes, food distribution, computer training, utility and rental assistance referrals, special interest groups, financial and homeownership workshops, and neighborhood watch meetings.</p> <p>All Services are provided at NO COST to residents and are offered Monday through Saturday in the communities Learning and Resource Centers.</p>
<p><u>BLU Educational Foundation</u> <u>Mailing Address</u> New Hope Family Life Center 1505 W. Highland Avenue San Bernardino, CA 92411 Phone: 909-820-2827 Office Hours: M-F 10:00am-4:00pm www.bluedfoundation.org info@bluedfoundation.org</p>	<p><u>College Preparation Services</u> Seeking to increase the college admission, retention, and graduation rates of first-generation college freshmen and to assist parents and school districts with the admissions and financial aid process, BLU Educational Services offers both its highly acclaimed College Prep Camps and the College Exodus Project.</p> <p><u>College Exodus Project</u> A comprehensive, year-round program that can be implemented in any school or district, the College Exodus Project (CEP) is an institutional model specifically created to increase college matriculation rates. The program targets students who are low income and/or the first of their family to attend post-secondary education. Bridging K-12 schools, colleges, community, family, and faith-based organizations, CEP uses state of the art technology, information, and committed leadership to achieve its goals. The program was recently recognized as a pilot program for the Inland Empire P-16 Council, an association of the major K-12 and higher education institutions in San Bernardino and Riverside Counties.</p> <p>In addition to our College Prep Camps, BLU Educational Services also conducts College Awareness Workshops focusing on admissions and financial aid for schools, churches, and community organizations.</p>

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<p><u>Chino Teen Center</u> 13196 Monte Vista Ave Chino, CA 91710 Phone: (909) 334-3268 Contact: Sarahi Acosta http://www.chinoteencenter.com/</p>	<p>The Chino Experience Teen Center is the place for 7th - 9th graders to hang out, meet new people, learn new skills, participate in classes, play video games, research school projects in the computer lab, receive assistance with homework, and much more! Daily activities include, Art Classes, Cooking Classes, video game tournaments, movie nights, trips to the beach, and themed parties. In addition to daily activities the Chino Experience offers many programs and activities that engage participants throughout the school year.</p> <p>Membership is \$5 a month The Teen Center is the place for all 7th-9th graders to hang out; meets new people, and do cool things. Provides \$15/month shuttle service from Magnolia Jr. High, Ramona Jr. High, Briggs Fundamental, and Don Lugo High School to the center.</p> <p>Hours: Monday-Friday 2:00 – 6:30 p.m. Registration is held at the Neighborhood Activity Center at 5201 D Street</p>
<p><u>Comfort Zone Camp</u> Office Contacts 20695 S. Western Ave Suite 145 Torrance, CA 90501 Phone: (310) 781-1032 Fax: (310) 781-1047 Email: Ca@comfortzonecamp.org http://www.comfortzonecamp.org/</p>	<p>Comfort Zone Camp is a <u>nonprofit 501(c)3</u> bereavement camp that transforms the lives of children who have experienced the death of a parent, sibling, or primary caregiver. The free camps include confidence building programs and age-based support groups that break the emotional isolation grief often brings. Comfort Zone Camps are offered to children 7-17, and are held year-round in <u>California</u>, <u>Massachusetts</u>, <u>New Jersey</u>, and <u>Virginia</u>.</p>
<p><u>Community Academic Partners in Service-CAPS</u> CKC Tutoring CAPS: 909-651-5011 FAX: 909-558-7145 KC Tutoring student coordinator: Laura N. ww.llu.edu/CAPS</p>	<p>CKC Tutoring is a one-on-one mentoring and tutoring program pairing local kids with LLU students. The purpose of CKC Mentoring is two-fold:</p> <p>To offer local elementary, middle school, and high school students a consistent and reliable homework assistance program. It is our hope through this weekly tutoring that a mentoring relationship will develop with the LLU student serving as a role-model and encourager for their mentee.</p> <p>CKC Mentoring facilitates the development of LLU students who are engaged in their community. These sessions allow students to truly connect first with their mentee, then with his/her family, and often, their community at large.</p> <p>Students meet once a week (Tuesday or Thursday) from 5:00-6:30 p.m. Also, there are a few weeks a year when the mentors are not scheduled to come (the first 2 weeks in December) where schools, classes, or other organizations can organize a program, run games, or give presentations for the local students.</p>

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<p><u>Girl Scouts of Greater Los Angeles</u> Montclair Service Center 9525 Monte Vista Ave. Montclair, CA 91763 Phone (909) 399-0808 (Lori Zeman) http://www.girlscoutsla.org/</p>	<p>Girl Scouts of Greater Los Angeles is where girls can discover the fun, friendship and power of girls together. And you can be a part of it! Whether you are girl between the ages of five and 17, or an adult who can volunteer to make a difference in the lives of girls, there is something for everyone in Girl Scouts! Girl Scout program activities are open to all girls who are registered members of Girl Scouts and who accept the Girl Scout Promise and Law. Girls are guided by the support of caring, trained adult volunteers.</p>
<p><u>Girl Scouts San Gorgonio Council</u> 1751 Plum Lane Redlands, CA 92374 Phone: (909) 307-6555 http://girlscoutssangorgonio.org/ Contact Person: Joniece Edwards JEdwards@gssgc.org High Desert Service Center 15329 Bonanza Rd. Ste. C & D Victorville, CA 92392 Phone: (760) 241-3558 (Cindy Hort) Contact Person: Jewel Wilmoth jwilmoth@gssgc.org</p>	<p>Girl Scouts of San Gorgonio Council (GSSGC) provides fun, value-based educational programs for girls ages 5-17. We serve more than 15,000 girls in Riverside and San Bernardino counties with the help of more than 5,000 dedicated and caring adults. With Girl Scouts, girls and young adults have the opportunity to learn life lessons. Through education in financial literacy, healthy living, outdoor skills and entrepreneurial skills, as well as leadership conferences, engineering and science programs, Girl Scouting builds girls of courage, confidence and character who make the world a better place. Girl Scouts are our future community leaders. They are our future lawyers, doctors, leaders and lawmakers.</p>
<p><u>Harvey Mudd College Homework Help</u> CALL TOLL FREE– 1.877.8ASKHMC (827.5462) 6 p.m.–9 p.m. (PST) Sunday–Thursday September–May www.askhmc.org</p>	<p>The Harvey Mudd College (HMC) Homework Hotline is a FREE, over-the-phone, mathematics and science tutoring service for students in grades 4–12. Our program is modeled after the successful Rose-Hulman Institute of Technology (RHIT) Homework Hotline (tutoring Indiana students since 1991). Tutors are Harvey Mudd College students who are selected for their technical knowledge and ability to communicate clearly. Tutors complete a training program on how best to answer questions over the phone and best practices for tutoring mathematics and science.</p>

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<p><u>Highlanders Boxing Club</u> 26127 6th Street Highland, CA 92346 Phone: (909)496-7268 (Tony Sifuentes) – Call to make Apt. http://highlandersboxingclub.org</p>	<p>Highlanders Boxing Club is a community development corporation to promote human development & physical education by providing people with a sport, physical skill, training, & supportive services that contribute to self-sufficiency. We believe it takes a community to build young men & women into healthy adults. With our mentorship & supportive relationships we hope to provide a gang free environment.</p>
<p><u>Jack Bulik Teen Center</u> 16581 Filbert Street Fontana, CA 92335 Phone: (909) 349-6984</p>	<p>The City of Fontana's Community Services Department has a special something just for teens, the Jack Bulik Teen Center! Between the hours of 12:00 and 7:00 p.m. Monday through Friday, teens can participate in a safe, fun after school program. You and your friends can participate in tons of cool and crazy activities such as tournaments, arts & crafts, indoor/outdoor activities, cyber center & study lounge, and much more!</p> <p>This is all available to you for the low membership fee of \$1.00 per person, per year! Plus, it is so easy to sign up - just bring your completed registration packet with a parent signature, proof of age.</p>
<p><u>Jasper's Corner Homework Club</u> University of Redlands Armacost Library 1200 East Colton Ave PO Box 3080 Redlands, CA 92373 Phone: (909) 748-8467 http://www.redlands.edu/student-life/12018.aspx</p>	<p>Jasper's Corner is a homework assistance club sponsored by the University's Community Service Learning Office. It is located on the 3rd floor of the Armacost Library at the University of Redlands. Created to assist K-12 students complete their homework, each participant is assigned a University tutor with various academic specialties. Participants work one-on-one with college students. There is an off-campus location at the Boys and Girls Club of Redlands. Jasper's Corner homework assistance is free of charge. All University mentors complete background checks.</p>
<p><u>Micah House</u> 1006 Oxford Dr Redlands, CA 92374 Phone: (909) 747-0319 http://www.trinityonline.org/cgi-bin/index.cgi?section=micah Contact: Lisa Salas, Program Coordinator</p>	<p>Micah House is a program of Trinity Community Foundation, a non-profit 501(c)(3) organization, focusing on the educational, emotional, and social needs of high-risk children and youth in north Redlands. Homework help, tutoring, literacy education, adult mentoring, life skills seminars, home visits, recreational activities, music appreciation, computer training, and nutritious snacks are provided at no cost to children and their families.</p>

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<p><u>Mountain Communities Boys and Girls Club</u> <i>Iacono Club</i> 607 Forest Shade Road Crestline, CA 92325 Phone: 909-338-0418 VALLEY OF ENCHANTMENT ELEM. & GRANDVIEW ELEM. <i>Lake Arrowhead Elementary</i> Phone: 909-336-5698 http://www.mcbgc.org/</p>	
<p><u>Music Changing Lives</u> 111 W. Lugonia Avenue Redlands CA 92374 Phone: (909) 798-7572 info@musicchanginglives.org Open: 10a-7pm</p>	<p>Music Changing Lives' assists individuals connect with their own passion, and purpose in life. Conducting and analyzing research, sponsoring workshops, and collaborating with a variety of practitioners are all tools we utilize in the effort to further our mission. That mission is to reduce America's dropout rate by addressing needs of at-risk-youth. \$20.00 a month (Full Scholarships Available!) Day: Monday -Thursday Time: 3:30-7:00pm Place: Community Center</p>
<p><u>Mustard Seed Tutorial Center</u> 51 West Olive Avenue Redlands, CA 92373 Phone: (877) 529- READ www.mstc.us</p>	<p>Mustard Seed Tutorial Center provides low-cost, high-quality academic assistance to students by helping them learn, build confidence and experience success. How we help children: Four-step process, 1. Comprehensive Assessment 2. General Instruction 3. Targeted Remediation 4. Ongoing Support</p>
<p><u>Preschool Services</u> 662 South Tippecanoe Avenue San Bernardino, CA 92415 Phone: number (909) 383-2078 or (888) 543-7025 www.sbcounty.gov/psd</p>	<p>We have proudly administered child and family development programs in San Bernardino County since 1965. Our largest programs include: Head Start – A federal direct service program providing comprehensive child and family development services for families with children from birth to age five. Both part day and full day programs are available. State Preschool – A parent/child education program open to preschool children three to five years of age, which is free to families whose monthly income meets the criteria established by the California Department of Education. Child and Adult Care Food Program – A federally funded program offering nutritious food to children in regulated child care settings.</p>

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<p><u>Preserve Community Center</u> 15800 Main St Chino, CA 91708 Phone - (909) 464-0789 preservecommunitycenter@cityofchino.org</p>	<p>The Preserve Community Center is located in the Preserve and is a joint use facility with the <u>Chino Valley Unified School District</u>. The center offers a gymnasium, a dance and fitness room, and a multipurpose room for special classes. The Preserve Community Center offers TEEN TYMES (<i>Teen Youth Making Effective Strides</i>), Sunrise Kids (<i>Before School Program</i>), Kids Night Out, High Five (<i>Afterschool Program</i>), Creative Young Chefs, <u>Teen Sports</u>, and Jazzercise.</p> <p>Hours of Operation 3:00 p.m. - 8:00 p.m. Monday, Tuesday, Wednesday and Friday 1:00 p.m. - 8:00 p.m. Thursday 9:00 a.m. - 1:00 p.m. Saturday Closed on Sunday</p>
<p><u>Pride Platoon Boot Camp Program</u> Referrals can be made by calling the Rialto Police Department. Please contact Corporal Johnny Partida (909) 421-7201 for referrals and inquiries.</p>	<p>The PRIDE Platoon Boot Camp program is specifically designed to deal with “at risk” youth. It utilizes proactive and innovative techniques for positive redirection. Overseen by Rialto police personnel, the 8-10 week program offers teaching, coaching and mentoring to alter negative behavior.</p>
<p><u>Project Cuddle</u> English : 1-888-628-3353 Spanish : 1-888-483-2323 Julie Phillips (949) 395-6706 info@projectcuddle.org</p>	<p>Project Cuddle is a non-profit organization that offers safe and legal alternatives to baby abandonment. We run a confidential toll-free 24-hour hotline for pregnant girls and women who find themselves scared and feel that they have no hope or that anyone can help them through this frightening time in their lives. Many are hiding their pregnancies, are near birth term, have no plans for their babies once born, and need prenatal care. They don’t want anyone to know their secret. Every pregnancy is kept confidential. We work with girls and women throughout the United States and Canada.</p>
<p><u>Project Life Impact</u> 468 W. 5th Street, Suite 212 San Bernardino, CA 92401 Phone: (909) 388-1700 (Tracy Vasquez) Fax: (909) 388-2300 http://www.projectlifeimpact.org/Project_Life_Impact/Home.html</p>	<p>Our Mission is to help break the cycle of poverty and destructive lifestyles and cultivate a culture of successful living through:</p> <ul style="list-style-type: none"> Community Forums and Projects Academic and Mentorship Programs Job Training and Placement Programs Holistic Family Services

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<p><u>Sparks Tackle Football</u> Redlands Community Center 111 W. Lugonia Ave. Redlands, CA 92374 Contact: Don Sparks Phone: (909) 561-5671</p>	<p>Bringing one of the first all-girls football programs to the Inland Empire, Sparks Tackle Football is a full-featured league designed to provide a positive, competitive, and safe football program to the young girls of our community. Ages: 10 - 18 (girls) Cost: \$250.00 for the season Registration: Please call for more information. Tuesdays and Thursdays 6:00pm - 6:50pm</p>
<p><u>The S.T.R.E.E.T Team</u> Phone: (909)200-6067 www.streetteamthemag.com CONTACT: Ronald Patton</p>	<p>The S.T.R.E.E.T. Team (Saving Teens by Reaching, Educating, and Enlightening Them), is a non-profit youth-based group that has established a strong network of affiliates within many schools, churches, and juvenile halls. Our organization deals largely with several issues touching today's youth inclusive of, but not limited to: Career goals, Life choices, Gang prevention and intervention, with a strong emphasis on Higher Education. We are also very well connected within the arts, entertainment, and sports industries. The S.T.R.E.E.T Team also connects with the community through our Community Resource Fairs and The URBAN CAMPOUT by inviting youth and various agencies and organizations to our free events and offering the community valuable resources and information.</p>
<p><u>Think Together</u> THINK Together (Inland Empire Regional Office) 1003 E. Cooley Dr., Suite 108 Colton, CA 92324 Phone: (909) 503-1070 Fax: (909) 503-1074 THINK Together (Foothill Regional Office) 1520 N. Mountain Ave., #200 Ontario, CA 91762 Phone: (909) 983-4000 Fax: (909) 983-4001 http://www.thinktogether.org/</p>	<p>Trained volunteers work closely with individual students to provide homework assistance and the academic support needed to succeed in the classroom. These programs focus on English, reading, math and computer literacy. Students also participate in a number of enrichment activities that promote character development and social responsibility.</p>

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<p><u>Valley Star High School</u> 9355 N. Opal Avenue Mentone, Ca. 92359 Telephone: 909-705-5998</p>	<p>Valley Star High School is an innovative Nonpublic School program that serves adolescents between the ages of 11 and 22 who face emotional, behavioral, and learning challenges. The program is designed to serve youth who live at home in the community and who have an Individual Education Plan (IEP) from their most recent school that provides for placement at a nonpublic school. Valley Star High School also offers Credit Recovery and Day Treatment services to qualified students. Referrals are accepted from the San Bernardino City, Redlands, Yucaipa - Calimesa, and Morongo Unified School Districts.</p>
<p><u>Valley Star Children and Family Services: Inter-agency Youth Resiliency Team</u> 1585 South D Street, Suite 101 San Bernardino, Ca. 92408 Telephone: 909-388-2222 Fax: 909-388-2220 Contact Persons: Wandalyn Lane, ext. 132 & Steven Hale, ext. 123</p>	<p>The Inter-agency Youth Resiliency Team (IYRT) at Valley Star Children and Family Services offers innovative mentoring services to system-involved or at-risk youth age 13-21 years old and their care-givers: past or present CFS, Probation, and County Schools. The IYRT mentoring program is free to eligible participants and focus on 5-domains: education, employment, enduring relationships, housing, and physical/emotional well-being. Valley Star IYRT serves the cities of: Colton, Grand Terrace, Bloomington, Loma Linda, Redlands, Bryn Mawr, Mentone, Yucaipa, Highland, Patton, Forest Falls, and Angelus Oaks.</p>
<p><u>Weeper's Friends CARES Foundation</u> 7349 Milliken Avenue, Ste. #140 – 190 Rancho Cucamonga, CA 91730 Phone : (909)697-9565 info@weepersfriends.org http://www.weepersfriends.org/</p>	<p>Purpose: The program supports underprivileged, at-risk children in Inland Empire communities by partnering with local public schools and struggling community youth organizations to provide low or no-cost creative arts program support. The quality of life within our local communities can be improved and made safer as these underserved children receive a chance to access and expand their creativity with positive and creative environments providing youth ‘tools of hope’! Weeper’s Friends is an excellent educational opportunity...and it’s fun too!</p>
<p><u>YMCA- HIGHLAND FAMILY YMCA</u> 7793 Central Avenue Highland, CA 92346 Phone (909) 425-9622 Fax (909) 864-4924 highland@ymcaeastvalley.org</p>	<p>Need something to do after school? Sign up for our Teen Zone and experience exciting activities including: gym, homework help, library visits, swimming, board games, Xerzone, movies, game room, art and much more! (ages11-18) Mon-Fri 4:00-7:00pm FREE</p>

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Youth Justice Center

Central Location

900 E. Gilbert Building 31
San Bernardino, CA 92415

High Desert Location

Day Reporting Center
15505 Civic Center Drive
Victorville, CA 92392

West End Location

David Stine Chaffey West Community Day School
5033 Holt Blvd
Montclair, CA 91763
Phone: (909) 447-5155
Fax: (909) 447-4391
Contact Persons:
ext 203-Sergio Madrid
ext207-Cotina Evans
(Se Habla Espanol)

Anger Management/Victim Awareness

Phone:

Drug & Alcohol (909) 387-7349

Alive @25 (Youth defensive driving)

Parenting (Parent Project) (909) 387-7347

Gang Involvement Phone: (909) 387-7347

Shoplifting (909) 387-7285

Truancy (909) 387-7347

Bullying (909) 387-7349

A program to provide specialized services, programming and activities for youth at risk ages 11-17. Anger Management, Drug & Alcohol and Truancy follow the NCTI (National Curriculum & Training Institute) curriculums. These curriculums are cognitively designed, evidence-based, and research-proven, and have been demonstrated to be effective in changing behavior and reducing recidivism rates. Additionally, the American Probation and Parole Association (APPA) has partnered with NCTI to assist in providing these curriculums to community corrections practitioners throughout North America.



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Alcohol and/or Drug Treatment Centers	PROGRAM DESCRIPTION
<p><u>Inland Behavioral and Health Services</u></p> <p>Inland Behavioral and Health Services 1963 N E St, San Bernardino, CA 92405 · (909) 881-6146 Mental Health Counseling; Substance Abuse Counseling; Homeless Support Services; and Prevention/Outreach Program</p> <p>Whitney Young Family Health Clinic (Medical and Dental) 1755 Maple Street, San Bernardino, CA 92411; (909) 386-7600 Closed on Weekends</p> <p>Inland Family Community Health Center 665 N D St, San Bernardino, CA 92401 Medical: (909) 708-8158 OB/Gyn: (909) 708-8149 Dental: (909) 708-8168 Pharmacy: (909) 708-8166</p> <p>http://ibhealth.org/</p>	<p>Inland Behavioral and Health Services, is dedicated to helping the community achieve and maintain general good health, education and welfare through commitment in providing excellent service in the areas of physical health care, substance abuse treatment, mental health improvement, homeless services and prevention education.</p>
<p><u>Inland Empire Pride</u> 1374 Waterman Ave San Bernardino, CA 92404 PHONE: (909) 754-3643 <u>Mailing Address</u> PO Box 2187 San Bernardino, CA 92404 <u>Office Hours</u> M-F 12:00pm – 5:00pm 88 info@iepride.org www.iepride.org</p>	<p>Creating & hosting safe, wholesome and relaxing family activities with diversified, supportive LGBTQI Celebrations throughout the Inland Empire. Actively addressing current issues impacting the LGBTQI Community. FREE Leadership Academy. “Frightmare On 66!” is our annual Pride Festival (combined with Halloween, held the last weekend of October. Numerous opportunities to get involved. Royalty Court, Haunted House, carnival games, vendors, exhibitors, entertainers and more. Effectively growing the LGBTQI Community with comprehensive development through The Pride Card Program. JOBS available. Civic engagement volunteer opportunities. Non-profit. Currently seeking sponsors, donations, vendors, volunteers & entertainers.</p>

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Inland Valley Recovery Services

Upland Recovery Center - Outpatient Services

916 N. Mountain Avenue, Suite A

Upland, CA 91786

Phone: (909) 932-1069

San Bernardino Recovery Center - Outpatient Services

939 N. D Street

San Bernardino, CA 92401

Phone: (909) 889-6519 Phone

www.inlandvalleyrecovery.com

In addition, we operate licensed, court-approved drinking-driver programs and domestic violence batterer's treatment alternatives.

- Substance Abuse Treatment and Counseling
- Prevention Education and Counseling
- Court-approved Domestic Violence Batterer' Treatment
- Parenting Classes (Parent Project-Loving Solutions)
- Anger Management Classes
- Family Counseling
- Couple's Groups
- Recovery Readiness Groups
- 12-Step Meetings
- Aftercare Groups
- Drug Testing
- AIDS Awareness
- Seminars and Workshops
- Community Education

Job Readiness/Career Development Recreational Activities

Enrichment Services:

IVRS provides enrichment services to youth aged 10 through 25 years old through its National Curriculum and Training Institute (NCTI) Crossroads education program. Services are designed to alleviate negative behaviors and address the complex needs of this population. Many are trauma exposed, in stressed families, at risk of school failure, and/or juvenile justice involvement. Alcohol, other drugs, tobacco, violence, and unsafe behavioral practices are common everyday occurrences with today's youth.

Drug Court:

IVRS provides the substance abuse treatment component of the San Bernardino County Juvenile Drug Court Services Program. The Drug Court is an intensive treatment program established within and supervised by the juvenile courts to provide specialized services for eligible drug-involved youth and their families.

<p><u>Making A Difference</u> Mailing Address: 1001 North La Cadena Dr. Colton, CA 92324 Or call: (909) 420-0413 Tina Squires makingadifference112@gmail.com</p>	<p>Providing support to drug and alcohol affected and other high risk children and their families by fostering community partnering of resources to "Make A Difference".</p>
<p><u>Reach Out-Deferred Entry of Judgement</u> 1126 W. Foothill. Blvd. Suite 150 Upland, CA 91786 Phone: (909)982-8641 ext. 100 fax: (909)982-8642 www.we-reachout.org Contact Person: Sharon Hurndon Sharon@we-reachout.org</p>	<p>Reach Out offers a <i>court-mandated</i> program that provides an alternative to incarceration for first-time drug offenders. On completion of this 16-week program, charges are dismissed after an 18 to 24 month probationary period. Enrollment is by appointment ONLY Please contact Sharon to set up an appointment 909.982.8641</p>
<p><u>Youth Alternative Solutions Program (YASP)</u> Phone: (909) 558-4077 Contact Person: Andre Ike http://lomalindahealth.org/medical-center/ourservices/youth-alternative-solutions-program/index.html</p>	<p>A serious problem has been identified in the adolescent population in San Bernardino County. This problem is the use of drugs and alcohol, and high risk behavior. Loma Linda University Medical Center and Children’s Hospital Trauma Support Services Department found that an opportunity existed to make a change and YASP was developed. It all begins with a hearing at the San Bernardino County Juvenile Informal Traffic Division. Clients are given the opportunity to chose between substantial fines or pay a lesser fine and attend the Youth Alternative Solutions Program. As the program has developed, they have expanded how adolescents are served from primarily juvenile courts referrals to parent and school referrals options. This option should increase an adolescent's knowledge of the effects of drugs and alcohol on the body, consequences of risky behavior with drugs and alcohol, alternative choices, the addictive process, and the self-efficacy of making life choices.</p>

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West End Location

David Stine Chaffey West Community Day School
5033 Holt Blvd

Montclair, CA 91763

Phone: (909) 447-5155

Fax: (909) 447-4391

Contact Persons:

ext 203-Sergio Madrid

ext207-Cotina Evans

(Se Habla Espanol)

Anger Management/Victim Awareness

Phone:

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Alive @25 (Youth defensive driving)

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Bullying (909) 387-7349

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Clothing Resources	PROGRAM DESCRIPTION
<p><u>Angels Closet</u> 31000 East Colton Ave Redlands, CA 92374 Contact: Patricia Williams, President (909) 794-7967 www.angels-closet.org angelscloset08@aol.com</p>	<p>It is our mission to provide clothing and other necessities to less fortunate high school students — this is achieved with the support of the community. It is also our mission to provide financial assistance to help students participate in school social activities such as homecoming, prom, graduation events, senior yearbook, announcements and senior pictures. We believe that by providing this much-needed assistance, we will be promoting a more positive high school experience for all students.</p>
<p><u>Community Charity Connection</u> 4832 Chino Ave Chino, Ca 91710 Phone: (909) 627-6099 Fax: (909) 627-5620 communitycharity@verizon.net</p>	<ul style="list-style-type: none"> • Our <i>VOUCHER (Gift Certificate) program</i> which, in conjunction with school districts, local city governments, churches, other charitable organizations and service organizations provide FREE SHOPPING for people in need. • Our THRIFT STORE which redeems the VOUCHERS is also open to the public. The funds received from this operation allow us to pay the rent and continue our giving programs. We consider people who make purchases at the THRIFT STORE like contributors to our causes. • <i>Distribution of contributions to other charitable groups</i> is a constant source of satisfaction. We have over 50 operations we contribute to. We have been able to provide truckloads of new products for their operations and used clothing, household goods, furniture and electronic items for their yard sales or other fund raising events. • <i>Service Projects</i> have been arranged for groups looking for a benevolent project.

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<p><u>Family Service Association of Redlands</u> 612 Lawton St. Redlands, CA 92374 Phone: 909-793-2673</p> <p>Executive Director: Cheryl Heesen cheryl@redlandsfamilyservice.org Director of Fund Development: Julie Nichols julie@redlandsfamilyservice.org Program Director: Lorie Thomas lorie@redlandsfamilyservice.org Office Assistant: Donna Jones donna@redlandsfamilyservice.org</p> <p>http://www.redlandsfamilyservice.org/</p>	<p>General Guidelines: Low-income and homeless families in the East Valley can apply for Family Service Association programs and services. Participants must have at least one child under age 18 in the household, be disabled or elderly to be eligible.</p> <p>Family Service Association Programs: Family Support: Available without enrollment in case management:</p> <ul style="list-style-type: none"> • Surplus Food Distribution • Clothing & Warm Coats <p>Require verification of eligibility & enrollment in case management:</p> <ul style="list-style-type: none"> • Rental & Utility Assistance • Emergency Food Assistance • Motel Vouchers • Good Samaritan Loans • Educational Programs • Holiday Food & Gifts
<p><u>Shoes That Fit</u> 1420 N. Claremont Blvd, Suite 204A Claremont, CA 91711 Phone (909) 482-0050 www.shoesthatfit.org</p>	<p>Shoes That Fit matches sponsors (business, school, church, civic organization or caring people) with nearby schools that have children in need. A sponsoring group decides how many children they can help. The chosen school identifies the children most in need of new shoes and measures the students for proper size.</p>

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Community Centers	PROGRAM DESCRIPTION
<p><u>Colton Community Centers</u> Art Thompson Teen Center 651 North Mount Vernon Avenue Colton, CA 92324 (909) 514-4255</p> <p>Frank A. Gonzales Center 670 Colton Avenue Colton, CA 92324 (909) 370-6153</p> <p>Lawrence Hutton Center 660 Colton Avenue Colton, CA 92324 (909) 370-6168</p> <p>Peter S. Luque Center 292 East "O" Street Colton, CA 92324 (909) 370-5087</p>	<p>Your neighborhood community centers are a wonderful place for fun, safe, supervised activities for your child to enjoy. Talented and trained recreation leaders are on duty at all of our community centers and playgrounds, and they are ready to get children involved in a variety of activities including arts & crafts, sports, board games, tournaments, movies and storytelling. For details, call or visit one of our Community Centers. Children ages 5-12 years of age are encouraged to experience the fun!!!</p>
<p><u>Community Academic Partners in Service-CAPS</u> <u>Community Parents Connection</u> Student coordinator: Lara Contreras CAPS: 909-651-5011 FAX: 909-558-7145 Email HNPParents@llu.edu or caps@llu.edu</p>	<p>Community Parents Connection This program empowers parents to keep learning and be leaders in their community. Come teach a class at SACHS and gain both experience working in grassroots environment, and academic credit. Examples of classes offered include computer classes, ESL classes, mental health, nutrition, sewing, health advocacy and leadership. Meets: Wed 4:30-7pm. @ SACHS Norton: La Escuelita, San Bernardino, CA Commitment: Weekly Community Parent Connection Coordinator: Carlos Poni Contact: caps@llu.edu</p>

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<p><u>Community Academic Partners in Service-CAPS</u> <u>Kids Rock</u> Student coordinator: Zach Gately CAPS: 909-651-5011 FAX: 909-558-7145 Email: caps@llu.edu or HNPkidsrock@llu.edu</p>	<p><i>KIDS ROCK: Reaching out N Christ 2 Kids</i> Connect with local San Bernardino kids, LLU students, and community members in singing, biblical stories, games and artistic activities. Many LLU students from different majors are involved in leading a bible stories, outdoor soccer games, craft activities or singing songs. We invite all students to come for themselves and see ways in which they would like to participate. To provide the children of San Bernardino with a safe place to play and feel free from violence. To encourage and love children by using God’s word and prayer to acknowledge God cares for them. To see that adults can have fun too! Meets Saturdays 2-4pm</p>
<p><u>First 5 San Bernardino</u> 330 North D Street, Suite 500 San Bernardino, CA 92415 Phone: 909-386-7706 or 1-888-9-FIRST-5 http://first5sanbernardino.org/default.aspx</p>	<p>First 5 San Bernardino continuously strives to make a positive difference in the lives of children, prenatal to age five, throughout this county. This is primarily accomplished through partnerships with local service agencies to provide quality programs to young children and their families. Other tools or resources offered by First 5 in the endeavor to improve early childhood include the Kelly Torres Center, the Kit for New Parents, and our School Readiness Initiative. First 5 San Bernardino’s commitment to serving our youngest children stems from the research in brain development showing that the experiences of children in their earliest years significantly affect the way they grow and develop. Positive results in the early years impact dramatically on their physical, mental, emotional and social development. This, in turn, reduces the social and financial costs of services the children might need in later years.</p>
<p><u>Rancho Cucamonga Family Resource Center</u> 9791 Arrow Route Rancho Cucamonga, CA 91730 Phone: (909) 477-2781 www.RCpark.com</p>	<p>Rancho Cucamonga City Council created a vision of a place where the many non-profit, social service groups that provide aid to our community, would be centrally located to provide resources and information on the many services and programs that are available to families. The RC Family Resource Center provides a link for over 30 nonprofit organizations providing food, clothing, counseling and many more social service needs.</p>

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<p><u>RC Teen Center</u> 9161 Base Line Road Rancho Cucamonga, CA 91730 Phone: 909-477-2795, ext. 2323 Amanda or Michelle</p>	<p>The Teen Center is just the place for teens to go after school and on Friday nights to hang out with their friends. The Teen Center is for teens in the 5th through 10th grades. There are lots of different activities to keep teens busy. The Teen Center has pool tables, ping pong, volleyball, basketball, indoor soccer, video games and weekly tournaments. Don't miss out on special activities that include free food, crafts and bizarre games.</p> <p>Hours: Mon-Thur (2:30-6pm) \$1per person Fri (2:30-8pm) \$2per person Holiday & Minimum Day: \$2 per person Mon-Thur (12-6pm) Fri (12-8pm)</p>
<p><u>Yucaipa Teen Center</u> 12385 7th Street Yucaipa, CA 92399 Phone: (909) 797-2489 http://www.yucaipa.org/cityDepartments/communityServices_Recreation/teenCenter.php</p>	<p>The Teen Center also serves as a resource center for families with children. Teen Programs offer guidance and mentoring programs which encourage self-empowerment, community involvement, and positive behavioral changes. Teen Programs are part of a community collaborative effort which has a strong network base with other organizations that are concerned about youth in our community.</p>

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Counseling & Mental Health Services	Program Description
<p>California Department of Corrections & Rehabilitation 1465 South D Street, Suite 100 San Bernardino, CA 92408 Phone: (909) 327-2981</p>	<p>The Day Reporting Center (DRC) program is designed to provide nonresidential supportive services to parolees who are at risk of violating their parole and returning to custody. It is a voluntary program considered as a parolee resource center to assist parolees in their reintegration back into society.</p>
<p>California Youth Connection (CYC) Contact Person: Celeste Osborne Phone: (760) 508-8619 cycsanbernardino@yahoo.com http://calyouthconn.org/san-bernardino-contact</p>	<p>California Youth Connection (CYC) is guided, focused and driven by current and former foster youth with the assistance of other committed community members. CYC promotes the participation of foster youth in policy development and legislative change to improve the foster care system, and strives to improve social work practice and child welfare policy. CYC Chapters in counties throughout the state identify local issues and use grassroots and community organizing to create change.</p>
<p>California Youth Crisis Line 1-800-RUNAWAY (786-2929) www.1800RUNAWAY.org http://www.youthcrisisline.org</p>	<p>The California Youth Crisis Line (CYCL) is a statewide, toll free, 24-hour, confidential Hotline available to teens and young adults ages 12-24 and/or any adults supporting youth.</p> <p>CYCL is also an immediate, reliable and free link between youth and local services. We can help you find homeless youth shelters, youth-serving medical clinics, on-going counseling services and much more throughout California.</p>

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Catholic Charities

Administration:

1450 North D Street, San Bernardino, CA 92405

Phone: 909.388.1239

Fax: 909.384.1130

www.ccsbriv.org

email info@ccsbriv.org

Family and Community Services:

San Bernardino: 909.880.3625

Ontario: 909.391.4882

High Desert: 760.242.2311 x 8454

Moreno Valley: 951.924.9964

Riverside: 951.689.1803

Coachella Valley: 760.342.0157

Counseling:

San Bernardino: 909.763.4970

Riverside: 951.801.5282

Coachella Valley: 760.449.7877

High Desert: 760.989.4090

Refugee and Immigration Services:

San Bernardino and Riverside Counties:

Phone: 909.388.1234

Catholic Charities exists to provide essential social services that increase the stability, health, and safety of low-income families and those in crisis throughout San Bernardino and Riverside Counties. We are a non-profit, community-based organization that serves all people regardless of religious affiliation. Our staff is well-trained, mission-driven, and local to the communities that we serve. We are one of the largest providers of social services in the Inland Counties.

<p><u>Center for Healing Childhood Trauma</u> 101 South Olive Rialto, CA 92376 Phone: (909) 875-5288 center@centerforhealing.net</p>	<p>Center for Healing Childhood Trauma is the single most comprehensive referral source for sexual abuse and family related cases in San Bernardino and Orange Counties. Established in 1990, Center for Healing has long standing relationships with Family Court, Probation Department, and the Department of Family Services (DFS) in three counties. Center for Healing Childhood Trauma ("Center for Healing"; "the Center") has been providing counseling and education services to victims of child abuse and their families since January of 1990. Center for Healing Childhood Trauma is the DBA for the 501 (c)(3) charitable non-profit corporation People Against Childhood Trauma c1615033.</p>
<p><u>Christian Counseling Service</u> 51 West Olive Avenue Redlands, CA 92373 Phone: (909) 793-1078 http://christiancounselingservice.org/</p>	<p>Our mission is to serve families and individuals in the Inland Empire through professional, compassionate and evidence-based mental health services which are rooted in community and faith.</p> <p>Children & Family Services including...</p> <ul style="list-style-type: none"> * Play Project & Floortime Services for Autistic Spectrum Disorder children * Parent-Child Interaction Therapy * Crisis Therapy for Children * Play Therapy <p>Individual psychological therapy and counseling for adults, adolescents and children</p> <p>Pre-marital & Couples counseling, Family counseling (including step, blended, foster and extended members), Grief counseling, Adult children of alcoholics, Stress management, Depression & anxiety, Eating disorders, Addictions (including drugs, alcohol, pornography and sex), Physical assault, sexual abuse & molestation</p>

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City of Chino

Human Services

is located in the Carolyn Owens Community Center
13201 Central Avenue
Chino, CA 91710

Phone: (909) 591-9822

<http://www.cityofchino.org/index.aspx?page=172>

Counseling

Family Counseling: Available free-of-charge to all Chino residents, the Family Counseling program provides counseling services to youth, teens, adults, couples, and families seeking assistance in such areas as resolving conflicts, improving communication, parenting issues, etc.

Youth Counseling Program: The Youth Counseling program provides treatment and support services to elementary school students and their families. Issues dealt with include low self-esteem, social adjustment problems and/or behavior difficulties.

Teen Counseling: This program provides counseling services to junior and senior high school students experiencing family difficulties, low self-esteem, social adjustment problems and/or behavioral difficulties. Other issues covered include crisis intervention and conflict resolution. Teen counseling services are available throughout the traditional school year.

Batterers' Treatment: Formerly titled Anger Management, the Batterers' Treatment courses are designed to meet the needs of individuals who have identified that their anger has caused problems in relationships. Topics include: domestic violence dynamics, self-control/self-awareness, improved communication, techniques to de-escalate arguments and improved couple/family awareness. Separate groups exist for men and women and enrollment can be voluntary or court mandated. There is a fee for this service.

Penal Code 1000 (PC1000): This program is designed for adult substance abuse offenders mandated by the court system to participate in substance abuse education. There is a fee for this service.

Youth Anger Management: This program is designed to teach youth to understand where their intense feelings of anger originate, and to teach them to identify and recognize the origin of their anger in order to successfully manage it. They will also be taught to identify risk factors that contribute to poor impulse control. The program is taught in a small group setting consisting of weekly one-hour sessions for 10 weeks. There is a small fee per session.

Domestic Violence Counseling: In cooperation with the Chino Police Department, this program provides counseling, information and referral services to families and victims of domestic violence. Individual counseling and support groups are available and free to Chino residents.

City of Chino

Human Services

is located in the Carolyn Owens Community Center

13201 Central Avenue

Chino, CA 91710

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<http://www.cityofchino.org/index.aspx?page=172>

Referral Card Program: This collaborative program partners with the Chino Police Department to provide domestic violence intervention as a result of referrals made by the Police Department at the time of a domestic disturbance call. The Referral Card Program was developed after two departments within the City of Chino saw a need within the community and worked together to develop a program that would benefit the citizens of Chino.

Tobacco Youth Prevention Education Program: This project is a tobacco prevention and cessation program for 9th-12th grade students. It is a multi-focused approach designed to bring students, parents, community agencies, and staff together in a coordinated, intense effort to halt tobacco use among teens. Program runs throughout the traditional school year.

Project ALERT: Project ALERT is a collaborative effort between the school district and Chino Human Services. Project ALERT is a drug prevention program for students in the 7th and 8th grades. It uses participatory activities and videos to help motivate adolescents against drug use, teach skills and strategies needed to resist pro-drug pressure, and establish non-drug using norms. This program runs throughout the traditional school year at six Chino Valley Unified School District junior high schools.

CAL-Safe Pregnant and Parenting Teens Counseling Program: Designed for students attending Buena Vista High School, this counseling program provides individual and group counseling for students in the Parenting Program. Discussion topics include: self-esteem, interpersonal relationships, parenting concerns, three-generational living, communication, conflict resolution, abusive relationships and practical life concerns. Program runs throughout the traditional school year.

<p><u>Department of Behavioral Health</u> Children's Crisis Response Team (CCRT) <u>East Valley</u> 850 E. Foothill Blvd. Rialto, CA 92376 Phone: (909) 421-9233 Pager: (909) 420-0560 24 hours a day, 7 days a week <u>High Desert</u> 12625 Hesperia Rd. Victorville, CA 92395 Phone: (760) 956-2345 Pager: (760) 734-8093 24 hours a day, 7 days a week <u>West Valley</u> 1647 E. Holt Blvd, Ontario, CA 91761 (in the Public Health Building) Phone 909-458-9628</p> <p>*Leave your phone number after the beep and the Crisis Response Team will return your call.</p>	<p>The Children's Crisis Response Team is a community-based mobile crisis response program for children and adults experiencing a psychiatric emergency. The team responds to crises involving children and adolescents in the West, East and Desert areas of San Bernardino County Responds to calls such as: Homicide and Suicide</p> <p>For Youths and Adults</p>
<p><u>Desert/Mountain SELPA Children's Center</u> 17800 Highway 18 Apple Valley, CA 92307 (760) 242-6333 Contact: Darla Rains http://www.dmselpa.org/dmscc.html</p>	<p>The Desert/Mountain SELPA Children's Center (DMSCC) is a counseling center designed to meet the therapeutic needs of children and adolescents. The DMSCC provides individual, group and family counseling. The majority of services offered by the DMSCC are provided at the child's school site. Therapists travel to the school site to provide services determined in the child's client plan. It is our goal to assist clients in developing skills to reach their full potential. Referrals may be made through the child's school, parents, physicians and/or guardians. Services: Teacher training, parent help, transition programs</p>

<p><u>Easter Seals</u> Easter Seals Child Development Center 2999 S. Haven Avenue Ontario, CA 91761 Phone: 909 923-3352 betty.reckard@essc.org www.southerncal.easterseals.com</p> <p>531 W. 8th St. Upland, CA 91786 Phone: 909 981-4668 Contact: Estella Perez ext:225 www.southerncal.easterseals.com</p>	<p>Easter Seals Child Development Centers serve children from birth to five years of age. The centers provide comprehensive services including family supports through parent workshops, training services, disability services and individual consultation.</p> <p>The Centers also serve pregnant women and provide home-based early childhood education services. The centers provide full-day, year-round care.</p> <p>Early Headstart: Ages (6weeks -3years old)</p> <p>Headstart : Ages (3-5 years old)</p>
<p><u>El Sol</u> El Sol Neighborhood Educational Center Phone: (909)884-3735 elsol91@gmail.com www.elsolnec.org</p>	<p>El Sol Neighborhood Educational Center is to empower our community to lead healthy and comfortable lives with access to health care, safe, affordable housing, opportunities for education, and the leadership skills to eliminate disparities.</p>

<p><u>Family Service Agency of San Bernardino</u> 1669 North E Street San Bernardino, CA 92405</p> <p>Patrice Cormican, Chief Executive Officer, (909) 886-6737 Veronica Perry, Admin Liaison, (909)886-6737 or (909)881-3871 Office fax number: (909) 881-3871 http://www.fsaofsb.org</p>	<p>Description: Family Service Agency of San Bernadino's Outpatient Clinics provide a wide range of counseling and educational community outreach services to children, adolescents and adults in San Bernardino, Crestline and Fontana. The majority of our clients are classified as at-risk and low-income. Fees are based on income with the cost of services supplemented by the United Way, City and County funds and the Agency fund-raising activities. Many programs are free. Available County programs include: Child Abuse Prevention, Intervention and Treatment (CAPIT); Children's Intensive Mental Health Services; Early Prevention, Screening, Diagnosis and Treatment (EPSDT) and Success First (Wraparound). FSA also offers classes at the Day Reporting Center and through Alternative Choices that focus on truancy, drug and alcohol abuse, anger management, gang intervention and cognitive life skills. Other programs include: Children of Addicted Parents (CAP); Specialized Treatment Offender Program (STOP); Domestic Violence prevention; Thinking for a Change and Parenting. Crestline Special Services offers a Food and Clothing Bank, Utility and Rent Assistance, and basic needs vouchers for mountain community residents.</p> <p>Services: Domestic Violence, Individual/ Family counseling, Anger management</p>
<p><u>High Desert Center Inc.</u> 16248 Victor Street Victorville, CA 92395 Phone (760) 243-7151 (Cindy Burklaw) Fax (760) 952-1432</p> <p>HOURS: Monday – Thursday Programs 9:00 am to 8:00 pm Friday – By appointment</p>	<ul style="list-style-type: none"> • Youth Enrichment • Therapy Services • Parenting Classes • Anger Management Classes • Tutoring • Substance Abuse Program • Drug Diversion (PC 1000) • Drug & Alcohol Education • Drug Testing • Supervised Visitation

<p><u>High Desert Relative Caregivers</u> 15150 La Paz. Drive Victorville, CA 92395 Phone: (760) 881-7364 http://highdesertrelativecaregivers.webs.com/</p>	<p>We Are a unique, one of a kind program in the Victor Valley. We offer Support Group meetings with age appropriate activities for the children (all staff & volunteers are fingerprinted with background checks). At HDRC trained facilitators, instructors, and other relative caregivers help participants find support in providing the emotional security and caring discipline that's needed in a warm and loving atmosphere at home.</p>
<p><u>Hope After Suicide</u> 15111 Pipeline Ave., #245 Chino Hills, CA 91709 Contact: Pat Harness-Overley Phone: (909) 393-2563 overley@gte.net</p>	<p>Hope After Suicide is a self-help support group and not affiliated with any religious group or denomination. Meetings are open to those who have lost friends or relatives by suicide. The goal of our group is to support each other toward healthy resolution of our grief:</p> <p style="text-align: center;">First & Third Wednesday Evenings of the Month 7:00 pm to 8:30 pm Pomona Valley Medical Center 2140 Grand Ave., Suite 105 Chino Hills, CA 91709 No Charge</p>
<p><u>Indian Child and Family Services</u> 43385 Business Park Drive Suite 160 Temecula, CA 92590 Toll free: (800) 969-4237 Local 951-676-8832 Fax 951-676-3950 Contact person: Doña Gaje – Project Coordinator 951-676-8832 ext. 24 dona@indianchildandfamily.org</p>	<p>Indian Child and Family Services is a tribal consortium: Cahuilla, Morongo, Santa Rosa, Pala, Pechanga, San Manuel, Torres Martinez, and 29 Palms, and Riverside San Bernardino County Indian Health. As a tribally run agency, ICFS is committed to helping American Indian children through strengthening family relationships. ICFS applies a cultural approach to evidence base practices that strengthens or revitalizes cultural values, beliefs and traditions; and gives families the tools they need to protect their children in today's world. We provide the following services to all American Indians residing in San Bernardino, Riverside, and San Diego counties: ICWA court advocacy, in-home early intervention and prevention services, cultural training and consultation services, and foster and adoption services.</p>

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Inland Behavioral and Health Services

1963 North E Street
San Bernardino, CA 92405

Phone: (909) 881-6146

Fax: (909) 881-0111

www.ibhealth.org

Questions about our Social Services: bierdragerc@ibhealth.org

IBHS Prevention (CBSG®) Program: Our goal is to build bridges between organizations, churches and other entities which may motivate and promote the creation of an empowered community. IBHS offers the Curriculum-Based Support Group (CBSG®) program – a unique, multi-cultural, evidence-based preventive intervention for children and youth ages 4-17 whose high-risk situations, attitudes, and behaviors place them at elevated risk for future behavioral and health problems including substance abuse, delinquency, and violence. Target: African American and Hispanic youth living on the west side of San Bernardino.

The Wholeness & Enrichment Center (WE Center) — psychological services and counseling for young children, teens, adults and seniors: Services include psychotherapy, counseling, and wellness education for individuals, couples, and families. Our goal is to enhance the lives of our patients through improved coping skills, self-esteem, relationships with others, and personal well-being. The WE Center accepts all Medi-Cal and there is a sliding fee scale for low cost services (based on income level). Other methods of payment may be accepted. Limited transportation and child-care is available, if required.

<p><u>Inland Behavioral and Health Services</u> 1963 North E Street San Bernardino, CA 92405 Phone: (909) 881-6146 Fax: (909) 881-0111 www.ibhs.org Questions about our Social Services: bierdragerc@ibhealth.org</p>	<p><u>Perinatal Care Network (PCN)</u> — This is comprehensive, substance abuse, day treatment and outpatient program for pregnant and/or parenting women and their children: Services include drug/alcohol education and counseling, health education, parenting classes, intensive case management, child therapy and assessments, free child-care for children 0-5 (limit 2), and transportation for the first 6 months. We also serve pregnant teens. Free, drop-in pregnant/postpartum support group (Fridays, 9:30-11am)</p> <p><u>Westside Counseling Center (WCC)</u> — an outpatient drug/alcohol treatment for men, women and youth: We provide individual and group drug/alcohol education and counseling, substance abuse assessment, crisis intervention and case management services for people who are self-referred or referred by the Courts, the Parolee Services Network, SASCA, CalWORKs, and CFS. We also offer the PC1000 (DEJ) Drug Education Diversion Program and substance abuse prevention and outreach services. Medi-Cal is also accepted.</p> <p><u>Project Home Again (PHA)</u> — homeless support services: PHA offers life skills, vision mapping, goal setting, life planning, and personal success classes to assist individuals and families recovering from homelessness. These services are at no cost to participants.</p>
<p><u>Inland Empire Family Life Institute</u> 2536 South Grove, Suite 126 Ontario, CA 91761 Phone: (909)923-3179 james@familylifeinstituteie.com www.familylifeinstituteie.org</p>	<p>Serving to empower families that want to create a happy, healthy environment for their homes. This way, children can grow up to become productive adults that will impact and influence their communities in a positive way.</p>

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<p><u>Inland Empire Pride</u> 1374 Waterman Ave San Bernardino, CA 92404 PHONE: (909) 754-3643 <u>Mailing Address</u> PO Box 2187 San Bernardino, CA 92404 <u>Office Hours</u> M-F 12:00pm – 5:00pm info@iepride.org www.iepride.org</p>	<p>Creating & hosting safe, wholesome and relaxing family activities with diversified, supportive LGBTQI Celebrations throughout the Inland Empire. Actively addressing current issues impacting the LGBTQI Community. FREE Leadership Academy. “Frightmare On 66!” is our annual Pride Festival (combined with Halloween, held the last weekend of October. Numerous opportunities to get involved. Royalty Court, Haunted House, carnival games, vendors, exhibitors, entertainers and more. Effectively growing the LGBTQI Community with comprehensive development through The Pride Card Program. JOBS available. Civic engagement volunteer opportunities. Non-profit. Currently seeking sponsors, donations, vendors, volunteers & entertainers.</p>
<p><u>Juvenile Fire setter Intervention Program (JFSP)</u> 200 East 3rd Street San Bernardino, CA 92410. Phone: (909) 384-5388 http://www.ci.san-bernardino.ca.us/civica/filebank/blobload.asp?BlobID=5450</p>	<p>The purpose of this program is to reduce the incidence of youth-set fires through education, intervention and professional referral services tot the child and their families; to promote fire awareness and to enhance the fire and life safety of the citizens of San Bernardino.</p>

<p><u>Kids Konnected</u> 26071 Merit Circle Suite 103 Laguna Hills, CA 92653 Phone: (949) 582-5443 http://kidskonnected.org</p>	<p><u>Bereavement:</u> When a parent passes away from cancer, it can have devastating emotional effects on the children. Karen’s Kids is our very own bereavement program for kids who have lost mom or dad to cancer. This special five-week program takes a child through the steps of grieving and teaches them how to cope with their tremendous loss.</p> <p><u>Support Groups:</u> This is a great time to meet face to face to discuss your particular issues. Groups are headed by our Youth Leaders and co-facilitated by licensed professionals. They team together in groups to help kids share their feelings and gain strength from one another. Group meetings are also a time to learn the facts of cancer. We have professional, medical people attend on occasion to answer serious questions like, “What is Cancer? What is Chemo? Is cancer contagious?” We meet in three age groups: 3-7 years old, 7-12 years old and teens.</p> <p><u>Youth Leader Training:</u> Each year we have a 3 day Youth Leadership Training hosted in Southern California. Here, the Youth Leaders learn basic therapeutic skills like “active listening”, answer cancer related questions, and develop supportive relationships with children in need. The training is also a time for the teens to look into their own experience with their parent’s cancer and how it has shaped them into the person they are today.</p> <p><u>Teen Camp:</u> is for those between 13 and 18 and provides a fun atmosphere and an opportunity to share and connect with other peers and adults who understand what they are dealing with.</p> <p><u>Junior Camp:</u> Junior camp is for children from 7-12 years old and provides a fun atmosphere and an opportunity to share and connect with other peers and adults who understand what their facing.</p>
<p><u>KLS Counseling Services</u> 15218 Summit Ave. Ste. 229 Fontana Ca 92336 Phone: 951-544-6380 ekdk82@aol.com</p>	<p>One -on-One Counseling Services (Group Counseling also available) Services are affordable / on a sliding scale Location --In-home--In office or By phone Type of services-prevention-intervention and maintenance programs & services For-- kids -teens and young adults/Ages 5-25 Target Population: Foster Youth --Group Home Youth--Juvenile Justice Youth--HS Dropouts-At-risk Youth We work with clients throughout the school year. Sign-up today for the upcoming school year.</p>

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<p><u>Lighthouse Learning Resource Center</u> 9791 Arrow Blvd Rancho Cucamonga, CA 91730 Phone: 909-477-2781 Contact: Sally Alvarado</p> <p>Hours: 12-8pm (M-F)</p>	<p>We serve at-risk youth, the elderly, inmates released from prison, homeless families, reservist & their families, and those recovering from addictions. Our services are focused to impact the mind, body, heart, and ultimately the spirit-we are dedicate to serving with compassion and empower our families on the road to self-sustainability</p> <p>Youth Empowerment Club 1st & 3rd Wednesday 5:00 p.m. – 7:30 p.m. (Youth Class) 2nd & 4th Thursday 5:00 p.m. - 7:30 p.m. (Youth Class) Fridays Call for appointment (Intake/Assessment)</p>
<p><u>Moses House</u> 15180 Anacapa Road P.O. Box 2033 Victorville, CA 92393 Phone: (760) 955-1895 Toll-Free: (866) 60-MOSES http://www.moseshouse.org/mentoring.html</p>	<p>Moses House Ministries provides mothers a safe and caring environment in which to make a plan for moving from their desperate situation and unhealthy lifestyles to success and self-sufficiency through our long-term, multi-service resource center and support programs. We provide long-term services to any single mother who is pregnant or has at least one child under the age of six.</p>
<p><u>Mountain Counseling & Training, Inc.</u> Headquarters 27315 North Bay Road, Suite A (next to the Blue Jay Cinema) Blue Jay, CA 92317-5501 Sarah Muecke, B.A. Chief of Staff Office: 909.336.3330 Fax: 951.300.4719 www.MountainCounseling.org Sarah@MountainCounseling.org.</p>	<p>Mountain Counseling & Training, Inc. has many services (including individual/group/family counseling, tutoring, classes) which are designed in a strengths-based manner to move you closer to your goals and provide a sense of hope about your potential. Free Counseling and Academic Tutoring is available for "At-Risk" youth and CFS referred clients/families. We also provide classes for "at-risk" youth and CFS-referred clients/families (Anger Management/Truancy/Parenting/Drug & Alcohol/Domestic Violence/Life Skills).</p>

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<p><u>Native American Resource Center</u> 2210 East Highland Ave, Suite 101&102 San Bernardino, CA 92404 Phone (909) 864-1097 Ext. 3325 eolague@rsbcih.org</p>	<p>Native American Resource Center services include:</p> <ul style="list-style-type: none"> • Substance Abuse Prevention • Mental Health Awareness • Student Assistance Programs • Teen Pregnancy • Talking Circle • Families of tradition • Family Education Night • Native American Parent (Cultural) • Healthy Lifestyle • Hand Drum Making • Beading • Rattles • Basket Weaving Class • Referrals for Continuing Care
<p><u>Olive Crest-Inland Empire & Desert Communities</u> 555 Technology Court, Suite 300 Riverside, CA 92507 (T) 951-686-8500 (F) 951-369-3037 http://www.olivecrest.org</p>	<p>Since 1973, Olive Crest has transformed the lives of over 50,000 abused, neglected, and at-risk children and their families. We work tirelessly to meet the individual needs of kids in crisis by providing safe homes, counseling, and education for both youth and parents. Our many innovative programs reflect our conviction that strengthening the family is one of the most powerful ways to help heal children. With unwavering compassion, the Olive Crest family maintains a lifelong commitment to the youth and families we serve even after they have graduated from our programs.</p> <p>Established, proven, and respected, Olive Crest has proudly served the greater Inland Empire area since 1978 and the Desert Communities since 1995. Our regional locations in Riverside, La Quinta, Coachella, and Victorville provide a broad spectrum of care for children and families throughout Riverside and San Bernardino Counties.</p>

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<p><u>Option House</u> Option House Inc P.O.Box 970 San Bernardino CA 92402 Phone (909) 381-3471 info@optionhouse.org http://www.optionhouse.org/page.php</p>	<p>This corporation is organized to promote the health, safety and rights of victims of family violence; and to promote the education of the community by :</p> <ul style="list-style-type: none"> • Providing 24-hour emergency crisis intervention, temporary emergency shelter, food, clothing and support services to victims of family violence. • Providing transitional housing to promote an independent and productive lifestyle to female violence and their children. • Providing community awareness of the widespread incidence of family violence through education and training programs.
<p><u>Reach Out-Reach Out to Parents and the Community</u> 1126 W. Foothill. Blvd. Suite 150 Upland, CA 91786 Phone: (909)982-8641 fax: (909)982-8642 www.we-reachout.org Contact Person: Kanni Pereira ext#107</p>	<p>Reach Out offers numerous programs which are unique to the youth, volunteers and policy makers in our community! When adults smoke around children, it is the kids who suffer. Children exposed to smoke are more likely to experience breathing problems, ear infections, and behavioral problems such as hyperactivity that can cause them to fall behind in school. Tobacco Awareness The Reach Out to Parents program educates the community about the effects of tobacco and second-hand smoke on children. We offer both informational public presentations for adults and fun, age-appropriate educational programs for children as young as preschool age. Smoking Cessation Program To help parents and other adults through the difficult process of quitting, Reach Out offers a FREE 8-week smoking cessation program that provides the guidance and support they need to kick the habit — for the kids’ sake and their own. This program is generously funded by First 5 San Bernardino. Enroll in our FREE Smoking Cessation Program or schedule a date for a presentation on the effects of tobacco on children. Please contact Reme 909.982.8641</p>

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<p><u>Reach Out-Parenting Classes-Active Parenting Curriculum</u> 1126 W. Foothill. Blvd. Suite 150 Upland, CA 91786 Phone: 909-982-8641 fax: (909)982-8642 www.we-reachout.org Contact Person: Karini Pereira M.A., Intervention Specialist ext#107 karini@we-reachout.org</p>	<p>This program is divided into six sessions, approximately 2 hours each. It is an entertaining and informative program that uses video, activities and discussion to show you ways to raise responsible, cooperative children who are able to resist negative peer pressure. You'll leave each session energized and motivated to make changes in your own family's daily routine that will lead to greater happiness in every room of the house.</p>
<p><u>San Bernardino Sexual Assault Services</u> 444 North Arrowhead Avenue #101 San Bernardino, CA 92401 Phone: (909) 885-8884 Redlands (909)335-8777 Yucaipa (909)790-9374 Victorville (760)952-0041 Coachella Valley/Indio (760)568-9071 Morongo Basin/Yucca Valley (760)369-3353 http://www.sbsas.org</p>	<p>San Bernardino Sexual Assault Services' mission is to provide understanding and support to victims of sexual assault through immediate crisis intervention, follow-up services, one-on-one counseling, accompaniment, and advocacy services. All services are available to victims, their families, significant others and friends, at no charge, irrespective of social-economic status, gender, ethnic origin or sexual orientation.</p>

Shield Program for Adolescent Self-Injury

Loma Linda University Behavioral Medicine Center

1710 Barton Road

Redlands, CA 92373

Phone: (800)752-5999 or (909)558-9275

Email: bmc-info@llu.edu

- **Child Abuse Hotline (800) 827-8724**
- **Community Crisis Hotline (800) 603-4673**
- **Youth Crisis Hotline (800) 448-4683**
- **LLUBMC Intake for Further Information (909) 558-9275**
- **San Bernardino County Sexual Assault Services (909) 335-8777 or (800) 656-4673**

Discovering that your teen “cuts” or self-injures his or her body is absolutely terrifying for a parent. You may fear that your teen is contemplating suicide. The Shield Program for Adolescent Self-Injury at Loma Linda University Behavioral Medicine Center is designed to help your teen learn ways to cope with extreme emotions without resorting to self-injury and to help parents understand how overwhelming emotions lead some teens to hurt themselves.

(All groups meet two days per week for three hours.)

Adolescent Skills Training Group

Teens attend this group to learn specific DBT skills to stop self-injurious behaviors and manage emotions effectively. This group helps teens learn to tolerate and reduce emotional pain while learning to change destructive patterns.

Multifamily Skills Training Group

Teens and their parents/guardians will learn skills simultaneously. This group enables parents not only to serve as coaches for their teen, but also acquire skills to improve effective family communication.

Parent Skills Training Group

Parents/guardians attend this group for support and to learn better ways to handle frustration, guilt, and their own overwhelming emotions. Family members are educated on DBT skills, family roles. Individual Session Teens will have a weekly session with a DBT therapist to assess their individual progress.

The Mourning Star

The Mourning Star Center - Victorville

18169 Bear Valley Road

Hesperia, CA 92345

Sheryl Sullivan

Bereavement Coordinator

(760) 948-7249

Sheryl.Sullivan@vna-ic.org

www.mourningstar.org

The Mourning Star Center - Riverside

6235 River Crest Drive Suite P

Riverside, CA 92507

William Cloake, M.A., MFT-I

Bereavement Coordinator

(951) 413-1317

Wil.Cloake@vna-ic.org

The Mourning Star Program - Banning

264 N. Highland Springs Ave., Bldg. 4, Suite A

Banning, CA 92220

Kelly Orchard

Bereavement Coordinator

(951) 845-8439

Kelly.Orchard@vna-ic.org

The Mourning Star Center serves children between the ages of 3 and 18, and their parents or other adult caregivers in ongoing grief support groups. We also receive numerous phone calls each week from parents, teachers, school counselors or other family members in Riverside County and San Bernardino County seeking help or advice in dealing with a grieving child or children.

Valley Star Children and Family Services

1585 South D Street, Suite 101
San Bernardino, Ca. 92408
Telephone: 909-388-2222
Fax: 909-388-2220

Valley Star uses individualized and highly flexible approaches that span school, family, and community environments. Valley Star services are family-centered and needs-driven, anchored in home visits for the family's convenience. Clinicians begin with an in-depth assessment identifying strengths and impairments. A treatment plan is developed in collaboration with the clients, family and mental health professional. Staff members collaborate with school personnel, county staff, parents and guardians, and other community agencies to achieve treatment goals.

- Valley Star Children and Family Services offers the following Prevention and Early Intervention Services: Student Assistance Program (SAP), which provides
 - Universal classroom education regarding social skills, anger control, problem solving and coping skills for everyday life.
 - Select small groups of targeted topics including bullying, depression, grief and loss, and anger management.
 - Individual services for more at risk youth who may be presenting symptoms of mental illness.
- Valley Star Children and Family Services offers the following Mental Health Services:
 - School-based services (including school consultation and interventions).
 - In-home services (including assessment, consultation, case management, individual and family counseling, and crisis intervention).
 - Clinic-based services are available as an alternative to in-home or school-based services.
 - Clinicians are experienced with various evidenced based practices and skilled in behavior modification targeting delinquency as well as children experiencing trauma stemming from abuse/neglect or traumatic events.

Victim/Witness Services Program

Central Office

316 N Mt View Ave
San Bernardino, CA 92415
909-387-6540 (Nancy)

Barstow Office

235 East Mt View
Barstow, CA 92311
760-256-4802 (Lacy Orake)

Morongo Basin Office

6527 White Feather Rd
Joshua Tree, CA 92252
760-366-5740

Victorville Office

14455 Civic Dr, Suite 300
Victorville, CA 92392
760-552-6944

Fontana Office

17830 Arrow Blvd
Fontana, CA 92335
909-356-6406

Rancho Cucamonga Office

8303 Haven Ave, 4th floor
Rancho Cucamonga, CA 91730
909-945-4241 (Tina Hernandez)

Services For Victims

- Referral to community agencies for counseling.
- Reassurance and support for victims and their families.
- Emergency assistance for short-term needs.
- Special services to victims of sexual assault and domestic violence.
- Crime prevention and information.

State Victim Compensation

If you are a victim of a violent crime, you may be eligible for financial compensation by the State of California. You may qualify for reimbursements of out-of-pocket loss of wages, medical, or funeral expenses through application to the State Victim Compensation Program, contact the Victim/Witness Assistance Program.

<p><u>Victor Community Support Services</u> <u>San Bernardino</u> 1908 Business Ctr. Dr., Suite 220 San Bernardino, CA 92408 Phone: (909) 890-5930 (Becky)</p> <p><u>Victorville</u> 15095 Amargosa Rd., Ste. 201 Victorville, CA 92395 Phone: (760) 245-4695</p> <p><u>Barstow</u> 222 East Main Street Barstow, CA 92311 Phone: (760) 245-4695 http://www.victor.org/victor-community-support-services</p>	<p>VCSS is a community based program providing a wide variety of mental health and social support services to children, youth, young adults, and families. Each of the service sites within this organization share common goals and a treatment philosophy grounded in the belief that children need families, and that support should be provided in the communities where they live and attend school. VCSS dramatically broadens the scope of Victor by offering a multitude of services to a very extensive list of target populations residing in the communities they serve. Some of the many services include: Wraparound, Specialty Mental Health Services, Therapeutic Behavioral Services, Foster Care Assessment and Treatment, Juvenile Justice Assessment and Treatment, 0-5 Services, Co-Occurring Disorders Treatment, Prevention and Early Intervention, and School-Based Services. VCSS has a comprehensive array of Evidence Based Practices as the foundation for its wide variety of community-based mental health services and strives to help children and their families succeed in their home and school environments.</p>
<p><u>Victor Treatment Centers</u> 1053 N. D Street San Bernardino, CA 92410 Phone: (951) 436 5200 Fax: (951) 436 5250 http://www.victor.org/victor-treatment-centers</p>	<p>Victor Treatment Centers, Inc. (VTC) exists to provide a healthy, healing living environment for severely emotionally disturbed children and youth who have such great needs that they are not able to succeed in family situations and/or lower levels of care. Children age 8 through 18 who have not been successful in family situations, foster homes, or group homes can find success within the Victor Treatment Centers environments. The youth served by VTC have significant mental, behavioral, or and emotional disorders that result in the need for 24/7 supervision in conjunction with intensive mental health services. VTC residential services are based on a foundation of strength-based and relationship-based approaches that support the optimal recovery and resiliency for these children and youth.</p>
<p><u>Visionaries Homes</u> 1331 West Kendall Drive, Suite 2 San Bernardino, CA 92407 Monday-Friday 10am-6pm Phone (909)486-3454 24 hour line</p>	<p>24 hour basic center for youth safe place to sleep for ages 17 and under</p> <ul style="list-style-type: none"> • Walk in, wash clothes, shower • Hot meal or education • Counseling services

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Youthful Creations & Interventions, Inc.

2130 N Arrowhead, Ste#104
San Bernardino, CA 92405
Office:909-991-7610
Cell:909-205-4575
Fax: 909-723-8312

Youthful Creations & Interventions is a California based Non-profit organization whose primary focus is to provide assistance and support to our inner city youth, who are failing in school. Youthful Creations and Interventions offers Prevention and Intervention Transitioning support services which helps participants address their personal needs and establish goals for successful transition into adulthood.

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Food Banks	PROGRAM DESCRIPTION
<p><u>Mary's Mercy Center</u> Mailing: P.O. Box 7563 San Bernardino, California 92411 E-mail: mmcinc@msn.com Phone (909) 889-2558 Fax (909) 386-7704</p>	<p>Mary's Table is open six days a week and serves approximately 7,000 meals each month. Each meal is balanced with meat, vegetables and carbohydrates. After our guests are seated, volunteers serve them their coffee, ice tea, and/or milk. Our food comes to us from many different sources; almost all of our meat is donated, as is our fresh milk. Some food and all staples are purchased from food banks, stores and large corporations. We also share food among our fellow non-profits when there is an over abundance. Mary's Table is open all holidays and requires no I.D.</p>
<p><u>MG & J Outreach</u> 985 Kendall Drive Ste A San Bernardino, CA 92407 Marcus Jinks 866-902-3383 jinksmarcus@yahoo.com http://mgjoutreach.org/</p>	<p>M G & J Outreach is <i>not</i> a church. MG&J Outreach <i>is</i> a program focused on assisting the community in these troubled economic times. Free food baskets are distributed to the needy every month. MG&J Outreach also runs women's rehab facility and food bank in San Bernardino.</p> <p>All donations and contributions go towards helping families and single parents in need. Contributions and Donations will make this goal a reality.</p>

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Financial Assistance	PROGRAM DESCRIPTION
<p><u>Children’s Fund Assessment Center</u> 1499 S. Tippecanoe San Bernardino, CA Phone: (909) 478-1050 http://www.sbcounty.gov/brochures/docs/220.pdf</p>	<p>The Children’s Assessment Center, a public/private partnership, shall provide forensic interviews and evidentiary medical examinations to assist in the evaluation of child abuse allegations and coordinate services in a child-friendly atmosphere, thus reducing the trauma to the child victims and their families.</p> <p><u>Referrals are received from the following sources only:</u> Law Enforcement Department of Children’s Services Family Law Court</p>
<p><u>Children’s Fund Assessment Center</u> 1499 S. Tippecanoe San Bernardino, CA Phone: (909) 478-1050 http://www.sbcounty.gov/brochures/docs/220.pdf</p>	<p>The Children’s Assessment Center, a public/private partnership, shall provide forensic interviews and evidentiary medical examinations to assist in the evaluation of child abuse allegations and coordinate services in a child-friendly atmosphere, thus reducing the trauma to the child victims and their families.</p> <p><u>Referrals are received from the following sources only:</u> Law Enforcement Department of Children’s Services Family Law Court</p>
<p><u>Inland Empire United Way</u> 9644 Hermosa Ave. Rancho Cucamonga CA 91730 Phone: 909.980.2857 Fax: 909.980.2957 www.ieuw.org</p>	<p>At Inland Empire United Way, we are committed to working daily to improve the lives of individuals, children and families in our community by strategically investing in the areas of Education, Health, Financial Stability, Volunteerism, and 2-1-1.</p> <p>By operating several programs and providing targeted program funding to strong local nonprofit organizations, we make positive and lasting changes in the lives of children, families, and individuals.</p> <p>Abused children and family services.</p>

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<p><u>The Unforgettables Foundation</u> Corporate Office 7197 Brockton Avenue, Suite 5 Riverside, CA 92506 Office/Hotline: 951-680-9996 Fax: 951-680-9981 Executive Director: Rose Girard</p> <p>Desert Chapter P.O. Box 41-905 Boardwalk, Suite T260 Palm Desert CA 92211 Phone: 760-837-7373</p> <p>Inland Chapter P.O Box 767 Redlands, CA 92373</p> <p>Orange County Affiliate 27762 Antonio Pkwy Suite L1-312 Ladera Ranch, CA 92694 Office: 949.463.8197 http://www.theunforgettables.com/</p> <p>Redlands Office 345 W. Pearl Ave Suite 230 Redlands, Ca 90374 Office: 909-335-1600</p>	<p>The Unforgettables Foundation is a 501c (3) non profit organization founded by Timothy Evans in 1999. During a decade of clinical ministry to children and their families, Evans assisted families with the many crises surrounding the death of a child-not the least of which are the crushing financial burdens experienced by families with limited resources.</p> <p>Assisted by Inland Empire educators, medical professionals, social workers, and morticians, Evans created The Unforgettables Foundation. Paramount among aspects of the Foundation’s mission is to assist low-income families provide a dignified, appropriate burial for their children who have died.</p> <p>The Unforgettables Foundation is operated almost entirely by volunteers.</p>
<p><u>Valley Bound Commitment</u> EOPS/CARE San Bernardino Valley College 701 South Mount Vernon Avenue San Bernardino, CA 92410 Phone: 909.384-8592 www.valleycollege.edu Contact: Carren Rodriguez</p>	<p>San Bernardino Valley College (SBVC) is proud to announce the Valley-Bound Commitment. This student success program for low income students is designed to remove economic barriers and strengthen the academic achievement of its participants through a learning community within the First Year Experience Program. Inland Empire-area high school graduates, including AB540 students, who qualify for this bold new program, will have their enrollment fees and textbooks covered for the first year of attendance at SBVC. Serving the following high schools: Colton, Carter, Rialto, Pacific, Bloomington, San Geronio, Eisenhower, Cajon, San Bernardino, Arroyo Valley, Rim of the World and Big Bear.</p>

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Housing	PROGRAM DESCRIPTION
<p><u>Foothill Family Shelter</u> 1501 W. Ninth Street, Suite D Upland, CA 91786 Phone: (909) 920-0453 http://www.foothillfamilyshelter.org/index.asp</p> <p>Office Open: Tuesday/Friday 9am-5pm</p>	<p>The Foothill Family Shelter began as St. Mark's Homeless Shelter and currently serves as a transitional facility for homeless adults and children from the west end of San Bernardino County and the east end of Los Angeles County. The Shelter has 7- two bedroom apartments which are fully furnished and offered free for a maximum of 120 days. We also provide 16- two bedroom apartments for transitional housing and 4- two bedroom apartments for affordable permanent housing. In order to qualify you must be: homeless or within two weeks of being homeless, no more than 5 members in the household, drug/alcohol free and subject to random drug tests, and you must agree to save a minimum of 50% of your income. Call for application dates.</p> <p>“Harold Cares About Your Future” is a 10 week Parenting /Employment class for moms 14 to 21 years of age. This class meets every Wednesday and is offered 3times a year. Dinner, gift cards, raffles and more at every session. Please call for program dates. This class meets every Wednesday and is offered 3times a year. Dinner, gift cards, raffles and more at every session. Please call for program dates.</p>
<p><u>Hope Resource Group</u> 415 W. Foothill Blvd. Suite #208 Claremont, CA 91711 www.hoperg.org</p>	<p>Participants must be willing to commit to the FOUR MAIN OBJECTIVES OF THE PROGRAM:</p> <ol style="list-style-type: none"> 1. To reside in safe and supportive housing 2. Work towards reunification with family and/or children 3. Achieve economic independence 4. Maintain a positive healthy lifestyle <p>HOPE Resource Group offers supportive services and safe living environments for women and their children.</p>
<p><u>House of Prayer Gospel Outreach Ministries, Inc.</u> 755 E. Foothill Blvd. Suites C & D Rialto, CA 92376 Phone: (909) 877-1464 www.hopgom.com</p>	<p>Providing basic needs assistance to homeless, those at risk of becoming homeless, and low income individuals and families in the Rialto and Central Valley Areas of San Bernardino</p> <p>Direct Services Provided: Hope Outreach Food Pantry: 3rd Saturday distribution, HOPE’s Closet: 3rd Saturday Distribution, Resource and Referral Programs</p>

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<p><u>House of Ruth</u> Phone: (909)988-5559 (24 hr. hotline) (909)623-4364 (Outreach hotline)</p>	<p>Battered Women's Shelter Counseling for women and their children Girls and boys up to age 18 and older accepted with their mothers 45 day stay emergency program with up to 24 months in their transitional program Violence witness treatment program for children Counseling/support groups Advocacy-goal planning Restraining order clinic English and Spanish support groups</p>
<p><u>Inland Temporary Homes</u> P.O. Box 239 Loma Linda, CA 92354 Phone : (909)796-6381 Fax : (909)796-6885 http://www.ithomes.org/ info@ithomes.org</p>	<p>Inland Temporary Homes is a non-profit, 30 to 90 day temporary homeless shelter for families with children under 17 years of age. It is a distinctly unique agency in its desire to keep families together. One family is chosen to be the house parent which increases their stay to six months and includes additional responsibilities and leadership development. While residing at ITH clients will receive case management, budgeting/money management, life skills classes, employment program, mental health, children's program, follow up program, rental assistance and hart to hart (A 21-month program which provides housing and living assistance).</p>
<p><u>Inland Valley Hope Partners</u> Administrative Office 1753 N. Park Ave. Pomona, CA 91768 Phone: 909-622-3806 fax: 909-622-0484 e-mail: info@hope-partners.com http://www.hope-partners.com</p>	<p>Inland Valley Hope Partners brings together faith communities, businesses, individuals and community groups, and ensures the empowerment of people in need by providing food, shelter and supportive services.</p>

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<p><u>Mercy House Living Centers, Inc.</u> Post Office Box 1905 Santa Ana, CA 92702 Office: (714) 836-7188 Fax: (714) 836-7901 Ontario Tues/Wed/Thurs 9a-1pm 905 E. Holt Ave Ontario, Ca 91764 info@mercyhouse.net www.mercyhouse.net (David Kotce) 909-391-2630 (Gale Manor) 909-460-6768</p>	<p>Mercy House is a non profit 501(c)3 organization founded in 1988 by Father Jerome T. Karcher. Mercy House has developed a Continuum of Care to provide homeless prevention, emergency services, transitional housing and permanent housing with supportive services to homeless men, women and children living in Orange County and the Cities of Pomona and Ontario.</p>
<p><u>Molding Hearts</u> Locations: Apple Valley, Hesperia and Yucca Valley Contact: Lakita Johnson 951 403 8446</p>	<p>Moldinghearts.Org is among the most unique facilities available to adults that need a second chance in San Bernardino County. We emphasize on individuality, community integration, appropriate quality of life and empowerment.</p>
<p><u>Operation Safe House</u> 9685 Hayes Street Riverside, CA 92503 Phone: (951) 351-4418 Contact: Jackie Moot http://www.operationsafehouse.org/</p>	<p>In business for nearly 20 years and with shelters in Riverside and Thousand Palms, Operation SafeHouse is well equipped to handle runaway, homeless and other youth in crisis. Teens who don't know where else to go are always welcome at our shelters—all they have to do is show up. Parents who are interested in early intervention are encouraged to call us to set up a screening for their child. At the screening, they meet with a Marriage and Family Therapist who tells them more about what they can expect to receive from our holistic approach and listens to the struggles they're having.</p>
<p><u>Our House</u> Phone: 909-335-2676 ourhouse@familyassist.org</p>	<p>Our House is a shelter for homeless youth ages 11-17 The program is designed to help teens identify permanent solutions for the problems they face. While meeting the immediate need of housing and food, teens can safely develop long term solutions.</p>

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<p><u>The STAY</u> 780 Gilbert Street, Building H San Bernardino, CA 92415 (East of Waterman and North of Baseline) Contact: Admissions Coordinator (909) 763-4760 x 100, 24 hours a day. thestay@starsinc.com.</p>	<ul style="list-style-type: none"> • TAY age 18 - 25 (up to their 26th birthday) • Those who are at risk and need a higher level of care (but lower than a psychiatric hospital) • Those who are non-violent and not sex offenders • Those who are appropriate for an environment with shared living • Those who are willing to actively participate in developing their own plans for recovery • Priority will be given to at-risk, system-involved youth (dependents and wards)
<p><u>Victor Treatment Centers</u> 1053 N. D Street San Bernardino, CA 92410 Phone: (951) 436 5200 Fax: (951) 436 5250 http://www.victor.org/victor-treatment-centers</p>	<p>Victor Treatment Centers, Inc. (VTC) exists to provide a healthy, healing living environment for severely emotionally disturbed children and youth who have such great needs that they are not able to succeed in family situations and/or lower levels of care. Children age 8 through 18 who have not been successful in family situations, foster homes, or group homes can find success within the Victor Treatment Centers environments. The youth served by VTC have significant mental, behavioral, or and emotional disorders that result in the need for 24/7 supervision in conjunction with intensive mental health services. VTC residential services are based on a foundation of strength-based and relationship-based approaches that support the optimal recovery and resiliency for these children and youth.</p>
<p><u>Visionaries Homes</u> SafeSpot: Young Visionaries Print Center 1331 West Kendall Drive, Suite 2 San Bernardino, CA 92407 3632 North Sepulveda San Bernardino, CA 92405 Phone (909)486-3454 24 hour line Email info@yvyla-ie.org Website http://www.yvyla-ie.org</p>	<p>24 hour basic center for youth safe place to sleep for ages 17 and under</p> <ul style="list-style-type: none"> • Walk in, wash clothes, shower • Hot meal or education • Counseling services

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Legal Services	PROGRAM DESCRIPTION
<p>CASA <u>Physical Address:</u> 437 N. Riverside Ave, Suite 10 Rialto CA 92376 <u>Mailing Address:</u> PO Box 519 Rialto CA 92377 Phone: CASA cell 951. 454.0160 Contact Person: Kara Hunter kara@casaofsb.org 909.881.6760 Fax: 909.881.6764 http://www.casaofsb.org</p>	<p>To improve the quality of life for children and youth in foster care and prepare them for adulthood by providing advocacy in juvenile court through trained volunteers. Child Advocates of San Bernardino County is a CASA organization. The role of the advocate includes: Developing a relationship with the child in order to provide effective recommendations to the court. Committing to serving their Child for a minimum of 18 months for 10-15 hours per month.</p>
<p><u>Inland Counties Legal Services</u> 715 N Arrowhead Avenue Suite 113 San Bernardino, CA 92401 (909) 884-8615 (800) 677-4257 10601 Civic Center Drive Suite 260 Rancho Cucamonga, CA 91730 (909) 980-0982 1040 Iowa Avenue Suite 109 Riverside, CA 92507 (951) 368-2555 http://www.inlandlegal.org/</p>	<ul style="list-style-type: none"> • San Bernardino, Victorville, Rancho Cucamonga - Family Law (Divorce, Paternity, Custody, Support), Guardianships, and Tenant Defense (Unlawful Detainer answers) <i>Proyecto Ayuda Legal (PAL)</i> • Riverside, Indio - Family Law (Divorce, Paternity, Custody, Support) <i>Family Law Access Partnership Project (FLAPP)</i> • Banning - Family Law (Divorce, Paternity, Custody, Support), Tenant Defense (Unlawful Detainer answers), Debt Collection

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<p><u>Legal Aid Society of San Bernardino</u> <u>San Bernardino</u> 588 W. 6th St. San Bernardino, CA 92410 <u>Joshua Tree</u> 6171 Sunburst Ave Joshua Tree, CA 92252 <u>Victorville</u> 15411 Village Dr. Victorville, CA 92392 <u>Chino</u> 5201 D Street Chino, Ca 91710 <u>Rancho Cucamonga</u> 9791 Arrow Route Rancho Cucamonga, CA 91730 <u>Barstow</u> 851 Barstow Rd. Barstow, CA 92311 Phone: 1-866-889-7328 http://legalaidofsb.org</p>	<p>The Family Law Facilitation Center provides no cost assistance to parties who are representing themselves in the area of family law by offering information and assistance with court documents and procedures. The Family Law Facilitation also helps parties resolve disputes by providing mediation services in the areas of child support, spousal support and health care and insurance.</p> <p><u>SAN BERNARDINO COURTHOUSE</u> 351 North Arrowhead Avenue, San Bernardino, CA 92415-0240 Mondays through Thursday Hours:8:30 a.m. to 12:00 p.m. & 1:30 p.m. to 4:00 p.m.</p> <p><u>RANCHO CUCAMONGA COURTHOUSE</u> 8303 North Haven Avenue, Basement level, Rancho Cucamonga, CA 91730 Mondays through Thursdays Hours:8:30 a.m. to 12:00 p.m. & 1:30 p.m. to 4:00 p.m.</p> <p><u>VICTORVILLE COURTHOUSE</u> 14455 Civic Drive, Victorville, CA 92392 Tuesday, Wednesdays & Thursdays Hours:8:30 a.m. to 12:00 p.m. & 1:30 p.m. to 4:00 p.m. Special Guardianship Clinic on Fridays from 8:30 a.m. to 12:00 p.m.</p> <p><u>JOSHUA TREE COURTHOUSE</u> 6527 White Feather Road Joshua Tree, CA 92252 2nd and 4th Friday of each month Hours: 9:00 a.m. to 12:00 p.m. & 1:00 p.m. to 3:00 p.m.</p> <p>Small Claims Court Advisory Program Advice and assistance in filling out paperwork for small claims court; Provides mediation services 303 W. 3rd Street, San Bernardino CA 92415</p>
<p><u>Legal Aid YMCA</u> <u>Redlands Family YMCA</u> 500 East Citrus Avenue Redlands, CA 92373 Phone: (909) 792-2762 http://ymcaeastvalley.org/redlands/legal_aid.html</p> <p>Hours: 11a-5pm</p>	<p>The Legal Aid program can assist you in resolving legal issues such as divorce, custody, guardianship or other matters. We provide the legal documents, prepare the forms, file the paperwork, refer you to existing resources and remind you of upcoming court dates. Services are provided at very low costs based on income.</p> <p>If you need legal advice, our volunteer attorneys are standing by to help. No other program in the area gives clients the same personal attention. Each client is treated with respect, compassion and dignity.</p> <p>No appointment is necessary. Please visit the office during regular business hours (Monday, Tuesday and Wednesday from 11:00am to 5:00pm).</p>

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Medical/ Dental Needs	PROGRAM DESCRIPTION
<p><u>Alternate Avenue Women's Resource Center</u> 9675 Monte Vista, unit G, Montclair Montclair CA 91763 Email: inof@alternateavenues.net Contact Person: Kirk Bauer Phone: 909-398-4838 http://alternateavenues.net/</p>	<p>Alternate Avenues is a medically licensed clinic offering pregnancy testing, ultrasound and options counseling to those facing an unplanned pregnancy. Once a decision is made for life we then offer parenting support and education through our Bridges program, held at 2 locations one in Rancho Cucamonga and one in Montclair.</p> <p>Additionally we offer sexual integrity training, and have a team of teenagers that are available for pier based skits and discussion regarding abstinence.</p> <p>We offer a wide range of referrals from housing, to food to getting your GED. We are also one of the few pro-life clinics that are approved for Medi-Cal and CPSP</p>

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<p><u>Angel Flight West</u> 3161 Donald Douglas Loop South Santa Monica, CA 90405 Map of Angel Flight West Location Main Number: (310) 390-2958 Toll-Free Number: (888) 4AN-ANGEL or (888) 426-2643</p> <p>After-Hours Emergency: (800) 413-1360 Fax: (310) 397-9636</p> <p>General information email: info@angelflightwest.org</p> <p>Social Worker Information: swinfo@angelflightwest.org</p> <p>Member Information: memberinfo@angelflightwest.org</p> <p>Website: http://www.angelflightwest.org/?/about_us/contact_us/</p>	<p>Angel Flight West flights serve a wide variety of needs. All are intended for situations in which the passenger cannot afford to purchase commercial airline tickets, or when travel by land or commercial airline would be a physical hardship. Other situations include, but are not limited to, a compromised immune system or living in a remote area without access to commercial transportation. The following is a list of the most common types of missions flown: • Medical Transport, • Compassion, • Special Needs Camps, • Domestic Violence Relocation, • Assistance for Military Personnel, • Blood, Organ, and Tissue Donations, • Disaster Response, and • Transplant Recipients.</p>
<p><u>ArrowCare</u> Eligibility Service Center (877) 410-8829 ArrowCare Member Services (800) 442-4978 *Monday through Friday 9am to 4pm* http://www.arrowcare.org/</p>	<p>Uninsured residents of San Bernardino County now have more options for health care. Effective January 1, 2012, ArrowCare, the county's new health care program, became available to low-income indigent adults who are not eligible for Medi-Cal. ArrowCare offers expanded services which includes a primary care and behavioral health benefits. The goal of the County is to offer eligible residents a better quality of life and accessible health care coverage.</p>
<p><u>Arrowhead United Way</u> P.O. Box 796 - 646 North D Street San Bernardino, CA 92402 (909)884-9441 http://arrowheadunitedway.org/ http://volunteer.truist.com/arrowhead/volunteer/</p>	<p>Arrowhead United Way is a volunteer-driven organization that actively supports health and human services by focusing on education, income, and health. These services address the underlying causes of the community's issues and create lasting change. The organization was established in 1891 and is led by prominent respected community leaders; it is one of the oldest United Ways in the country.</p>

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<p><u>Asian American Resource Center</u> 1115 South "E" Street San Bernardino, CA 92408 Office: (909) 383-0164 Fax: (909) 383-7687 http://www.aarc-ie.org/index.html Email: aarc_ie@yahoo.com</p>	<p>Our mission is to improve overall health and educational well being by providing informational and developmental programs to Asian-Americans and other ethnic groups who are low-income, isolated, vulnerable and underserved throughout San Bernardino and Riverside Counties. The Asian-American Resource Center has a unique variety of programs to handle various unmet needs.</p>
<p><u>Fire and Burn Foundation</u> Arrowhead Regional Medical Center-Burn Center 400 North Pepper Avenue Colton, CA 92324 Phone (909) 580-6339 www.fireandburn.org</p>	<p>The Burn Institute is a non-profit health agency dedicated to reducing burn injuries and deaths through fire and burn prevention education, burn survivor support programs and the funding of burn care research and treatment.</p>
<p><u>The Center-Inland Empire</u> 1374 Waterman Ave San Bernardino, CA 92404 PHONE: (909) 754-3643 <u>Mailing Address</u> PO Box 2187 San Bernardino, CA 92404 <u>Office Hours</u> M-F 12:00pm – 5:00pm info@iepride.org www.iepride.org</p>	<p>Inland Empire Pride hosts The Center, a full service LGBTQI Community Center, providing resources, education, training, workshops, awareness, entertainment, culture, counseling services, mental health/medical resources, voting assistance, HIV/AIDS testing, Veterans & Seniors Outreach, and ADA assistance. Safe havens and Youth Intervention for LGBTQI Teens. Monthly events. Mentorships, Internships, tutoring, resume assistance, occupational coaching. Comfy spaces available for meetings, gatherings, board games, study areas, parties, receptions. Secure WiFi. Rainbow Chorus. Teen Drop-In. Perpetual Pantry for People & Pets. We're building a Library, Cyber Center, Children's Playroom and Senior Center. All inclusive. Civic engagement volunteer opportunities. Non-profit.</p>

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<p><u>Community Health Systems Inc.</u> Inland Empire Community Health Systems 18601 Valley Blvd. Bloomington, Ca 92316 Phone: (909) 546-7520 Fax: (909) 877-5468 www.chsica.org Medical Clinic Hours: M-F: 8:00am-5:00pm Saturdays: 8:00am-2:00pm Accepting Various insurances: <i>Medi-cal, Medicare, Molina, Healthy Families, CHDP, Healthy Kids, Family PACT, HMOS, Blue Cross, IEHP, EAPC, sliding fee scale, and private insurances.</i></p>	<p><u>Low Cost Health Care:</u> *Medical, Dental, Vision, OB/GYN, Pediatrics <u>Family Pact Low Cost Services</u> *Birth control Methods, STD Testing and Treatment, Pap Smear, Pregnancy Test and Counseling, HIV Testing <u>CHDP Services</u> *Immunizations, Sports Physicals, Well child Exams, Routine Labs, Referrals, Prescriptions, Dental, Eye Care <u>First 5 Services</u> *Pediatrics, OB/GYN, Family Medicine, General & Pediatric Dentistry, Transportation to and from these programs is <u>free</u></p>
<p><u>Community Hospital of San Bernardino Health Information and Education Center</u> 1725 Western Avenue San Bernardino, CA 92411 (909) 806-1816 (909) 887-6333 ext. 9-4734 Contact: Fabiola Garcia www.chsb.org/medical_services1209419</p>	<p>Offering free programs to San Bernardino County families with children ages 0-5 years old.</p> <p><u>Community Education Classes:</u> Diabetes, Healthy Heart, Weight Loss, Parenting, Asthma, Low Cost Healthy Eating, Personal Financial Management, Keys to Success and Childbirth Education. Also, Breastfeeding on T/TH from 9-12pm.</p> <p>Programs: Employment, GED, Birth Certificate for Child Documentation for DMV: zip codes 92404, 92405, 92411</p> <p>All services are subject to income verification</p>

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<p><u>Coordinated Asthma Referral and Education Program(CARE)</u> Phone: (800) 722-3777 www.healthysanbernardinocounty.org Primary Contact: CARE Program Program Manger: Daniel Perez 120 Carousel Mall San Bernardino, CA 92415-0475 (909) 388-0400 dperez@dph.sbcounty.gov</p>	<p>The Coordinated Asthma Referral and Education Program provides services that improve the lives of children living with asthma living in the West End of San Bernardino County in Ontario, Chino, and Chino Hills communities.</p> <p>The three main goals of the program are:</p> <ol style="list-style-type: none"> 1. To help parents and children learn how to control and manage asthma as a family effort. 2. Coordinate services within the target communities. 3. Raise awareness on the importance of early diagnosis, prevention, and asthma control. <p>This home visitation program includes education, asthma management aids, and an assessment of asthma triggers within the home.</p> <p>CHDP: Will help families who need health insurance for their children</p> <p>Lead Program: Will provide services for children who have been found to have lead in their system</p>
<p><u>Dr. Earl R. Crane Children's Dental Health Center</u> Contact person- Nancy Gutierrez- Community Outreach/ Program Director 580 West 6th Street San Bernardino, Ca. 92410 909-885-2045 work 909-855-7277 cell</p>	<p>Dr. Earl R. Crane Children's Dental Health Center is a <u>low cost, non-profit, volunteer run</u>, state of the art dental facility. We provide children ages 5-18 living in San Bernardino City Unified School District and surrounding communities dental health services. All services are a \$20 fee, including root canals and tooth extractions.</p>
<p><u>Hearts & Lives/Strengthening Family Resource Center</u> Mary Tone Community Services Center 24028 Lake Drive, Suite A Crestline, CA 92325 Phone: 909-338-3222 (Julie Bernett) Fax: (909) 338-3221 www.heartsandlives.org Email: office@hearsandlives.org</p>	<p>Resource referral, linkages and follow-ups for pregnant mothers and families with children 0-5. Direct Services Provided: Case management, food & WIC assistance, healthy family & Medicaid programs, financial literacy workshop, gas vouchers, firewood, utilities and rent assistance, gas vouchers, healthcare access and safety (car seats).</p>

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<p><u>Inland Family Community Health Center (IFCHC)</u> Inland Behavioral and Health Services, Inc. 665 North 'D' St, San Bernardino, CA 92401 Medical: (909) 708-8143 Dental: (909) 708-8168 OB-GYN: (909) 708-8149 Pharmacy: (909) 708-8166 Fax: (909) 888-3627 walterj@ibhealth.org www.ibhealth.org</p>	<p>Primary health care, dental care, OB/GYN services, urgent care; pharmacy/laboratory; on-site Medi-Cal eligibility worker; WIC and food stamp applications; and medical case management. Fees are reasonable (sliding scale) and Medi-Cal, Medicare are welcome. Most insurance is accepted. Limited transportation is available, based on need.</p> <p>Whitney Young Family Health Clinic 1755 Maple Street, San Bernardino, CA 92411 (909) 881-6146 Dental: 909-386-7600</p> <p>Other Services: Food Stamps & Aging Care Services</p>
<p><u>Makayla's Haven Foundation</u> P.O Box 1791 Fontana,CA 92334 Phone: (323)497-1188 (anytime) (909)357-7462 www.makaylas-haven.org Contact Person: Teresa Gallardo-Founder mh@makaylas-haven.com</p>	<p>Our mission is to assist families with financial support and help relieve some of the stress, when having a child in the Neonatal ICU. Assist families lay their child to rest. If, the child passes away due to prematurity complications. Educate the public about high-risk pregnancies. Help find a cure for Preeclampsia by supporting research. To celebrate the lives of mother & child, who have survived high risk pregnancies.</p>
<p><u>Nurse Visitation/ LIFT Program</u> Preschool Services Department/HeadStart 662 S. Tippecanoe Avenue San Bernardino, CA 92415 Glenda Harvey 909-336-2671 Phone: (888) 543-7025 Fax: (909) 383-2100 psdsupport@psd.sbcounty.gov/PSD www.sbcounty.gov/PSD Services are free</p>	<p>The Nurse Visitation Program and the LIFT Program provide pregnant women prenatal education, support and empowerment to have the healthiest pregnancy possible.</p> <p>The services are provided through family visit in the family's home by a Registered Nurse. During the visit the pregnant woman is given information on fetal and infant development.</p> <p>The Nurse will continue to visit the mother until the baby is 6 weeks old or longer if there is a health risk.</p>

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<p><u>PossAbilities</u> Loma Linda University Medical Center East Campus 25455 Barton Rd, Suite 109A Loma Linda, CA 92334 909-558-6384 Phone 909-558-6334 Fax Cotie Williams cowilliams@llu.edu Hoai Luong hluong@llu.edu http://www.teampossabilities.org</p>	<p>PossAbilities is a community outreach program developed by the Loma Linda University Medical Center East Campus (LLUMCEC). Its goal is to offer disabled individuals who were born with or have suffered a permanent physical injury a sense of community and provide activities and practical help to integrate them back into life—once again becoming valuable members of our communities. LLUMCEC recognizes that this disenfranchised population is often left without resources or support to deal with the many adjustments they must make physically, mentally, and emotionally in order to have fulfilling lives. Our mission is to provide new direction and hope through physical, social, educational, and spiritual interaction with peers and their community. This free membership program is tailored to persons with physical disabilities such as limb amputation, stroke, spinal cord injury, traumatic brain injury, multiple sclerosis, muscular dystrophy, spina bifida, and others.</p>
<p><u>Redlands Family Clinic</u> 802 W. Colton Ave., Suite E Redlands, CA 92374 Phone: (909) 335-5799 (Diana Stover) http://www.redlandshospital.org/Services/Family-Clinics/Default.aspx</p> <p><u>Yucaipa Family Clinic</u> 11985 4th Street, Suite 102 Yucaipa, CA 92399 (909) 478-7951</p>	<p>Committed to serving the community, Redlands Family Clinic provides primary healthcare for low-income, uninsured and underinsured individuals with emphasis on promoting health and w Monday thru Friday 8 a.m. - 4:30 p.m. Same-day appointments are available on a limited basis</p>
<p><u>Rims Family Services, Inc.</u> P.O. Box 578 28545 Highway 18 (50 yards west of Kuffel Canyon Rd.) Skyforest, CA 92385 Phone: (909) 336-1800 (Lisa Ornelaz) http://www.rimfamilyservices.org Fax: (909) 336-0990 Email: info@rim_familyservices.org</p>	<p>Rim Family Services, Inc. is a private, non-profit 501 (c) (3) agency, formed in 1991. We serve individuals and families who reside in the Rim of the World Unified School District.</p> <p>The agency provides family and individual counseling services, including substance abuse education and outpatient treatment. We are located in Skyforest on Highway 18 between Lake Arrowhead and Running Springs.</p>

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<p><u>San Bernardino Pregnancy Resource Center</u> 114 E. Airport Drive, Ste. 104 San Bernardino, CA 92408 Phone: (909) 382-4550 Fax: (909) 382-4551 24-hour Helpline (909)825-6656 http://sbpcc.net/index.htm www.sbpfr.com/pregnancy</p> <p>Mon: 1-8PM Tues: 9-4PM</p> <p>Email: help@sbpfr.com</p>	<p>The San Bernardino Pregnancy Resource Center is a Christ-centered ministry dedicated to the caring of women and families with pregnancy related issues by providing them with life affirming physical, emotional and spiritual support and resources. We operate totally on donations from organizations, churches and individuals in the community. We are independent, non-political, and non-sectarian. We offer help regardless of marital status, age, race or religion.</p> <p>All services are free and confidential. We offer: FREE Pregnancy testing, FREE Resource referral, FREE Factual literature to help you make an informed and educated choice regarding your pregnancy, FREE Lending library, *FREE Maternity clothes, *FREE Layette, *FREE Baby clothing, diapers, wipes, etc., FREE Post Abortion Syndrome (PAS) help, FREE Referral for Adoption information, FREE Prenatal and postnatal guidance and support.</p>
<p><u>Sunburst Projects</u> 1025 19th Street, Suite 1A Sacramento, CA 95811 Phone: 916.440.0889 Fax: 916-440-1208 ADMIN@SUNBURSTPROJECTS.ORG http://www.sunburstprojects.org</p>	<p>Sunburst Projects provides support services to families affected by HIV/AIDS. Camp Sunburst, the nations first therapeutically designed summer camp for children and families, provides coping skills and support for youth as they face the challenges of growing up with HIV/AIDS. These challenges are particularly acute for underserved youth and communities of color. Since 1988 Sunburst Projects has worked to fill a void in HIV/AIDS support services and continues to do so today by focusing on women, children, and family preservation.</p>
<p><u>Steven's Hope for Children, Inc</u> 1014 W. Foothill Blvd. Suite #B Upland, CA 91786 Phone: 866-3-STEVEN http://stevenshope.org</p>	<p>Steven' Hope helps families of seriously ill or injured children by providing assistance to lessen the burden of the families, and surround them with caring compassion and kindness.</p> <p>It is our belief that if a family is able to stay together during this time, the child's recovery is better and the family as a unit can go stronger. Through our programs and the help of our volunteers and supporters, families are able to focus on their child's recovery and be a family their home or ours.</p>

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<p><u>The MENTOR Network</u> <u>State Office</u> 9166 Anaheim Place Suite 200 Rancho Cucamonga, CA 91730 855-636-8672 Phone (909) 483-2505 Fax (909) 481-1984</p> <p><u>Cole Vocational Services-San Bernardino</u> 165 W. Hospitality Lane #29 San Bernardino, CA 92408 Phone (909) 890-0716 (Tammy Simpson)</p> <p><u>First Step Independent Living-San Bernardino</u> 165 W. Hospitality Suites 31 & 32 San Bernardino, CA 92408 Phone (909) 888-3101 www.thementornetwork.com</p>	<p>The MENTOR Network is a national network of local human services providers offering an array of quality, community-based services to adults and children with intellectual and developmental disabilities, brain and spinal cord injuries and other catastrophic injuries and illnesses, and to youth with emotional, behavioral and medically complex challenges as well as their families.</p> <p>Creative Home Programs is an early intervention serving children from birth to the age of 3 in the San Bernardino and Riverside County area as well as children in parts of Los Angeles County with disabilities or developmental delays or young children at risk for delays.</p>
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<p><u>The Rose of Sharon Life Center</u> 14725 7th Street, Suite 600 Victorville, CA 92392 Phone: 760-243-5006 info@rose4life.us http://rose4life.us/</p> <p>Contact: Debbie Lemons Email: RoseForLife@live.com Monday-Thursday: 9:30AM-3:30PM</p>	<ul style="list-style-type: none"> • As a grass roots ministry, it is our purpose to provide help and services that empower women to carry their babies to term. The Rose of Sharon Life Center uses funds supplied by donors to provide these services. We are a well established ministry of Christian compassion that has seen over 15,000 clients since opening our doors and we will continue to offer the following services free of charge: Pregnancy Testing • Pregnancy Counseling • Accurate information about pregnancy and fetal development • Factual information about abortion alternatives, risk & procedures. • Practical assistance (maternity and baby needs) • Referrals (medical care, adoption, financial assistance) • Bilingual Counseling • Post abortion counseling • Parenting Classes
<p><u>Victor Valley Community Dental Service Program</u> 14357 Seventh Street Victorville, CA 92395 Phone: 760-951-9181 Fax: 888-502-0695 Hours: Monday-Friday 9-4PM http://www.vvcdsp.com</p>	<p>The Victor Valley Community Dental Service Program (VVCDSP) is a non-profit dental service provider that has given free or discounted dental care to the local indigent population for 10 years. The original mission of the organization, to provide dental care to the un-served or underserved people of the Victor Valley area, remains the passion of the organization and it's Board of Directors.</p>
<p><u>Whitney Young Family Health Clinic (WYFHC)</u> Of Inland Behavioral and Health Services, Inc. 1755 N. Maple St, San Bernardino, CA 92411 Tel:(909) 386-7600 Fax: (909) 386-7600 E-mail: walterj@ibhealth.org www.ibhs.org</p>	<p>Primary Health Care and Dental Care. Fees are reasonable (sliding scale) and most insurance is accepted, including Medi-Cal and Medicare. Limited transportation is also available, depending upon need.</p>

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Mentoring	PROGRAM DESCRIPTION
<p><u>Apple Valley Police Activities League</u> 14931 Dale Evans Parkway Apple Valley, CA 92307 Phone: (760)961-0754 (760) 240-7400 Ext. 7416 http://www.avpal.org/AVPAL/S.H.O.C.K..html Email: info@avpal.org</p>	<p>Apple Valley Police Activities League (AVPAL) is a Collaborative community effort to improve the lives of children in Apple Valley. This non-profit organization is designed to provide school mentoring programs, athletics, and life skills to children in the community.</p>
<p><u>Applied Principles for Service Inc.</u> 2700 Little Mountain Drive, Suite B104, San Bernardino, CA 92405 Phone: (909) 486-3775 fax (909) 863-9584 http://www.apfsi.org/contact/default.html admin@apfsi.org</p>	<p>Our mission is to mentor students ages 8-18 to discover and believe that they can be academically successful, relationally comfortable and confident that if they are willing to be responsible and hard-working they can reach their dreams.</p> <p>Applied Principles has developed an effective research-based program that uses a cross-generational approach linking students to adults 50+ to develop self-discipline, leadership skills, improve social intelligence, interpersonal skills, and academic performance.</p> <p>Applied Principles is working with retired teachers and educators to mentor students. Come join our T.E.A.M. (Teachers, Educators as Mentors)</p>
<p><u>Athletes for Life Foundation</u> 10630 Town Gate Center Dr., #113 Rancho Cucamonga, CA 91730 Phone: (909) 992-3220 http://www.aflcamps.com contactAFL@AFLCamps.com</p>	<p>The mission for AFL is to nurture the development of physical skills and good character of our youngsters while providing a strong message on living an alcohol and drug free lifestyle. In addition to mentoring and offering physical training sessions to more than 750 teens annually, an extensive list of professional athletes give of their time and effort by participating in AFL speaking engagements and camps.</p>
<p><u>Beauty for Ashes-Aftercare Program</u> 9791 Arrow Route Rancho Cucamonga, CA 91730 Phone: (909) 477-2781 ext.2365 http://www.bfa-aftercare.org/home Contact Person: Dolores Jackson dee_jackson@verizon.net</p>	<p>Beauty for Ashes is a nonprofit organization that assists women, 18 years of age and older in crisis situations to move forward and truly transform their lives. We serve ex-offenders, victims of homelessness, and women who are recovering from alcohol or drug addictions. Beauty for Ashes encourages our clients to break the vicious cycles of poverty and joblessness by providing the resources to successfully reenter the community.</p>

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<p><u>Boys and Girls Club of Fontana</u> Almeria Middle School Clubhouse 7723 Almeria Ave, Fontana 92336 Phone: (909)822-4988 http://www.bgcfontana.org</p> <p>Contact Person: Terrie Schneider Terrie@Bgcfontana.org</p> <p>Southridge Middle School 14500 Live Oak Ave Fontana 92337 Phone: (909)202-7723 Phone: (909)714-3894</p> <p>Almeria Club House Almeria Middle School 7723 Almeria Ave Fontana, CA 92336 Phone: (909) 822-4988</p>	<p>The Boys & Girls Club Fontana provides a safe place to learn and grow. Over the past 18 years, the Club has been providing youth with the necessary tools to become responsible citizens and tomorrow's leaders. By utilizing a youth development strategy that provides youth with a sense of competence, usefulness, belonging and influence, the self-esteem and self-reliance of youth are enhanced and an environment is created that helps youth achieve their full potential.</p>
<p><u>Boys and Girls Club of the Hi-Desert</u> 56525 Little League Drive Yucca Valley, CA 92284 Phone: (760) 365-5437 Fax: (760) 228-3017 http://yvkids.org Email: yvkids@yahoo.com</p>	<p>The Boys and Girls Club of the Hi-Desert is to provide a safe and healthy place for children from all circumstances, especially the disadvantaged, to have fun, socialize, learn life skills, and learn academic skills and to seize opportunities to build hope. For ages 7 to 17 and is in the 1st through 12 grade Membership Fee: \$55 per school year, \$30 summer program</p>
<p><u>Boys and Girls Club of Redlands</u> 1251 Clay Street Redlands, CA 92374 Phone: (909) 798-4599 Phone: (888) 822-6535 Fax: (888) 822-6576 http://www.begreatie.org</p>	<p>The club provides diversified activities that meet the interests of all young people. Core programs encourage activities with adults, peers, and family members that enable kids to enhance self-esteem and fulfill their potential.</p>

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<p><u>Boys and Girls Club of San Bernardino</u> 1180 W. 9th Street San Bernardino, CA 92411 Phone: (909) 888-6751 Fax: (909) 888-1474 Contact Person: Victoria Curiel http://www.begreatbgcsb.org</p>	<p>Boys & Girls Clubs offers programs and services that promote and enhance the development of boys and girls by instilling a sense of competence, usefulness, belonging and influence.</p>
<p><u>Boys and Girls Club of Victor Valley</u> 17537 Montezuma St. Adelanto, Ca 92301 Phone: (760)530-1615 Contact Persons: LaWunda Thomas and Mark Sawyer http://www.bgcvv.org</p>	<p>The staff at the Boys & Girls Club of the Victor Valley provides children with activities designed to capture their interests, teach skills and build supportive relationships. These relationships are the means to a much greater end. They provide the opportunity to communicate rules and expectations: take on meaningful challenges: build self-confidence and self-esteem; and offer hope and opportunity.</p>
<p><u>Called & Chosen Youth Ministries</u> P.O. Box 3581 Rancho Cucamonga, CA 91729 Phone: (909) 452-2296 chosenyouthministries@hotmail.com</p>	<p>Called & Chosen Youth Ministries is a mentor program for youth and young adults ages 12-25. The purpose of our mentor programs is to 1) Share with them the love of God 2) Mentor them in the arts and multi-media; singing, dance, instruments, and audio/video production.</p> <p>CCYM activities include regular church services on Thursday evenings which includes but is not limited to special motivational speakers, musical guests, instructional games, skits, and educational and religious videos.</p> <p>Our mentor/discipleship programs are predominately centered on the arts. However, we are also planning on incorporating mentors that will teach youth skills in carpentry, electrical, plumbing, computers, money management, and entrepreneurship - just to name a few.</p>

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<p><u>CHAMP's (College and High-School Alliance Mentoring Program)</u> University of Redlands 1200 E. Colton Ave Redlands, CA 92373 Phone: (909) 748-8467 Jessica_medrec@Redlands.edu</p> <p>Meet every Sunday between 3-6PM in Gregory Hall</p>	<p>CHAMPS is a mentoring program for high school students in Redlands and nearby areas, geared towards graduates of the Big Buddies program. It is sponsored by the University's Community Service Learning Office. The mission of CHAMPS is to provide opportunities for high school students to build self-confidence, leadership and communication skills. Participants are provided with resources and college role models that will engage and lead them to realizing they have the potential for higher education and achieving their goals. All University mentors complete background checks.</p>
<p><u>Community Academic Partners in Service- CAPS</u> <u>CKC Music</u> 24945 Mound Street, Room 1402 Loma Linda, CA 92354 www.llu.edu/caps/about-us/faqs.page</p> <p>Student coordinator: Ana CAPS: 909-651-5011 FAX: 909-558-7145 Email: HNPmusic@llu.edu or caps@llu.edu</p>	<p>CKC Music is a new program serving elementary through high school (K-12) students in San Bernardino who lack music opportunities on the violin, viola, cello, or bass. Group lessons will be provided free of charge by music education students from La Sierra University, with assistance from Loma Linda University student (or other) mentors. <i>Sessions are tentatively scheduled for Wednesday at 4:30 at the SACHS trailer.</i></p>
<p><u>Community Academic Partners in Service-CAPS</u> <u>Project Hope</u> Student coordinator: Sophie Larson CAPS: 909-651-5011 FAX: 909-558-7145 Email HNPProjecthope@llu.edu or capsllu.edu</p>	<p>As a Project HOPE mentor you have an opportunity to connect with high school girls one-on-one. Many of these girls have hopes and ideals that were altered by their pregnancy and children, and our goals are to encourage them to adjust well to the changes, pursue their dreams, and remind them that we care. Our mentoring sessions will take place on Fridays from 1:20 to 2:30 p.m. The majority of the mentoring sessions will focus on a particular topic such as exercise, nutrition, goal setting, safety, etc. During the first 30 minutes we will be doing a group activity lead by the site leader followed by about 20 minutes of one-on-one time for you and your mentee. Many of the girls do not have a strong support system, so your willingness to listen will make a world of difference. Thanks again for getting involved in HOPE</p>

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<p><u>Community Academic Partners in Service-CAPS</u> <u>Project Special Opportunities</u> CAPS Project Special Ops (Changed from CAPS Project Special Operation) Student coordinator: Charlie Grave. Email HNPspecialops@llu.edu or caps@llu.edu</p>	<p>Project Special Opportunities is a one-on-one mentoring program that connects teenage boys who are having trouble in school with a graduate student mentor. Along with poor academic achievement, a number of the boys are involved with substance abuse and many are members of gangs. The goal of the project is to educate, support, and provide friendship to the teens while at the same time providing service learning to the graduate students. The program consists of 15 mentoring sessions dispersed throughout the school year. In a typical session the boys participate in a group activity aimed at teaching them valuable life lessons such as teamwork, goal orientation, self esteem, and healthy living. Part of the time is allocated for more physical activities such as basketball, football, soccer, or frisbee. There are three sites – all meet on Friday afternoon on each week as schedule outlines. San Gorgonio high school - site meets from 1 p.m. to 3 p.m. (includes transit time) San Bernardino high school - site meets from 1 p.m. to 3 p.m. (includes transit time) Norton Neighborhoods - site meets from 3:30 p.m. to 5:30 p.m. (includes transit time)</p>
<p><u>Delta Academy</u> For more information, please email: deltaacademy@pvacdst.org For more information, please use our contact form or email: deltaacademy@pvacdst.org Located in Jersey</p>	<p>The Dr. Betty Shabazz Delta Academy is designed for young ladies who are 11 to 14 years of age, have potential for success, but limited opportunities, are interested in developing themselves and sharpening various skills (i.e. literacy, math and science), are identified by schools, churches, youth groups or concerned individuals, as candidates, are interested in service, education, and technology and enjoy learning new things. The Dr. Betty Shabazz Delta Academy helps young ladies with an interest in math, science, technology or other non-traditional careers and are overlooked or left out of special programs at their schools because of perceptions that they may not be able to overcome financial, personal or academic obstacles in their lives.</p>

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<p><u>Delta GEMS</u> For more information, please email deltagems@pvacdst.org</p> <p>Located in Jersey</p>	<p>The Delta GEMS Program honors the 12th National President of Delta Sigma Theta Sorority, Inc., Dr. Jeanne L. Noble, a legendary pioneer in the field of education. The Delta GEMS Program, officially renamed The Dr. Jeanne L. Noble Delta GEMS Institute, continues to spotlight teenage girls between the ages of 14-18 in grades 9 through 12, who have not reached their full academic potential. These objectives are accomplished with a focus on young women who have potential, but need guidance, support and skills to achieve success, are interested in developing leadership skills, are actively pursuing college/and or career options, and need encouragement and support in pursuit of higher learning.</p>
<p><u>EMQ</u> 325 W. Hospitality Lane, Ste. 103 San Bernardino, CA 92408 Telephone: 909-266-2728 Fax: 909-963-5894 Contact Person: Edith Herrejon</p>	<p>The Interagency Youth Resiliency Team (IYRT) at EMQ FamiliesFirst is an innovated youth mentoring program to current and former foster and probation youth ranging in ages from 13 to 21 years old. Youth are provided 1:1 mentoring as well as group mentoring. Youth have an opportunity to be matched with a professional mentor who was “system involved” and can connect with the youth in ways that enact positive and lasting change in the domains of education, employment, housing, enduring relationships, and physical/emotional well-being. EMQFamiliesFirst IYRT program serves the cities of San Bernardino, Rialto, and Fontana.</p>
<p><u>Faculty/Student Mentoring Program</u> 5500 University Pkwy., Pfau Library Room PL-208 San Bernardino CA 92407 Phone: (909) 537-7765 Fax: (909) 537-7764 Contact: Barbara http://www-ugs.csusb.edu/mentor/rafa@csusb.edu</p> <p>Mon-Thurs from 8:00AM-5:00PM Fridays from 8:00AM-4:30PM</p>	<p>The mission of the Faculty Student Mentoring Program is the recruitment and successful training of mentors and protegés. The mentoring program shall serve as a significant unit of the university by fostering the retention, academic success, and graduation of students. These goals will be met through mentoring activities and support programs that encourage academic excellence, self-esteem, and personal growth of participating students.</p> <p>Services: Advice, guidance freshman year of college, study center, computers and printing</p>

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<p><u>Fresh Start Ministries</u> Main office: 525 N. Central Ave., Upland CA 91786</p> <p>Satellite office: 1205 N. Baker Ave Ontario, CA 91764 Phone: 909-988-7942 Fax 909-988-0102 Contact Person: Richard Hernandez richardh@freshstartmininc.org www.freshstartmininc.org</p>	<ul style="list-style-type: none"> • Mentoring Programs for Youth and Adults • Gang and Youth Violence Prevention Programs • Youth Substance Abuse Prevention Group • Positive Parental Training for Parents of at-risk Youth • Domestic Violence Prevention Counseling for Families • Anger Management Classes Youth and Adults • Court Ordered Programs (community service, violence and parenting) • Food Donations/bank for the Homeless • Individual and Group Counseling • Educational Programs for Youth and Adults • Drug and Alcohol Certification Program • Community Garden Program • Youth Music Program & Clubs • Legal Services
<p><u>Little Buddies</u> University of Redlands 1200 E. Colton Ave. Redlands, California 92373 Phone: (909) 748-8288 ext. 2565 Neil McKenna http://www.redlands.edu/4090.asp</p>	<p>Little Buddies is the section of the Big Buddies program which includes children 6-10 years of age. Little Buddies is centered on providing positive college role models for the children of the Redlands area. Every Monday night, the program provides crafts and activities for the children. Each game and/or activity is intended to teach the children life skills such teamwork, cultural awareness, respect for others, and the importance of finishing your work and then having fun. The program offers homework help throughout the night. One of the most beneficial aspects of the program is that each Little Buddy is paired up one-on-one with a college mentor, their very own Big Buddy.</p> <p>Ages: 6-10 years old</p>
<p><u>Middle Buddies</u> University of Redlands 1200 E. Colton Ave. Redlands, California 92373 Phone: (909) 748-8288 ext. 2565 Contact: Neil McKenna http://www.redlands.edu/4095.asp</p>	<p>Middle Buddies is the section of Big Buddies that incorporates children who are in middle school (grades 6-8). Middle Buddies is centered on providing positive college role models for the children of the Redlands area. Every Monday night the program provides crafts, activities and homework help for the children. Each game and/or activity is intended to teach the children life skills such as teamwork, cultural awareness, respect for others and the importance of finishing your work and then having fun. The most beneficial aspect of the program is that the children are able to interact with college students who help reinforce the importance of education.</p> <p>Ages: 6-8 Grades</p>

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<p><u>Monday Night Mentoring</u> Burning Bush Missionary Baptist Church 2286 Leroy St. San Bernardino, CA 92404 http://relevant-church.org/wp/ministries/mens-ministry/</p>	<p>The Monday Night Mentoring Program offers a weekly, faith-based mentoring class for boys and young men that will help them to matriculate more effectively into becoming mighty men of God. Our plan is to engage them on their level, educate them on the natural and spiritual development of manhood, and challenge them to become the men of valor God intended for them to be.</p> <p>We will meet on Monday Nights from 6:30 pm – 8:00 pm</p>
<p><u>One 2 One Mentors</u> 16245 Desert Knolls Drive Victorville, CA 92395 Phone 760-245-1997 http://www.one2onementors.org</p>	<p>Our goal is to recruit, train, and monitor mentors within the High Desert for supportive one-to-one mentoring. Mentoring can break down the barriers and bridge the gaps from hopelessness to fulfillment by developing caring relationships one child at a time.</p> <p>One of the other programs we provide is skill building classes; these classes are intended to re-educate teens by providing them the building blocks to form healthy relationships and avoid abusive or violent solutions to conflict.</p>
<p><u>Project Sister</u> Phone - 909.623.1619 or 626.915.2535 or 562.789.6000 Mailing address - P.O. Box 1369, Pomona, CA 91769-1369 Julie Boynton (Executive Direction) info@projectsister.org http://www.projectsister.org</p>	<p>Project Sister Family Services (PSFS) is the foremost agency dedicated to providing services to the women, children, and men survivors of sexual assault and abuse and their families in the East San Gabriel and Inland Valleys in Southern California, a region with a population of over 2.3 million persons. Project Sister Family Services works with local law enforcement, district attorneys, courts, hospital and health care providers, schools, churches and other community groups and agencies.</p>
<p>Provisional Accelerated Learning Center (PAL) 2450 Blake Street San Bernardino, CA 92407 Phone: (909) 887-7002 (Dwanye Radden) Fax: (909) 887-8942 www.palcenter.org</p>	<p>Provisional Educational Services, Incorporated, (PESI) is a non-profit tax-exempt educational institution formed in 1984 to offer a variety of educational programs and employment services through the Provisional Accelerated Learning (PAL) Center.</p>

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<p><u>Reach Out-Mentoring</u> 1126 W. Foothill. Blvd. Suite 150 Upland, CA 91786 Phone: (909)982-8641 ext#111 fax: (909)982-8642 www.we-reachout.org Contact Person: Andrew Williams</p>	<p>Our Mentoring program is a proactive approach to helping at-risk youth grow and learn valuable life lessons while also having fun!</p> <p>With the support of our mentors and staff, we work to build up each young person to achieve success at the highest level possible. Through regular interactions, our mentors provide positive support and encouragement for young people to deal with, and overcome, the challenges they face in their lives. Youth are referred by counselors, teachers, clergy, parents and social service agencies in the Inland Empire and Pomona Valley. We also provide a mentoring program to children of incarcerated parents.</p>
<p><u>Reach Out-Tobacco Awareness Program</u> 1126 W. Foothill. Blvd. Suite 150 Upland, CA 91786 Phone: (909)982-8641 fax: (909)982-8642 www.we-reachout.org Contact Person: Christine Metzler Chris@we-reachout.org ext# 107</p>	<p>TAP is an eight session program designed to help high school students quit smoking. This program is led by student peers who facilitate the sessions with a prevention specialist from Reach Out present in an advisory role.</p> <p>TAP is presently offered at all high schools in the Chino Valley Unified School District, as well as Upland High School. Through TAP, Reach Out is able to offer smoking cessation services to over 600 high school students each year.</p>
<p><u>Reach Out-Environmental</u> 1126 W. Foothill. Blvd. Suite 150 Upland, CA 91786 Phone: (909)982-8641 (Omar Gonzalez ext# 113) fax: (909)982-8642 www.we-reachout.org</p>	<p>Our Environmental Prevention program seeks to change social norms, attitudes, and beliefs around substance use through community building, media, policies and ordinances, and physical designs. We are currently partnered with cities including Ontario, Fontana, Chino, Chino Hills, Rancho Cucamonga, Montclair and Upland.</p>

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<p><u>Reach Out-Project ALERT</u> 1126 W. Foothill. Blvd. Suite 150 Upland, CA 91786 Phone: (909)982-8641 fax: (909)982-8642 www.we-reachout.org Contact Person: Christine Metzler Chris@we-reachout.org Ext#107</p>	<p>Project ALERT is a drug prevention and awareness program for middle and junior high grades. It has been designated an exemplary model program by both the U.S. Department of Education and the U.S. Department of Health and Human Services. Proven results show the reduction in marijuana initiation, decreased current and heavy smoking, reduced pro-drug attitudes and beliefs, success in helping smokers quit; proven effectiveness for both high and low risk adolescents. The goal of Project ALERT is to reduce the use of those dangerous substances by keeping nonusers from trying them and by preventing nonusers and experimenters from becoming regular users through a variety of teaching techniques.</p> <p>Taught during the 7th grade, Project ALERT is a 10 week program which is a fully validated and scientific-based substance abuse prevention and awareness program based on the social influence model. Project ALERT targets those drugs first used most often by middle school youth: alcohol, tobacco, marijuana and inhalants. Students are taught through role-playing and other methods how to resist peer pressure, internal pressure and are given up-to-date information on these substances and why they are harmful. This program also includes 3 booster lessons for 8th graders. Reach Out currently provides this program to all 7th and 8th grade students at Pioneer and Upland Jr. High schools; servicing over 2,000 students annually.</p>
<p><u>Reach Out-Reach Out to Parents and the Community</u> 1126 W. Foothill. Blvd. Suite 150 Upland, CA 91786 Phone: (909)982-8641 fax: (909)982-8642 www.we-reachout.org Contact Person: Kanni Pereira ext#107</p>	<p>Reach Out offers numerous programs which are unique to the youth, volunteers and policy makers in our community!</p> <p>When adults smoke around children, it is the kids who suffer. Children exposed to smoke are more likely to experience breathing problems, ear infections, and behavioral problems such as hyperactivity that can cause them to fall behind in school.</p> <p>Tobacco Awareness The Reach Out to Parents program educates the community about the effects of tobacco and second-hand smoke on children. We offer both informational public presentations for adults and fun, age-appropriate educational programs for children as young as preschool age.</p> <p>Smoking Cessation Program To help parents and other adults through the difficult process of quitting, Reach Out offers a FREE 8-week smoking cessation program that provides the guidance and support they need to kick the habit — for the kids’ sake and their own. This program is generously funded by First 5 San Bernardino.</p> <p>Enroll in our FREE Smoking Cessation Program or schedule a date for a presentation on the effects of tobacco on children. Please contact Reme 909.982.8641</p>

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<p><u>San Geronio Council Girl Scouts</u> <u>CENTRAL SERVICE CENTER AND EXECUTIVE OFFICES</u> 1751 Plum Lane, Redlands, CA 92374 Phone: (909) 307-6555 Fax: (909) 307-6526</p> <p><u>LOW DESERT SERVICE CENTER</u> 75-180 Mediterranean Palm Desert, CA 92211 Phone: (760) 779-5152 Fax: (760) 779-5104</p> <p><u>SOUTHWEST SERVICE CENTER</u> 26855 Jefferson Ave., Suite B, Murrieta, CA 92562 Phone: (951) 813-3355 Fax: (951) 813-3309</p> <p><u>HIGH DESERT SERVICE CENTER</u> 15329 Bonanza Rd. Ste. C & D , Victorville, CA 92392 Phone: (760) 241-3558 Fax: (760) 241-8046 www.girlscoutssangorgonio.org</p>	<p>Girl Scouts of San Geronio Council (GSSGC) serves more than 10,000 girls in Riverside and San Bernardino counties with the dedicated support of 5,000 adult volunteers.</p> <p>Girl Scouts warmly welcomes all girls ages 5-17 regardless of race, color, ethnicity, creed, national origin, religious affiliation, physical ability or socioeconomic status. Basically, if you're a girl, we'd love to welcome you as one of us!</p> <p>Many girls join a local troop or group for fun and friendship, and others attend special events or travel the world. Yet, at every grade level, research has shown that Girl Scouts:</p> <ul style="list-style-type: none"> • achieve higher grades • have twice as many leadership opportunities • are more likely to make sound moral decisions • are less likely to have sexual relations as a teen • are less likely to use drugs and alcohol • have stronger relationships with their parents
<p><u>S.H.O.C.K</u> <u>Self-Discipline, Honor, Obedience, Character, Knowledge</u> Apple Valley Police Activities League Phone: (760) 961-0754 info@avpal.org</p>	<p>The SHOCK program is a ten-week juvenile intervention program for youth between the ages of thirteen and seventeen. SHOCK was designed to combat the negative influences facing today's youth in society. These influences include gangs, drugs, and teenage pregnancy, communication issues with peers and parents, and self-respect. S.H.O.C.K. meets Monday, Wednesdays and Fridays at the Apple Valley Middle School.</p>

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<p><u>San Bernardino City Unified School District Mentoring Program</u> Office of Families, Schools and Community Partnerships Family Resource Center 1525 W Highland Ave San Bernardino, CA 92411 Phone: (909) 880-4057 Fax: (909) 880-6587 Contact: Marcelino "Mars" Serna, Family Involvement Officer www.sbcusd.com/frc</p>	<p><u>Target Population:</u> Youth ages 8 to 17 years of age of diverse ethnic populations dealing with a variety of challenges in their lives.</p> <p><u>Benefits for the youth:</u></p> <ul style="list-style-type: none"> • Expose our youth to positive role models • Help to focus our youth on their future goals (academic and career) • Foster increased confidence and self esteem • Expose youth to adults that have diverse cultural, socio-economic and professional backgrounds.
<p><u>The STAY</u> 780 Gilbert St., Bldg. H San Bernardino, A 92415 Phone: (909)763-4760 x100 thestay@starsinc.com</p>	<p>The STAY is a short-term, 14 bed center for Transitional Age Youth (TAY) in crisis located in the County of San Bernardino. This facility is the only center of its kind in the state! This residential program is housed next door to the One Stop TAY Center.</p>
<p><u>The Brightest Star</u> 925 S. Riverside Ave., Ste. 41 Rialto, CA 92376 Phone: (909) 875-2968 www.thebrighteststar.org</p>	<p>It is our mission to change young minds and young lives. We are dedicated and deeply committed to enhancing the educational journey, self-esteem, self-confidence and empowerment of youth placed in residential treatment facilities and foster care, and to provide the building of life skills and self-respect in youth who emancipate setting out to live life on their own.</p>
<p><u>The Landing</u> Judson Baptist Church 1406 E. Pacific St. San Bernardino, CA 92404 (909) 889-0781 Revdirector@gmail.com</p>	<p>“The Landing is a place for students (age 12-18) who want more out of life than what they’re getting. For some that means dealing with pain. For others, it could mean finding freedom from an addiction. Others might just be hung up on something you can’t seem to move passed. Whatever your reason for attending, healing can be the result. Join dozens of students your age from all over San Bernardino who have found The Landing to be a safe place where you can find hope, help and healing.”</p> <p>6-8pm every Thursday except Thanksgiving</p>

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Transitional Age Youth

TAY Program

San Bernardino TAY Center (909) 387-7194

780 E. Gilbert Street
San Bernardino, CA 92415-0920
Fax (909) 387-7100

Pacific Clinics TAY Center (909) 466-8696

9047 Arrow Route Suite 170
Rancho Cucamonga 91730
Fax 909-466-8696

VCSS (Victor Community Support Services)

TAY Center (760) 243-5417

14360 St. Andrews Drive, Suite 11
Victorville, CA 92395
Fax (760) 245-5896

Pacific Clinics TAY Center (760) 228-9657

58945 Business Center Dr #D
Yucca Valley, CA 92284
Fax: 760-369-6758

Transitional Age Youth (TAY) Centers were created to provide integrated services to transitional aged youth (16-25 years-old) who are underserved, uninsured and homeless or at risk of becoming homeless. Transitional age youth typically have been over-represented in the Justice System and out-of-home (foster care, group homes, and institutions) placements. TAY Centers provide a high level of care with services that are gender specific, culturally and linguistically appropriate. Transitional age youth and their families were integral in creating youth specific services.

<p><u>Transitional Age Youth</u> <i>San Bernardino One Stop TAY Center</i> 700 East Gilbert Street Building 4 San Bernardino, CA 92415 Phone: (909) 387-7194</p> <p><i>West End One Stop TAY Center</i> 9047 Arrow Route Suite 170 Rancho Cucamonga 91730 Phone: (877) 760-0770</p> <p><i>High Desert One Stop TAY Center</i> 14360 St. Andrews Drive, Suite 11 Victorville, CA 92395 Phone: (760) 245-4695</p> <p><i>Morongo One Stop TAY Center</i> 58945 Business Center Dr #D Yucca Valley, CA 92284 Phone: (760) 228-9657</p>	<p>Transitional Age Youth (TAY) are individuals between the ages of 16 & 25. The TAY One Stop Center has been especially designed for youth...by youth. Our target population is youth with mental and/or emotional problems who may be emancipating from: foster care group homes juvenile justice system and/or youth from the community. The TAY center is a drop in center. We provide a safe environment for youth to set goals and succeed in life. The TAY One-Stop Center welcomes youth needing assistance in becoming independent. Our staff is dedicated to helping improve the quality of life for TAY in San Bernardino County.</p>
<p><u>Valley Star Children and Family Services: Inter-agency Youth Resiliency Team</u> 1585 South D Street, Suite 101 San Bernardino, Ca. 92408 Telephone: 909-388-2222 Fax: 909-388-2220 Contact Persons: Wandalyn Lane, ext. 132 & Steven Hale, ext. 123</p>	<p>The Inter-agency Youth Resiliency Team (IYRT) at Valley Star Children and Family Services offers innovative mentoring services to system-involved or at-risk youth age 13-21 years old and their care-givers: past or present CFS, Probation, and County Schools. The IYRT mentoring program is free to eligible participants and focus on 5-domains: education, employment, enduring relationships, housing, and physical/emotional well-being. Valley Star IYRT serves the cities of: Colton, Grand Terrace, Bloomington, Loma Linda, Redlands, Bryn Mawr, Mentone, Yucaipa, Highland, Patton, Forest Falls, and Angelus Oaks.</p>

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<p><u>Westside Kinship Support Services Program</u> 785 N. Arrowhead Avenue San Bernardino, CA 92401 Phone: (909) 889-5757 westsidekinship@verizon.net</p>	<p>Empowering Caregivers and Strengthening Families Share the joys and frustrations of raising a kin-child with “folks who understand” Learn new and effective ways to help you handle the children in your care Participate in fun-filled recreational events designed for kin-families Take some time out for yourself in your busy schedule!</p>
<p><u>Women on the Move</u> Women on the Move P.O. BOX 2725 Rancho Cucamonga, CA 91729 Barbara Marino 909-982-1210 Diane Gunther 909-981-6559 Email us: chezbj_@hotmail.com</p>	<p>The goal of the <i>WHO'S YOUR HERO?</i> program is to help girls aged 12 to 14 gain confidence to make positive choices and healthy decisions, and to have fun while exploring ideas. The overall purpose is to help girls avoid some of the difficulties that occur in young lives as result of lack of confidence, attachment to poor role models, influence of some aspect of popular culture and unwise personal relationships.</p>
<p><u>Y.E.S. Center (San Bernardino County Schools)</u> 15733 First Street Victorville, CA 92395 Phone: (760) 241-2344 (Natasha) http://www.sbcss.k12.ca.us/adminserv/slpp_Yes.php trinity-wallace-ellis@sbcss.k12.ca.us</p>	<p>It is the mission of the YES Center to empower fosters youth to successfully emancipate into society as independent and stable young adults. The YES Center provides information, knowledge, and assets through collaboration with community-based organizations that share similar visions and goals. Currently the Youth Empowerment Service Center serves emancipating foster youth ages 16-18. The center brings together all of the resources available to group home and foster youth, creating a powerful consortium dedicated to improving the lives of emancipating youth.</p>
<p><u>Young Visionaries Leadership Academy</u> (Emergency Youth Shelter) 1616 North “D” Street San Bernardino, CA 92405 Phone: (909) 881-3382 Fax (909) 881-3385 http://www.yvyla-ie.org/ Contact Person: Terrance Stone tstone@yvyla.org</p>	<p>The mentoring program is collaboration with the San Bernardino Police Officers Association comprised of several components focusing on challenging special needs teens to live a life of purpose and direction. In a time where young people are lacking positive role models and a sense of hope, it is important that we help them chart a course that leads to success and challenges them to be resilient in the pursuit of their dreams. This program is designed to give young people one on one attention from a positive adult who will help them set positive life goals and provide them with the tools and encouragement they need to achieve those goals.</p>

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<p><u>Youth Action Project</u> SBETA Training Building 600 N. Arrowhead Blvd., Suite 300 San Bernardino, CA 92401 Phone: (909) 888-7881 http://www.youthactionproject.org/</p>	<p>Supplying volunteers who provide academic support, mentoring and positive youth development activities for local high school students. Our volunteers work with them to improve their grades and pass the California High School Exit Exam, which is required for graduation.</p>
<p><u>YouthHope</u> PO Box 601 Redlands, CA 92373 Phone: (909) 663-4543 info@youthhope.org www.youthhope.org</p>	<p>Youth Hope provides various programs that will build the confidence necessary to transition the youth from the streets to becoming self-sufficient adults. We serve youth ages 14-24 who are homeless, runaways, or at-risk of becoming homeless. We are a non-profit organization working in the city of Redlands, but youth come to us from all over the inland empire.</p>

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<p><u>Youth Mentoring Action Network</u> Phone: (909) 908-1153 www.mentoringactionnetwork.org</p>	<p>Youth Mentoring Action Network is a 501 (c)(3) dedicated to increasing the academic achievement, college entrance, career success and networking capabilities of youth of color, through mentoring, education and career preparation.</p> <p>The Capital Builders is a school and community based mentoring program that aims to build the academic, social and economic capital of youth of color through <u>mentoring, networking, career exploration, job shadowing and internship programming.</u></p> <p>A.A.M.P. African American Mentoring Program This is where “The Network” first began, with funding from The Ontario Community Foundation. A.A.M.P. is a school based mentoring program that aims to empower, educate, inspire academic excellence and work toward closing the achievement gap in the black community through a <u>culturally relevant curriculum, a small group mentorship, and tutoring.</u></p> <p>Musicians Crew is a school and community based mentoring program that aims to prepare young musicians for the rigors of musicianship and a college level music education through <u>music theory and audio engineering training as well as experience acquiring, setting up and playing “gigs”</u></p>
<p><u>Yucaipa Teen Center</u> 12385 7th Street Yucaipa, CA 92399 Phone: (909) 797-2489</p>	<p>The Teen Center also serves as a resource center for families with children. Teen Programs offer guidance and mentoring programs which encourage self-empowerment, community involvement, and positive behavioral changes. Teen Programs are part of a community collaborative effort which has a strong network base with other organizations that are concerned about youth in our community</p>

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Trainings, Seminars and Volunteer Opportunities	PROGRAM DESCRIPTION
<p>Arrowhead United Way-Born Learning 646 North D Street / P.O. Box 796 San Bernardino, CA 92402 (909) 884-9441 fax (909) 885-4096 Maria Herrera, Born Learning Specialist (909) 884-9441 x237 or MariaH@ahuw.org</p>	<p>United Way of America is partnering with the Ad Council, Civitas, and Families and Work Institute to create Born Learning. Born Learning is a public engagement campaign that helps parents, grandparents, and caregivers explore ways to turn everyday activities into fun learning experiences.</p>
<p>Autism Society Inland Empire 2276 Griffin Way, Suite 105-194 Corona, CA 92879 Phone: 951-220-6922 http://www.ieautism.org/home ieasa@sbcglobal.net</p>	<p>The mission of the Autism Society Inland Empire Chapter is to improve the lives of all affected by autism. We do this by increasing public awareness about the day-to-day issues faced by people on the spectrum, advocating for appropriate services for individuals across the lifespan, and providing the latest information regarding treatment, education, research, support and advocacy.</p>
<p>Big Buddies Program University of Redlands 1200 E. Colton Ave. Redlands, California 92373 Phone: (909) 748-8467 http://www.redlands.edu/x13358.asp big_buddies@redlands.edu</p>	<p>Big Buddies is a mentoring program that reaches out to the community by providing positive role models for elementary school children ages of 6-10 (Little Buddies), and middle school children ages of 11-14 (Middle Buddies). The objectives of Big Buddies are to provide positive college role models that stress the importance of a well-rounded education and appropriate behavior; to work with the children to improve and develop social skills and to counsel; and to listen to, and play fun games with the children. Big Buddies pairs each child with a mentor, but is structured in a group-on-group setting. Mentors are University students, all of whom complete background checks.</p>

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<p>Blindness Support Services Blindness Support Services, Inc. 3696 Beatty Drive, Suite A Riverside, CA 92506 951-341-9244 Fax: 951-341-6335 <i>info@blindnesssupport.com</i> http://www.blindnesssupport.com</p>	<p>Information and Referral</p> <ul style="list-style-type: none"> · Braille Transcription · Independent Living Skills training · Orientation and Mobility training · Rehabilitation technology/ Computer training · Employment preparation · Job Development · Travel training · Peer support/ Adjustment Counseling · Affordable housing · Health and Wellness · Community education/Presentations <p>Serves San Bernardino & Riverside Counties</p>
<p>Boy Scouts of America PO Box 8910 Redlands, CA 92375 Phone: (909) 793-2463 http://www.bsa-ciec.org</p>	<p>The purpose of Scouting is to provide an effective program for boys designed to build desirable qualities of character, citizenship, and personal fitness through community organizations. Acquiring these qualities aids in the development of American citizens who are physically, mentally and emotionally fit, and builds a high degree of self-reliance.</p>
<p>California Department of Corrections & Rehabilitation 1465 South D Street, Suite 100 San Bernardino, CA 92408 Phone: (909) 327-2981</p>	<p>The Day Reporting Center (DRC) program is designed to provide nonresidential supportive services to parolees who are at risk of violating their parole and returning to custody. It is a voluntary program considered as a parolee resource center to assist parolees in their reintegration back into society.</p>
<p>Camp Fire USA Camp Fire USA Mt. San Antonio Council 9037 Arrow Route, Suite 140 Rancho Cucamonga, CA 91730 Phone: (909) 466-5878 Contact: Carol http://www.campfiretoday.org/Home%20Page <i>info@campfiretoday.org</i></p>	<p>Reaching nearly 750,000 children and youth annually, Camp Fire USA is a leader in after-school and out-of-school time programming. By design, Camp Fire USA's programs build confidence in younger children and provide hands-on, youth-driven leadership experiences for teens and young adults. Camp Fire USA takes pride in its long-standing commitment to providing the following programs to youth and their families.</p>

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<p><u>Camp Good Grief</u> Loma Linda University Children's Hospital Camp Good Grief, Room 1801 11234 Anderson Street Loma Linda, CA 92354 Phone: 909-558-8212 Contact: Diana Evans</p>	<p>Camp Good Grief is a three-day camp experience for children and teens 10-16 years old that have had a sibling or parent die. It provides the place and space for children and teens to come together in an atmosphere of love and acceptance. The purpose of Camp Good Grief is: For children and teens to meet others their own ages who are also learning about and understanding their grief. The second is to run, play, laugh, and be themselves--to really have a great time! By meeting others like themselves, they discover that they can share the same feelings and that those feelings are normal and okay. When a child or teen grieves alone, he or she may not realize that the feelings they experience at different times during the grief process are common--they are natural and normal. It is very important to understand that what is happening to them happens to others also. Their pain is understood here and accepted.</p>
<p><u>Camp Taylor</u> 5424 Pirrone Road Salida, CA 95368 Phone: (209)545-4715 kimberlie@kidsheartcamp.org http://www.kidsheartcamp.org/</p>	<p>Camp Taylor offers free youth and teen camps in Central and Northern California for pediatric cardiology patients. Six camp sessions are a safe haven of calm surroundings of nature and nurture away from the daily cares and challenges of heart disease.</p>
<p><u>Center for Employment Training</u> 1430 Cooley Court San Bernardino, CA 92408 Phone: 909.478.3818 sanbernardino@cet2000.org http://cetweb.org</p>	<p>The mission of CET, an economic and community development corporation is to promote human development and education by providing people with marketable skills training and supportive services that contribute to self-sufficiency.</p>
<p><u>Children's Network</u> 825 E. Hospitality Lane 2nd Floor San Bernardino, CA 92415 http://www.co.san-bernardino.ca.us/childnet/ Contact Person: Brandy Nelson, Mentor Resource Coordinator 909-383-9677 bnelson@hss.sbcounty.gov</p>	<p>The overall goal of the Children's Network is to help "children at risk" by improving communications, planning, coordination and cooperation among youth serving agencies; identifying gaps and overlaps in services; providing a forum for clarifying perceptions and expectations among agencies and between agencies and the community; setting priorities for interagency projects; and implementing collaborative programs, public and private, to better served children and youth.</p>

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<p><u>Children's Resources Inc.</u> 7426 Cherry Ave., Suite #210-529 Fontana, CA 91730 Phone: 888-973-3448 (909) 829-1364 fax http://www.childrensresources.net/shannon@childrensresources.net</p>	<p>Children's Resources, Inc. is a non-profit organization that facilitates cultural programs and activities for students in the Inland Empire. Its African-American History Club meets to participate in learning activities and field trips. Children between the ages of 10 and 16 are eligible to participate. Each year during the third week of July, the organization sponsors a free weeklong African-American History Day Camp the SBCUSD Family Resource Center. In addition to its programs for students, Children's Resources offers year-round parent educational seminars at school sites throughout San Bernardino County.</p>
<p><u>Chino Boxing Club</u> The Neighborhood Activity Center 5201 "D" Street Chino CA 91710 Phone: 909.590.5575 http://chinoboxingclub.com/</p>	<p>The <u>Chino Boxing Club</u> gives participants the opportunity to learn the art of amateur boxing while developing character, conditioned bodies, and sportsmanship. All boxers are under the guidance of highly trained boxing instructors. The Chino Youth Boxing Foundation hosts several USA Amateur Boxing Federation sanctioned shows every year. Parents must sign a waiver and all participants must attend a mandatory orientation held on the 2nd and 4th Tuesday of the month from 6:30 pm to 7:30 pm.</p>
<p><u>Dandelion Wishes</u> 655 Shasta Drive Corona, CA 92881 Phone: 951-415-4242 www.dandelion-wishes.org</p>	<p>Dandelion Wishes offers a variety of workshops and other services for individuals, groups, and other non profits serving their community. We are able to custom build a service for you based on you or your organizations needs.</p> <p>Our 2-3-hour workshops teach you how to express feelings with color using a combination of the Zagon method of Art4Healing® and our own curriculum. Participants will process their feelings abstractly on canvas and other art foundations, while learning greater self awareness through color, composition and elements of the art process.</p> <p>The workshops are \$45.00* per person which includes all art supplies. Each participant walks away with at the minimum 3 art pieces (painting, collage, watercolor, art journaling, etc..) and a fullness of self and spirit. These workshops are geared for groups with 4-10 participants.</p>

<p><u>Foster & Kinship Care Education Instructional Specialist</u> Barstow Community College 2700 Barstow Rd Barstow, CA 92311 Direct 760-252-2411 x 7276 Fax 760-252-6798</p>	<p>Foster and Kinship Care Education (FKCE) provide FREE parenting classes to caregivers of children and youth in out-of-home care, in order for providers to meet the foster children's needs: educational, emotional, behavioral and developmental. These classes are also open to members of the community and meet the "In-service/on going" training requirements for foster parents and kinship (relative) care providers. Participants receive a certificate of completion at each class. Classes are held in Barstow, Hesperia and Victorville. Classes are offered in English and Spanish. Must be 18 years of age or older to attend the classes. Day care is limited and only provided at certain locations and times. Participants can visit www.barstow.edu/fkce for class descriptions and class schedule. Participants are encouraged to pre-register by calling 760-252-2411 extension 7276 or extension 7385 or by email fkce@barstow.edu. Office hours are Monday- Thursday 8-4pm.</p>
<p><u>Forward Focus Youth Enrichment Center</u> 246 E. Highland Ave. 105 San Bernardino, CA 92404 Phone: (888) 440-4428 http://fwdfocus.org/home Contact Person: info@fwdfocus.org</p>	<p>Forward Focus wants to enrich and enhance the academic and social development of at-risk youth by training them in the skills needed to improve their ability to achieve educational, economic, and social success. We do this using the 3 E'S; our three (3) primary focus components, which are: Youth Enrichment: Provide the instruction and assistance necessary to enhance the youth's academic, economic, and personal development, as well as their physical wellness through training programs, study groups, workshops, and other mentoring opportunities. Youth Empowerment: Introduce the youth to situations that challenge them to assume leadership roles by serving on the Youth Focus Council, and participating in the planning and organization of events and activities. Youth Engagement: Encourage the youth to apply what they've learned in their daily lives by employing them to complete action projects, including but not limited to academic service, community service, and various opportunities for work and career exploration.</p>

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<p><u>Gang Reduction Intervention Team (GRIT)</u> 801 Post Street Redlands, CA 92374 Phone: (909) 793-7746 Open M-F (9a-5pm) www.gangconsultants.com Contact Person: Darla Coleman g.r.i.t_outreach@verizon.net</p>	<p>Our target population includes both youth and young adults, between 12-17 and 18-25 that have been identified by correctional institutions, law enforcement, school officials or parents to be “At-risk” for gang involvement, criminal misconduct and or substance abuse. The Gang Reduction Intervention Team (G.R.I.T.) mission is to intervene in the lives of “At-risk” youth and young adults who have demonstrated the most extreme forms of delinquency.</p>
<p><u>Gang Resistance Education And Training (GREAT)</u> San Bernardino County Probation Youth Justice Center 900 E. Gilbert St., Bldg 31 San Bernardino, CA 92415 San Bernardino County Probation Day Reporting Center 15505 Civic Center Drive Victorville, CA 92392 Phone: (909) 889-0928 Contact Person: David Mann</p>	<p>This is a program is for male and female youth ages 10-14 to attend with their parents. First time, low risk, juvenile offenders that are non wards of the court. The eight week group uses evidence based curriculum designed for youth that are truant, have informal probation cases, youth accountability board referral and have been to juvenile traffic court. The curriculum covers topics such as communication, family skills, role models, family relationships, and families in the electronic age, bullying, and substance abuse awareness and is concluded with a completion celebration.</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  GREAT Families -Victorville.pdf </div> <div style="text-align: center;">  GREAt Families YJC.pdf </div> </div>

<p><u>Gay-Straight Alliance Network</u> Daniel E. Solis Southern California Program Coordinator GSA Network 1145 Wilshire Blvd. Suite 100 Los Angeles, CA 90017 Phone: (213) 482.-4021 (Ariel Bustamante) Fax (213) 482-4027 http://www.gsanetwork.org Contact Person: Daniel Solis daniel@gsanetwork.org www.socal@gsnetwork.org</p> <p>To see our San Bernardino chapters, go to: http://gsanetwork.org/civcrm/profile?q=civcrm/profile&force=1&gid=5&crmRowCount=10000</p>	<p>GSA Network supports young people in starting, strengthening, and sustaining GSAs and builds the capacity of GSAs to: create safe environments in schools for students to support each other and learn about homophobia and other oppressions, educate the school community about homophobia, gender identity, and sexual orientation issues, and fight discrimination, harassment, and violence in schools.</p> <p>Our overall strategy for fighting homophobia and transphobia in schools is to work with grassroots, youth-led groups, and GSAs, empowering them to educate their school communities, advocate for just policies that protect LGBTQ youth from harassment and violence, and organize in coalition with other youth groups across identity lines to address broader issues of oppression.</p> <p>All of our work with students focuses on leadership development and activism that prioritizes building alliances not only across sexual orientation and gender identity lines, but also across race, ethnicity, and class lines, and our resources and trainings are designed to facilitate coalition building. Our programs benefit our constituents in three critical ways: Ending Isolation through Building GSA's, Developing Leaders and Making Schools Safer.</p>
<p><u>Goodwill</u> GoodGuides 264 East Monterey Avenue Pomona, CA 91767 Phone (909) 242-7999 ext 213 (Diane Lebise) www.goodwillsocal.org/employment/youth/goodguides</p>	<p>The program matches participating youth with volunteer mentors who share a nurturing, positive relationship and exposure to community support, to enable the youth to develop their full potential and their capacity to make informed, responsible decisions. The GoodGuides program features a curriculum of topics that benefit youth, including financial literacy, career exploration, job shadowing, social skills and academic tutoring.</p> <p>Mon-Thur 9am-6pm; Fri 8am-5pm Participants must be between the ages of 6 and 21</p>
<p><u>Hands On Inland Empire</u> Phone: 909-980-2857 ext: 243 (Alan Collins) info@handsoninlandempire.org http://handsoninlandempire.org</p>	<p>Inland Empire United Way, an affiliate of HandsOn Network, provides a link for individuals, families, teams, and corporate groups to join together and engage in meaningful volunteer opportunities within the San Bernardino and Riverside Counties and the Pomona Valley.</p>

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<p><u>Mothers on Mountains Projects (MOM)</u> 1221 East Big Bear Big Bear, California 92315 Main: (909) 585-5607</p>	<p>We offer evidence-based research prenatal and postnatal to parents/caregivers of children ages 0-5. Our mission is to provide full spectrum educational and support services from the moment families discover they are expecting through the early years of their children's lives in order to help build healthy families.</p>
<p><u>Job Corps</u> Inland Empire 3173 Kerry Street P O Box 9550 San Bernardino, CA 92427-9550 Phone: (909) 887-6305 Fax: (909) 473-1511 http://inlandempire.jobcorps.gov</p>	<p>Job Corps is a free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job. For eligible youth at least 16 years of age, Job Corps provides the all-around skills needed to succeed in a career and in life.</p>

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Juvenile Intervention Program (JIP)

San Bernardino County Sheriff's Department

Public Affairs Division

655 East Third Street

San Bernardino, CA 92415

Phone: (909) 387-3700

www.sbcounty.gov/sheriff/

The J.I.P. is for parents or guardians who need intervention in their juvenile's life. Juveniles are exposed to the realities of jail life, and are also taken to the Coroner's Division to see the realities of death. During this time, the parents receive information on various topics such as drug and alcohol recognition, gang awareness, and addressing various teenage problems.

FOLLOW-Up Program

The goal of the workshops is to assist students in discovering who they are or what makes them "tick" as people. Recognizing and identifying who you are as an individual along with your strengths is a very powerful tool. Once this discovery is made, now what? The answer is lying within each and every one of us in the choices we make on a daily basis. Personal accountability on all levels; parents and children are the key to success. Once we make the conscious choice to own our lives the power of our mind will allow us to achieve our goals in life. The following skills are emphasized: self awareness, communication, personal responsibility, choices and conflict resolution.

Workshops

Who am I, and what are my strengths?

Personal Accountability

The power of the mind-How do I make change in my life?

**** Must Complete Juvenile Intervention Program prior to enrolling in workshops**

<p><u>Safe Kids Inland Empire</u> Loma Linda Children's Hospital 11290 Campus Street Suite 200 Loma Linda, California 92354 Coordinator: Michelle Parker Mparker@llu.edu 909-558-8118</p>	<p>Safe Kids Inland Empire Coalition Meetings Meetings are held throughout San Bernardino and Riverside Counties on the fourth Wednesday of each month from 10:00 am - 12:00 pm. The meeting locations change each month. Email kpatrick@llu.edu if you wish to be added to the distribution list for the meeting times and locations. Discussions at the meetings include developing injury prevention programs and events throughout the Inland Empire, Child passenger safety events and trainings, legislative updates, and collaborative efforts.</p> <p>San Bernardino Drowning Prevention Network The drowning prevention group meets before Safe Kids meetings on the fourth Wednesday of each month from 9:00 am - 10:00 am. The meeting location changes each month. Email Kelly.donaldson@cityofrc.us to be added to the distribution list for the meeting locations. Discussions at the meetings include developing educational programs to reduce drowning, SIRF (submersion incident report form) Response team, legislative updates, and collaborative efforts.</p> <p>Safe Kids Buckle Up Van The Buckle Up van is available to be used by the community to hold a car seat check up event. The van is equipped to hold a checkup event at your location. To request a checkup event in your community, an event request form must be filled out 60 days prior to the event. For more information, you can contact Kim Patrick at 909-558-8118 or email at kpatrick@llu.edu.</p>
<p><u>San Bernardino City Unified School District</u> <u>Family Resource Center</u> 1525 W. Highland Avenue San Bernardino, CA 92411 Phone: (909) 880-4057 Contact: Mars Serna Parent-Family Involvement Officer marcelino.serna@sbcusd.com http://www.sbcusd.k12.ca.us/index.aspx?NID=477</p>	<p>The following services are provided by our District or partners from other agencies and community groups in order to provide a wide range of programs, activities, and services to meet the total needs of families.</p> <ul style="list-style-type: none"> • Parent education and awareness • Advocacy • Financial Workshops • Health and Nutrition classes • Parent to Parent support groups • Information and referrals to community resources • Sociological and homeless liaison services

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<p><u>Speak The Dream Foundation</u> Orange, CA 92865 Phone: (714) 904-0979 http://speakthedream.org nadine@speakthedream.org</p>	<p>Speak the Dream is a non-profit, mentoring and teaching organization that provides communication tools and skills to youth thru workshops, exposure to positive experiences and customized instruction. We believe that young people are one of our most vital resources to the future. Our focus is on the challenges experienced by foster youth who are economically, socially and academically AT RISK.</p>
<p><u>Step by Step</u> <u>United Church of Christ</u> Pat Walton Executive Director (909) 793-3520</p>	<p>In partnership with the PACT program of the Redlands Police Department, Redlands UCC is building a coalition of churches and civic organizations willing to assist individuals on parole who seek to reintegrate back into our community as productive citizens. This program is called <i>Step by Step</i>.</p> <p>The reentry process for those on parole can be daunting as most individuals face joblessness, homelessness, lack of reliable transportation and affordable housing along with inadequate literacy skills to work in a whole new world of technology. Without our support they face a recidivism rate up to 80%.</p>
<p><u>Taylion Virtual Academy</u> <u>Corporate Office</u> 7365 Carnelian St., Suite 113 Rancho Cucamonga, CA 91730 <u>Learning Center</u> 1184 West 2nd Street Suite 103 San Bernardino, CA 92410 1-888-6-TAYLION</p>	<p>Taylion Virtual Academy is to deliver a high tech, high touch, standards-based individualized learning environment, providing a variety of media rich, online and print learning materials and resources. Our highly qualified, credentialed teachers will work with parents as educational partners to design a personalized learning plan that will offer the student the flexibility to reach individual goals outside the wall of the traditional classroom. We strive to expand each student's potential and develop the character, confidence and skills needed for success in the 21st Century.</p>
<p><u>UHOPE (University Humor Outreach Program)</u> University of Redlands 1200 E. Colton Ave Redlands, CA 92373 Phone: (909) 748-8467</p>	<p>The University Humor Outreach Program was formed to help children in local foster homes, communities, and organizations learn important skills and qualities through fun and interactive character building improvisational workshops. These workshops promote such qualities as trust, teamwork, initiative, leadership, diversity, acceptance, the importance of keeping an active mind, and the importance of maintaining a healthy sense of humor. All University mentors complete background checks.</p>

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<p><u>Urban Youth Conservation Corps</u> Contact Persons: Bobby Vega (909) 963-8161 or Sandy Bonilla (909) 963-8172 http://www.sbnfa.org/conservation_corps.php</p>	<p>Urban Youth Conservation Corps comprised of 13 to 17 years old that live in the City of San Bernardino. The program offers opportunities to participate in conservation projects that promote greater stewardship for the land and provide meaningful service to the health of the forest. Youth participate in weekly classes on life skills education and job readiness training.</p>
<p><u>WestCare Arizona, Inc</u> P.O. Box 12107 Fresno, CA 93776 http://www.westcare.com Contact: Patti Munson Phone: 760-326-3135 pmunson@westcare.com</p>	<p>This project, located in Needles, provides a comprehensive resource center for parents prenatal through age five. Services include case management, referral and linkage, parenting education, and child development.</p>
<p><u>Women's Leadership Council</u> Arrowhead United Way 646 North D Street San Bernardino, CA 92401 Phone 909884-9441 x224 Contact: Knea Hawley KneaH@AHUW.org http://arrowheadunitedway.org/womens-leadership-council/</p>	<p><i>Education Committee - Mentoring Program</i></p> <ul style="list-style-type: none"> - An ongoing program designed to nurture and guide young woman during a crucial period in which they develop the foundation of a responsible and secure future. <p><i>Financial Stability Committee -</i></p> <p>Interview for Success:</p> <ul style="list-style-type: none"> - The one-day workshop is designed to assist young women between the ages of 17 and 24 who have faced economic and personal hardships, and are seeking to gain additional skills, training, and education. Each applicant is required to complete an application, provide a letter of recommendation, and to participate in an interview with members of the Women's Leadership Council, to determine acceptance for the workshop. <p>Financial Literacy Workshops:</p> <ul style="list-style-type: none"> - This workshop is designed to give young women the tools to live financial responsible lives. It will consist of two back-to-back workshops about entailing the importance of budgeting and credit management.

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Youth Coalition Teen Committee (YCTC)

Redlands Community Center

111 W. Lugonia Ave.

Redlands, CA 92374

Phone: (909)798-7572 x 5

http://www.ci.redlands.ca.us/recreation/teen_programs.htm

Youth Coalition Teen Committee or Y.C.T.C is a volunteer group for teens that are between the ages of 11-17. Y.C.T.C provides teens with high-energy, positive activities, and positive atmosphere. Some of the opportunities include: officiating, coaching, scorekeeping, promoting, mentoring, tutoring, special events and Community projects. This is a great way to gain real world experience or try something new. Hours count toward club, church, school community service hours, and court hours. Plus, we look great on college, scholarship, and job applications.

4-H Club

Cooperative Extension San Bernardino County

777 East Rialto Avenue

San Bernardino, CA 92415-0730

Phone: (909) 387-2179

Contact: [Cheryl Eggleston](mailto:caeggleston@ucdavis.edu)- 4-H Youth Development Program Representative

caeggleston@ucdavis.edu

Office Open: Tuesday/ Friday

Heritage Grove 4-H Club

Meets the 1st Wednesday of every month*

2410 La Praix, Highland, CA 92346 @ 6pm

Projects areas include sewing, dutch oven cooking, gardening, foods & nutrition, food preservation, photography, and leadership

Hesperia Highlighters

Meets the 2nd Thursday of the month*

Joshua Circle School, 10140 8th Ave, Hesperia CA 92345 @ 7pm

Projects areas include dairy, beef, arts & crafts, rabbits, and swine.

Inland Rockin' Rebels

Meets the 1st Friday of every month*

Bloomington Congregational Church, 18490 Santa Ana Ave, Bloomington, CA 92345 @ 7pm

Projects areas include dairy, beef, arts & crafts, rabbits, and swine.

Monte Vista Diamonds 4-H Club

Meets the 1st Thursday of every month (except July and August)

Brenderson Hall, Chino Fairgrounds

Corner of Central and Edison, Chino, CA @ 7pm

Projects include horse & pony, dairy cattle, beef cattle, sewing, shooting sports & leadership.

Rancho Rebels 4-H Club

Meets the 3rd Monday of every month*

Heritage Park -- Corner of Hillside & Beryl, Rancho Cucamonga, CA 91701 @ 5pm

Projects areas include covies and rabbits.

***Double check meetings times.** Schedule may change during summer activities.

Contact Cheryl Eggleston at the 4-H office 909.387.2179 for info

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Wraparound- Multiple Services	PROGRAM DESCRIPTION
<p><u>Building a Generation</u> 129 E. Vine St. Redlands, CA 92373 Phone: (909)793-8822 http://www.buildingageneration.org/</p>	<p>Building A Generation, along with community partnerships, offers four quality Family Resource Centers located in the Redlands Unified School District, as well as parenting classes throughout the East Valley. Our programs provide a safe and stimulating environment for parents and children alike. Through collaboration and teamwork, many organizations work together to provide services and programs to help serve families and build communities.</p>
<p><u>Community Action Partnership</u> 696 S. Tippecanoe Ave. San Bernardino, CA 92415 Phone: (909) 723-1500 www.sbcounty.gov/capsbc</p>	<p>Community Action Partnership of San Bernardino County (CAPSBC)'s responsibility in continuing to wage the war on poverty is to develop and implement programs that address the most serious needs of low-income residents of San Bernardino County. CAPSBC currently administers the following human service programs at not cost to participants: <i>Energy, Education and Environmental Services Program</i> <i>Family Development Program</i> <i>Food Bank Program</i> <i>Individual Development Accounts (IDA)</i> <i>Homeless Management Information System (HMIS)</i> Eligibility is based on poverty guidelines</p>
<p><u>Community Assistance Program (CAP)</u> Fontana Community Assistance Program 8440 Nuevo Street Fontana, CA 92335 Phone: (909) 803-1059 Ext. 198 or (909) 463-0103 Ext. 198 <u>Mailing Address:</u> 7623 East Avenue Fontana, CA 92336 http://www.fontanacap.org or www.wateroflife.org Contact: Ana</p>	<p>The City of Fontana in partnership with Water of Life Community Church, offers Fontana residents no-cost or low-cost community services through the Community Assistance Program (CAP). CAP provides area residents with the ability to readily access resources and community services; which enrich the lives of families and individuals, enabling them to lead more productive lives. Fontana's CAP program brings together community assistance organizations, local churches and schools to create a network designed to solve problems and assist people in need. -Food Program Tues/Thurs 1-7pm - Thrift Store -Classes: ESL, GED - Community Action AB109 -Housing, Deposits</p>

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<p><u>Crittenton</u> 242 E. Airport Drive, Suite #113 San Bernardino, CA 92408</p> <p>13901 Amargosa Road, Suite A Victorville, CA 92392 www.crittentonsocal.org</p>	<p>Since 1966 the mission of Crittenton Services for Children and Families is to help heal the wounds of abuse and neglect; to strengthen families, whether birth, foster or adoptive; and to help troubled adolescents reach their full potential.</p> <p>We are a member of the Crittenton family of agencies and offer services throughout Orange, Los Angeles, San Bernardino, Riverside and San Diego counties. Crittenton provides treatment and services that are validated by evidence based research practices, and these services include:</p> <ul style="list-style-type: none"> • Family Preservation Program • Wraparound Services Program • The Unaccompanied Children’s Program • The Unaccompanied Refugee Minor Program • The Crittenton Adoption and Foster Family Agency
<p><u>EMQFamiliesFirst</u> 572 N. Arrowhead Ave., Suite 100 San Bernardino, CA 92401 Phone (909) 266-2700 Fax (909) 266-2790 Contact: Joe Guzman 909-226-2757 www.emqff.org</p>	<p>The wraparound process provides individualized, comprehensive, community-based services and supports to children and adolescents with serious emotional and/or behavioral disturbances so they can be reunited and/or remain with their families and communities. EMQ Families First currently provides wraparound services in San Bernardino County under three programs:</p> <p>Program UPLIFT® Program UPLIFT® IRC (Wraparound) Program UPLIFT®, Early Wraparound Family Finding Interagency Youth Resiliency Team (IYRT) Autism Spectrum Disorder Program (ASD)</p>
<p><u>Enhancing Forward Action, Inc.</u> PO Box 2406 Rialto, CA 92377 Phone: (909)877-3332 www.enhancingforward.org</p>	<p>Enhancing Forward Action, Inc. (EFA), established in 2004, has designed programs specifically for children and families. Programs for children that teach self-esteem, community pride, healthy living through exercise and proper nutrition are offered, such as the Bicycle Program. The goal of the programs for families and children are designed to break the cycle of unhealthy practices and complacency and point the way towards positive life styles and choices. Our programs are designed to meet intellectual, physical, and emotional needs of the community.</p>

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<p><u>SACHS-Norton Clinic</u> 1455 East 3rd Street San Bernardino, CA 92410 Phone: (909)382-7171 SACHS- Arrowhead 1293 North D Street San Bernardino, CA 92405 Phone: (909) 381-1663 SACHS-Frazee 488 South K Street San Bernardino, CA 92410 Phone: (909) 383-8092 http://www.sachealthsystem.org/</p>	<p>Through caring and bi-lingual staff SACSHS offer many services, including:</p> <ul style="list-style-type: none"> • Support in problem solving to improve family life • Guidance from Client Advocates about how to navigate community services, including home visits upon request • Referrals to helpful community resources • A community computer lab available for job searches, resume assistance, and other needs you may have • Parenting support sessions to increase your parenting skills and knowledge • Services in both English and Spanish in a child-friendly environment <p>Services offered to families with <u>children ages 0-5</u> and in need of services</p>
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South Coast Community Services

Services Offered:

- Clubhouse “Our House”
- Community Wholeness and Enrichment
- Student Assistant Program
- Crossroads (NCTI)
- School Age Treatment Services
- General Mental Health
- Children’s Intensive Services
- Success First
- Wraparound

Office Locations:

www.southcoastcs.org

Phone: (877)527-7227

Rancho Cucamonga Services Offices

9500 Haven Ave., Ste. 100
Rancho Cucamonga, CA 91730

Colton Services Office

1461 E. Cooley Drive, Ste. 100
Colton, CA 92324

Redlands Services Office 721

721 Nevada St., Ste. 209
Redlands, CA 92373
Phone: (909)792-0747

Redlands Services Offices 1040

1040 Nevada St., Ste. 307
Redlands, CA 92373

Our Place Clubhouse

721 Nevada St., Ste. 205
Redlands, CA 92373
Phone: (909)557-2145

Yucaipa Services Offices

34324 Yucaipa Blvd., Suite B-D
Yucaipa, Ca 92399
Phone: (909)790-1300

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Providing care, counsel, coaching and essential support services for children, teens, young adults – and their families because sometimes you need a little help.

Wraparound provides strength based support to clients and families at home or in the community by resourcing, coaching, and facilitating Child and Family Team meetings as well as therapy, Therapeutic Behavioral Services, and psychiatrist services. Referrals come from Children and Family Services, Probation, and West End SELPA.

Success First is referred to as “Early Wrap” which includes home/community based principles of wrap for youth who are at significant risk for hospitalization, incarceration or expulsion.

Children’s Intensive Services provides short term treatment services to clients whose behaviors are severe (risk or harm to self, others or school failures) and require home/community based interventions involving the entire family system.

General Mental Health provides time limited individual therapy, EBP group therapy, as well as psychiatrist services and case management to assist with basic needs. The clinic serves adult clients with severe, chronic and persistent mental health disorders. Accepts clients with Medi-Cal and no insurance.

School Aged Treatment Services provides therapy, coaching and psychiatrist services to clients in a natural setting such as schools and homes. Services benefit clients with functional difficulties in school, community or home settings, ie. Sleep disruption, grade decline, suicidal ideation, aggressive behaviors.

Crossroads (NCTI) provides cognitive skills building to youth who are demonstrating high risk behaviors. Common classes include Anger Management, Drugs and Alcohol, Truancy, Parenting, and Real Colors communication presentation.

Student Assistant Program utilizes education, short term individual and family therapy, and support groups to promote wellness and resiliency factors for students.

Community Wholeness and Enrichment provides educational presentations and support groups, screenings for mental health issues, case management, and short term individual and couples and family therapy. Services are provided for all ages, 16-59. Children’s Network and the Mentoring Task Force are not responsible for and make no guarantees regarding the services listed on this site. If you have any comments or suggestions or would like to report any changes to the following information, please contact Brandy Nelson @ (909) 383-9685.

<p><u>St. Bernadine Medical Center</u> 1931 North E Street San Bernardino, California 92404 Phone: (909) 881-5597 Contact: Kathleen McDonald Ext# 5083</p>	<p><u>Family Focus</u> Located across from San Bernardino High School, the Center provides healthy alternatives to drugs and gangs for at-risk young people and their families. The opportunities available include a “Late Night Hoops” basketball league, summer camp, after-school mentoring and tutoring, as well as literacy, violence prevention and career development programs.</p> <p><u>Stepping Stones</u> This hospital-based program offers career exploration through a resource center and mentoring opportunities, and enables high school and college students, along with other young adults, to volunteer in a hospital setting.</p> <p><u>Teen Choices</u> In partnership with key community organizations, this collaborative program provides expert information and advice for pregnant and parenting teens who want to make the best decisions for their babies and themselves.</p>
<p><u>St. Mary Medical Center Families Community Health Center</u> 18077 Outer Highway 18, Suite 10 Apple Valley, California 92307 Phone: (760) 242-2311 Extension 8223 www.stmaryapplevalley.com/</p>	<p>To help parents with resources with emergency housing, food and family counseling. Our bilingual staff, speaking English and Spanish, provides services including information and referrals, family assessments, parent education, family visits, parent support and counseling, interpretation assistance and non-emergency transportation.</p>
<p><u>Sunset Hills Children’s Foundation</u> 24000 Waalew Road Apple Valley, CA 92307 Phone: (760) 247-0155 http://sunsetchildren.org Contact: Jennifer Hernandez</p>	<p>Our work and our programs have lent a helping hand to children in our community who have sadly lost a parent or loved one at a young and vulnerable age. When I read their scholarship application essays, I am touched by their courage and their strength to endure such a tragic hardship. Somewhere through the mire of their grief, they find it within themselves to excel and reach their personal goals of bettering their lives and attending the college of their dreams!</p>

<p><u>The Unforgettables Foundation</u> Corporate Office 7197 Brockton Avenue, Suite 5 Riverside, CA 92506 Office/Hotline: 951-680-9996 Fax: 951-680-9981 Executive Director: Rose Girard</p> <p>Desert Chapter P.O. Box 41-905 Boardwalk, Suite T260 Palm Desert CA 92211 Phone: 760-837-7373</p> <p>Inland Chapter P.O Box 767 Redlands, CA 92373</p> <p>Orange County Affiliate 27762 Antonio Pkwy Suite L1-312 Ladera Ranch, CA 92694 Office: 949.463.8197 http://www.theunforgettables.com/</p> <p>Redlands Office 345 W. Pearl Ave Suite 230 Redlands, Ca 90374 Office: 909-335-1600</p>	<p>The Unforgettables Foundation is a 501c (3) non profit organization founded by Timothy Evans in 1999. During a decade of clinical ministry to children and their families, Evans assisted families with the many crises surrounding the death of a child-not the least of which are the crushing financial burdens experienced by families with limited resources.</p> <p>Assisted by Inland Empire educators, medical professionals, social workers, and morticians, Evans created The Unforgettables Foundation. Paramount among aspects of the Foundation’s mission is to assist low-income families provide a dignified, appropriate burial for their children who have died. The Unforgettables Foundation is operated almost entirely by volunteers.</p>
<p><u>Time for Change Foundation</u> P.O. Box 5753 San Bernardino , CA 92412 Phone: 909.886.2994 http://www.timeforchange.us/default.htm Contact Person: Kim Carter KimC@TimeForChange.us</p>	<p>To provide essential resources, through our programs and services, to women and children who desire to change the course of their lives by making the transition from homelessness and recidivism to self-sufficiency.</p>

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<p><u>Travelers Aid of the Inland Empire</u> 1923 E. Avion St. Ontario, CA 91761 Phone: (909) 975-5379 http://www.travelersaid.org/</p>	<p>Stranded, fleeing an abusive situation, or without any resources, Travelers Aid may be able to help. To advance and support a network of human service provider organizations committed to assisting individuals and families who are in transition, or crisis, and are disconnected from their support systems.</p>
<p><u>United Way 211</u> Dial 2-1-1 or (888) 435-7565 http://www.211sb.com/gethelp.htm</p>	<p>2-1-1 is a toll-free phone number that provides information and referrals for health and social services. Dialing 2-1-1 is the quickest way to access non-emergency resources for your family, your neighbors and your employees.</p>
<p><u>Volunteers of America-Early Head Start Program</u> 720 South E St. San Bernardino, CA 92408 Phone: (909) 888-4577 (Sylvia) Fax: 909.885.2636 http://www.voa-swcal.org ehs@voa-swcal.org</p>	<p>Provides support and outreach services to low-income and special-need families with children less than 3 years of age. Program provides home-based and center-based services including free well baby and parent home visits, free child development center for children with parents who work or go to school, free nutritional and educational information, free parenting support groups, and free referrals to low-cost and no-cost community resources. Contact center for service territory and availability. Waiting list may apply.</p>
<p><u>Volunteers of America-Family Resource Center</u> 802 North E St. San Bernardino, CA 92408 Phone: (909) 889-6900 Fax: 909.885.2636 http://www.voa-swcal.org frc@voa-swcal.org</p>	<p>Serves as a vital community link for parents/guardians with children 5 years of age or younger who would benefit from free parenting classes and free community referrals for housing resources, utilities assistance, transportation, legal services, substance abuse treatment, counseling, and medical/dental resources.</p>

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