

Department of Behavioral Health (DBH)



DBH Celebrates National May Mental Health Month with Activities

Victoria Hall, Mental Health Specialist

The Department of Behavioral Health (DBH) will continue to celebrate “May Mental Health Month” which began in 1949. This year’s national theme is, “Mind Your Health,” which aligns with the wellness component of the Countywide Vision. Activities planned for the month of May are open to the public and promote wellness, recovery and resilience for County of San Bernardino residents. Activities include:

MEET THE ARTIST ART EXHIBIT

The exhibit will feature various modes of artistry promoting wellness, recovery, and resilience from local talent living with mental illness. Exhibits will be on display at the National Orange Show (NOS) Art Gallery from 12:30 - 6 p.m. on Friday, May 2, 16 and 30 and Saturday, May 10 and 24. Additionally, select pieces will be showcased at the San Bernardino County Museum throughout May.

COMMUNITY PARTNER MEET AND GREET

The Department of Behavioral Health and its community partners will showcase the various services, education and resources they offer County of San Bernardino residents. The event will be May 6, from 9 a.m. – 1 p.m. at the County of San Bernardino Government Center at 385 N. Arrowhead Avenue in San Bernardino.

A NEW STATE OF MIND DOCUMENTARY SCREENING

The Department of Behavioral Health will host a screening of the documentary, *A New State of Mind: Ending the Stigma of Mental Illness*, narrated by award-winning actress Glenn Close. “A New State of Mind” tells the stories of everyday Californians who have lived with a mental illness shattering myths as it highlights their hope, resilience and recovery. The documentary will be on screen May 13 at 4 – 6 p.m. at the One Stop TAY Center located at 780 E. Gilbert Street in San Bernardino.

DBH EXPO

The Department of Behavioral Health will host an *EXPO* showcasing several of the department’s program services available to County of San Bernardino residents. Interactive booths will be available to engage community members and staff. The *EXPO* will be May 22 from 2 - 6 p.m. at the County of San Bernardino Health Services Building in Rialto.

EVENING WITH THE STARS NINTH ANNUAL RECOGNITION AND EDUCATION BANQUET

The National Alliance on Mental Illness, in collaboration with DBH and the Behavioral Health Commission, will host the Ninth Annual Recognition and Education Banquet, “Evening with the Stars.” Special recognition will be given to honor individuals and organizations that have made significant contributions in providing excellent mental health, alcohol and substance abuse services throughout the County of San Bernardino. *Evening with the Stars* will be May 28 from 6 – 9 p.m. at the San Bernardino Hilton located at 285 East Hospitality Lane in San Bernardino. For additional information, contact Viviana Esparza at (909) 382-3097.

