



First 5 San Bernardino

First 5 Provides Toolkits for New Fathers

Leslie Fountain, Media Specialist II

First 5 San Bernardino is equipping fathers with the information they will need to care for their newborn children. The agency's "Kit for New Parents" will include "Daddy's Tool Bag," a DVD guide that demonstrates essential skills for fathers to care for and bond with their newborn children. The complete Kit for New Parents includes a guide for the first five years, a health and illness handbook, a touch-and-feel baby book and important information on literacy, learning, child safety, nutrition, discipline, developmental milestones and more. Kits are free with the new "Daddy's Tool Bag" and available in English and Spanish.

"Daddy's Tool Bag" is an entertaining 45-minute "home-improvement" themed DVD, created by Ted Hendricks, a father and fatherhood advocate. Fathers will be informed of various aspects of newborn care from changing diapers, bathing, installing car seats, administering medication, swaddling, feeding and other topics. Also featured on the DVD is the First 5 San Bernardino Resource Guide, which lists agencies in the County of San Bernardino that provide Health, Education, and Family support services.

"Fatherhood involvement is crucial to a child's life. First 5 San Bernardino strives to ensure our fathers and 'fathers-to-be' are empowered by having the resources they need to be involved in the positive development of our children," said Karen E. Scott, Executive Director of First 5 San Bernardino. "This DVD is one of many initiatives we are including in our outreach to connect with fathers in our County."

To request the Kit for New Parents, contact First 5 San Bernardino at (909) 386-7706. For more information on First 5 San Bernardino, visit our website at www.first5sanbernardino.org

County of San Bernardino
Human Services



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