



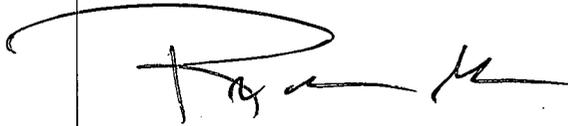
**COUNTY OF SAN BERNARDINO
PRESCHOOL SERVICES DEPARTMENT
POLICY**

NO. 01 **ISSUE 1**
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EFFECTIVE: 07-01-10
Updated

SUBJECT:

Procedure for Birthday/Holiday Celebration for Early Head Start / Head Start Children

APPROVED: 10-19-10


BY: Ron Griffin, Director

PURPOSE

Head Start policy is to offer food that is high in nutrients and low in fat, sugar, and salt and to encourage using non-food items for celebrations.

POLICY

Food served to Early Head Start / Head Start children must be high in nutrients and low in fat, sugar, and salt.

REFERENCE

Head Start Performance Standards 1304.23(b)(1)(vi)

PROCEDURE

It is the responsibility of the Site Supervisor and Teaching staff to inform parents of this policy in the beginning of the school year:

1. Cakes, cookies, ice cream and candies are not allowed in Head Start at any time. These items do not support the Head Start Child Nutrition Standards and may promote the development of dental cavities.
2. Head Start encourages celebrations and the observance of children's birthdays in the classroom. Parents are encouraged to participate in these celebrations and special activities. However, food should not be the focus of the social events.
3. For birthday or holiday celebrations, it is encouraged to celebrate with the use of non-food items such as pencils, erasers, stickers, books, trinkets, crazy hats, etc.
4. Children are to eat the food provided by the Head Start program for all events. **Outside food is not to be brought to the Head Start center for the children to eat.**