



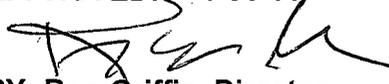
**COUNTY OF SAN BERNARDINO
PRESCHOOL SERVICES DEPARTMENT
POLICY**

NO. 01 ISSUE 1
PAGE 1 of 1
EFFECTIVE: 1-31-11
Updated

SUBJECT:

Breastfeeding Support and Education for Pregnant and Nursing Mothers

APPROVED: 1-31-11


BY: Ron Griffin, Director

POLICY

In a manner which is culturally sensitive, provide pregnant women, nursing mothers, and families with lactation assistance and information on the benefits of breastfeeding.

REFERENCE

Head Start Performance Standards: 1304.40 (C) (3)

PROCEDURE

- During the prenatal period client's desire to breastfeed will be established.
- During the prenatal period client's knowledge and experience related to breastfeeding will be assessed by the Registered Nurse utilizing the prenatal development questionnaire, nutritional questionnaire, and additional client reported information.
- Registered Nurse will identify barriers to breastfeeding (i.e. past experience, myths, cultural beliefs or concerns) and educate client to minimize breastfeeding difficulties.
- During the prenatal period client will be provided with education (one on one instruction, handouts, pamphlets, community resources, and/or breastfeeding classes) regarding the benefits of breastfeeding, pumping/storage/transport of breast milk, nutrition while breastfeeding and breast care. WIC breastfeeding nutrition questionnaire will be completed and assessed by RN.
- Within two weeks post delivery Registered Nurse will assess status of breastfeeding and provide lactation assistance as needed.
- During initial post delivery visit Registered Nurse will assess successful breastfeeding/infant nutrition through weight check, stated diaper count, and client's report.
- Throughout postpartum period, Program Generalist will notify RN if client reports barriers, obstacles, or concerns regarding breastfeeding.