



**COUNTY OF SAN BERNARDINO  
PRESCHOOL SERVICES DEPARTMENT  
POLICY**

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**EFFECTIVE: 07-01-10**  
Updated

**SUBJECT:**

Classroom Volunteers and Meal Time

**APPROVED: 10-20-10**

  
**BY: Ron Griffin, Director**

**PURPOSE**

Encourage classroom volunteers to actively participate in mealtimes.

**POLICY**

All toddlers and preschool children and assigned classroom staff, including volunteers, eat together family style and share the same menu to the extent possible.

**REFERENCE**

Head Start Performance Standards 1304.23 (c)(4)

**PROCEDURE**

Preschool Services Department welcomes volunteers in the classroom. When volunteers are present during meal times, encourage them to participate in all aspects of family style. Classroom volunteers **are not** required to have a Food Handler's Card to participate in meals.

Remind volunteers to:

- practice the same hand washing procedures as children and staff
- use gloves when opening milk or touching food directly (see glove usage procedure)
- allow children to serve themselves during mealtimes and assist as needed
- keep mealtimes positive and conversation child focused
- eat child size portions with the children

Individuals participating in the Apprentice and WEX programs are required to have a Food Handler's Card since their ultimate goal is employment.

Any volunteer working in the kitchen is required to have a current San Bernardino County Food Handlers Card.