



**COUNTY OF SAN BERNARDINO
PRESCHOOL SERVICES DEPARTMENT
POLICY**

NO. 01

ISSUE 1

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EFFECTIVE: 7-01-10
Updated

SUBJECT:
Menu Planning with the Policy Council

APPROVED: 10-20-10


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PURPOSE

Involving parents in the nutrition program and related activities is accomplished in a variety of ways including planning menus.

POLICY

Parents and appropriate community agencies must be involved in planning, implementing, and evaluating the agencies' nutritional services.

REFERENCE

Head Start Performance Standards 1304.23(b)(4)

PROCEDURE

- Menu planning meetings occurs Bi-annually. Meetings will include Parents, Head Start Site and Administrative Staff and Vendor Representatives.
- During the meeting, parents are encouraged to sample a variety of foods from the vendor. Six-week (breakfast, lunch and snack) cycle menus are created with input from all meeting participants.
- Once the menu is complete, final review and approval is given by the agency's Dietitian.