



**COUNTY OF SAN BERNARDINO
PRESCHOOL SERVICES DEPARTMENT
POLICY**

NO. 01 ISSUE 1
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Updated

SUBJECT: PHYSICALS AND T.B.

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PURPOSE

To promote the well-being and healthy development for Early Head Start and Head Start infants, toddlers and children, to promote and identify early health complications.

POLICY

Center Base Children are held to Licensing Title 22 which states: Prior to, or within 30 days following the enrollment of a child, the licensee shall obtain a written medical assessment (Physical) of the child. This medical assessment enables the licensee to assess whether the center can provide necessary health-related services to the child. Parents are notified to bring in the following information:

- Results of a test for tuberculosis
- Written medical assessment (completed physical)

If a medical assessment (completed physical) is not available for a child and cannot be obtained within 30 days of admission the following must occur:

- A medical appointment date shall be obtained from the authorized representative upon the child's admission (appointment card to be kept in the child's file).

REFERENCE

Head Start Performance 1304.20(a)(1)(ii)

PROCEDURE

Inform the parent that with in 30 days of enrollment the child must have a completed current physical and a T.B.

1. Give the parent the physical exam packet at the time of application
2. Educate the parent how to understand the EPSDT Schedule (Early Periodic Screening Diagnosis, and Treatment).
3. Early Head Start Parents are educated on how to utilize the EPSDT physical schedule.
4. Work with the parent, in obtaining appointment
5. The Generalist will send out a 15 day reminder to all parents
6. **All repeaters must have a new and complete physical and T.B. upon expiration of the current physical and TB.**

7. Document in COPA

HOMEBASE REQUIREMENTS

Performance Standards 1304.20 (a) (1)(ii) states that we must obtain from a health care professional a determination as to whether the child is up-to-date on a schedule of age appropriate preventive and primary health care which includes medical, dental and mental health, such a schedule must incorporate the requirements for a schedule of well child care utilized by the Early Periodic Screening Diagnosis, and Treatment (EPSDT) program of the State to include the latest immunizations.

Home base is not licensed by Title 22 therefore a child may not be temporary excluded from a center base for not being up to date on a physical or tb. However the home base visitor is required to work with the families in educating them on how to obtain and keep their child up to date on all well-baby checks (physicals) the home base visitor will take the following steps:

1. Educate the parents on the Early Periodic Screening Diagnosis, and Treatment (EPSDT) schedule.
2. Give in advance the parents the well baby physical exams.
3. Talk with the parents on necessity to keep their child healthy to help prevent communicable diseases.
4. Work with the families on obtaining physicals in a timely manner and/or appointment cards
5. Work with the parent to set health goals, help parent fill out "Health Intervention/Goal Plan.
6. Put a Copy of the Health Intervention/Goal Plan in the child's file. Document in COPA.
7. Revisit the Plan Monthly and Document Interventions.
8. Consult with the Health Education Specialist as needed to help educate parent on importance of a healthy child.