



**COUNTY OF SAN BERNARDINO
PRESCHOOL SERVICES DEPARTMENT
POLICY**

NO. 01 ISSUE 1
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EFFECTIVE: 07-01-10
Updated

SUBJECT:
Sanitizing Baby Bottles

APPROVED: 10-20-10

BY: Ron Griffin, Director

PURPOSE

To ensure proper procedures are followed for sanitizing baby bottles.

POLICY

Sanitizing baby bottles

REFERENCE

Head Start Performance Standards Section 1304.23 (e)(1)(2)

PROCEDURE

When sanitizing bottles, follow these steps:

- Wash your hands, arms and under your nails very well with soap and warm water. Rinse thoroughly.
- Clean and sanitize your workspace.
- Throw out disposable nursing bags, if used, after each use.
- Wash bottles and nipples, using bottle and nipple brushes, and caps, rings, and preparation utensils in hot soapy water before using. Rinse thoroughly.
- Squeeze clean water through nipple holes to be sure they are open.
- Sanitize using three tub sink method with 10% Quat mixed to the correct concentration of 200ppm. Use test strips to verify levels.
- Put the bottles, nipples, caps and rings in a pot and cover with water. Put the pot over heat, bring to a boil and boil for 5 minutes.
- Remove with sanitized tongs; allow the items to cool, and air dry.