



**COUNTY OF SAN BERNARDINO
PRESCHOOL SERVICES DEPARTMENT
POLICY**

NO. 01 ISSUE 1
PAGE 1 of 3
EFFECTIVE: 1-31-11
Updated

SUBJECT:

Services to Pregnant Women Who Are Enrolled In Programs Serving Pregnant Women, Infants, and Toddlers

APPROVED: 1-31-11


BY: Ron Griffin, Director

POLICY

To assist pregnant women to access comprehensive prenatal and postpartum care, through referrals, assessment data, home visits after enrollment in the program. The EHS Pre/Postnatal team consists of a Registered Nurse and Program Generalist who will provide services which are culturally sensitive, while meeting the needs of the family.

REFERENCE

Head Start Performance Standards: 1304.20 (c) 1 (i) & (ii)

PROCEDURE

Completion of Early Head Start Application/Registration packet upon enrollment

- DIF Enrollment Information Form
- HS/EHS Enrollment Application Form
- Income Calculation Worksheet
- EHS Eligibility Verification
- Parent/Home Visitor Consent to Participate
- Emergency Information Card
- Picture Consent Form
- Parents' Rights
- Personal Rights
- PSD Parent Handbook Acknowledgement Form
- Permission for Release of Information

The Registered Nurse will provide EHS service for the expectant family, throughout the pregnancy; and will collaborate as appropriate with the program generalist for support:

- During initial home visit(s), the following will be completed with the assistance of the registered nurse:

- Pregnancy Nutrition Questionnaire
- Initial Social Emotional Screening (Repeated within 2 weeks postpartum)
- Prenatal Development Questionnaire
- History and Physical Exam form will be provided to client for completion by the OB care practitioner
- Family Service Needs Assessment
- Establishment of health goals related to prenatal period
- During each on-going visit:
 - Registered Nurse will complete Pre/Postnatal health profile visit summary
 - Program Generalists will complete the home visit summary
 - Upon completion of assessment questionnaires Registered Nurse will review the data and determine the needs of the family.
 - Registered Nurse will ensure that pregnant mother has a medical and dental home
 - Registered Nurse will assist pregnant mother with securing medical care if need is identified
 - Registered Nurse will educate on importance of health promotion and treatment such as prenatal care and dental examinations
 - Prenatal and dental appointments will be scheduled by primary care provider as deemed appropriate
 - Client will identify health and social goals based on family needs
 - EHS team will support family with achievement of set goals (i.e. One on one teaching, referrals, and/or printed handouts)
- On going home visits will be provided:
 - By the registered nurse on a (weekly, bi-weekly, or monthly) schedule as agreed upon by the RN and Client
 - By the program generalist on a weekly schedule as agreed upon with the client, beginning during the postpartum period

Upon identification of any health, wellness and/or daily living needs that are outside the scope of the RN, and Program Generalist, referrals will be generated as follows:

- Internal referrals will be made following current PSD referral policy and procedure
- External referrals will be provided through community resources and community partners