



**COUNTY OF SAN BERNARDINO
PRESCHOOL SERVICES DEPARTMENT
POLICY**

NO. 01 ISSUE 1
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EFFECTIVE: 07-01-10
Updated

SUBJECT:
SOCIALIZATION MEALS AGES 12 TO 36 MONTHS

APPROVED: 10-20-10

BY: Ron Griffin, Director

PURPOSE

Provide snacks and meals to each child during group socialization activities

POLICY

Mealtime socialization for 12-36 months

REFERENCE

Head Start Performance Standards 1304.23 (b)(2) and 1306.33 (c)(3) Home-based program option

PROCEDURE

Tips for successful socialization meals for children ages 12-36 Months. ***All children ages 12-24 months must be served whole milk unless specified by Doctor.*** Children 24 months and older will be served 1% Milk.

- Determine the meal toddlers will participate in.
- Talk with the Site Supervisor and Food Service Worker at your site regarding the meal time details of your socialization day.
- Notify Food Service Worker of any food allergies so appropriate substitutions can be provided.
- Food for enrolled children, parents and staff will be provided by Food Service Worker. If it's the Food Service Workers Friday off, Home Base Teacher will have to set up meal.
- During meal time, do not use foil covered fruit cups, Styrofoam cups, plates, straws or breakable disposable plastic utensils since they are a hazard to younger children.
- Child sized spoons are the utensil of choice for this age group.
- Ensure food offered is in a portion and serving size that are age appropriate.
- Encourage children to participate in all aspects of family style.
- Home Base Teacher will document the number of toddlers and adults participating in the meal on the meal count form.
- Enjoy the meal with the children.
- Food Service Worker will complete menu production record for meals provided.